

Mon	Tue	Wed	Thu	Fri
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Subject to change
This menu is for all our senior centers. Call your senior center with questions/comments

5 Pasty Stewed Tomatoes Tropical Fruit	6 Beef Tips w/Noodles Harvard Beets Broccoli Pineapple Tidbits	7 Meatloaf Mashed Potatoes w/Gravy Peas & Carrots Fruit Whip	1 Hamburger w/Bun Sweet Potato Fries California Blend Veggies Fruit	2 Cabbage Casserole Capri Mix Veggies Fruit Crisp
12 Salisbury Steak Mashed Potatoes w/Gravy Brussel Sprouts Peaches	13 Beef Stew Coleslaw Biscuit Lemon Bar	14 Chicken Noodle Soup Ham Sandwich Pea & Cheese Salad Fresh Orange	8 Pork Cutlet Boiled Potatoes Green & Wax Beans Mandarin Oranges & Banana Cup	9 Chop Suey w/Rice Oriental Blend Veggies Oriental Coleslaw Fresh Fruit
19 Tater Tot Casserole Mixed Vegetables Fruit Cup	20 Chef Salad Muffin Fruited Pudding	21 BBQ Chicken Breast Potato Salad Baked Beans Watermelon	15 Taco Lasagna Mexi Corn Cornbread Fruit	16 Turkey Mashed Potatoes w/Gravy Carrots Pumpkin Bar
26 Cheesy Brat Casserole Carrots Fruit	27 Baked Chicken Baked Potato w/Sr. Cream Key West Vegetables Fresh Fruit	28 Swedish Meatballs Mashed Potatoes w/Gravy Country Trio Vegetables Fruit; Brownie	22 Fish Sandwich w/Bun Calico Beans Oven Potatoes Fruited Jello	23 Boiled Dinner (Ham, Potatoes, Carrots & Cabbage) Biscuit; Pistachio Dessert
29 Turkey/Cranberry Wrap Fresh Veggies w/Dip Citrus Pie Square	30 Chili Copper Penny Salad Cornbread Tropical Fruit			

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2 CLOSED FOR LABOR DAY	3 Polish Sausage w/ Sauerkraut; Boiled Potatoes Creamed Corn Tropical Fruit	4 BBQ Ham Balls Philly Mashed Potatoes Glazed Carrots Applesauce	5 Beef Stroganoff o/ Noodles Peas Garden Salad Fresh Fruit	6 Tuna Macaroni Salad Tomato/Zucchini Salad Pistachio /Pineapple Delight
9 Deluxe Chicken/Bun (w/lettuce tomato pickle) Coleslaw Sweet Potato Fried Fruit	10 Meatloaf Baked Potato w/ Sr. Cm Corn Fruit Crisp	11 Ham Slice Sweet Potato California Blend Veggies Pineapple	12 Stuffed Green Pepper Garlic Bread Garden Salad Dessert	13 Cream Potato Soup Gr. Bologna Sandwich Cucumber Salad Orange Crm Fruit Salad
16 Goulash Caesar Salad Garlic Bread Fruit	17 Monterey Chicken Parmesan Cheese Potatoes Squash Blend Melon Slice	18 Potato Sausage Calico Beans Cranberry Jello	19 Hamburger Gravy o/ Potatoes Peas Escalloped Peaches	20 Swiss Mushroom Chicken Breast Oven Potatoes Green Beans Dessert
23 Tater Tot Egg Bake Cinnamon Roll Juice Fresh Fruit	24 Chicken Cordon Bleu Mashed Potatoes w/ Rutabaga; Gr Beans Pineapple Upside Down	25 Spaghetti w/Meat Sauce Garden Salad Garlic Bread Cantaloupe	26 Rueben Casserole Carrots Fruit Dessert	27 Soup of the Day Pasta Salad Grape Dessert

30
 Breaded Chicken Breast
 Sweet Potato Wedges
 Mixed Vegetables
 Sliced Peaches

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