



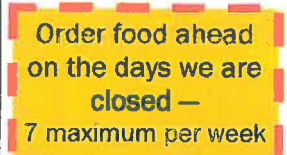

Mon	Tue	Wed	Thu	Fri
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2 Pork Cutlet Cheesy Potatoes California Blend Vegetables Diced Pears	3 Meatloaf Baked Potato Key Largo Vegetable Escalloped Apples	4 Chicken Veg. Soup Gr. Bologna Sandwich Pea & Cheese Salad Fruit Cup Peanut Butter Cookie	5 Polish Sausage w/Kraut Boiled Potatoes Creamed Corn Mandarin Oranges	6 Beef & Bean Enchilada w/tomato, black olives, lettuce on side Spanish Rice Fruit Cup
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9 Turkey Broccoli Casserole Mixed vegetables Fruited Pudding	10 BBQ Hamballs Baked Potato Country Trio Vegetables Pineapple Tidbits	11 Chicken Alfredo Green Beans Garden Salad Fruit Crisp	12 Pasty Stewed Tomatoes Fruit Cup	13 Chili Copper Penny Salad Cornbread Fruited Jell-O
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16 Breaded Chicken Breast Mashed Potatoes w/Gravy Peas Tropical Fruit	17 Chop Suey w/Rice Oriental Vegetables Oriental Coleslaw Mandarin Orange	18 Thanksgiving Celebration <u>Limit one</u> Turkey w/Dressing Mashed Potatoes w/Gravy Green Bean Casserole Fruit Salad; Pumpkin Bar	19 Salisbury Steak Au Gratin Potatoes Brussel Sprouts Diced Peaches	20 Pizza Casserole Peas & Carrots French Bread Pineapple Upside Down Cake
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23 Tater Tot Casserole California Blend Vegetables Fruit Cocktail	24 Citrus Chicken Breast Mashed Potatoes w/Gravy Capri Mixed Vegetables Strawberry Shortcake	25 Spaghetti w/Meat Sauce Italian Blend Vegetables Salad Garlic Bread; Fruit	26 CLOSED 	27 CLOSED 
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30 Chicken Penne Casserole Green & Wax Beans Coleslaw Mandarin Oranges			<i>Subject to change</i>	This menu is for all our senior centers. Call your senior center with questions/comments.
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Mon

Tue

Wed

Thu

Fri



1
Country Fried Steak
Diced Potatoes
Mixed Vegetables
Peaches

2
Liver & Onion OR Beef
Steak ***please pick one**
Mashed Potatoes w/Gravy
Green Bean; Sliced Pears

3
Beef Stew
Coleslaw
Biscuit
Cranberry Jell-O

4
Western Egg Bake
Bread Pudding
Orange Juice
Fresh Fruit

7
Pizza Burger w/Bun
Potato Wedges
Corn
Strawberry Fluff

8
Bourbon Steak over
Coconut Rice
Buttered Peas
Salad
Ambrosia

9
Baked Ham
Sweet Potatoes
Green Bean Casserole
Fruit Salad

10
Sweet & Sour Chicken over
Rice
Oriental Coleslaw
Sliced Peaches

11
Beef ravioli w/Sauce
Italian Vegetables
Garlic Bread
Apple Crisp

14
Tasty Hamburger Casserole
Diced Carrots
Warm Cinnamon Apples
Dinner Roll

15
Taco Salad (Beef, Cheese,
Tomato, Lettuce, Black Olives,
Onions, Sour Cream & Salsa
over Tortilla Chips
Fresh Apple

16 Christmas Limit One
Chicken Cordon Bleu
Twice Baked Potato
California Blend Vegetables
Pistachio Dessert

17
BBQ Pulled Pork w/Bun
Cheesy Potatoes
Apple/Mango Coleslaw
Mixed Fruit

18
Cream of Broccoli Soup
Egg Salad Sandwich
Cucumber Salad
Tropical Fruit

21
Chicken Breast w/sauce
over Rice; Monte Carlo Veg-
etable; Cooks Choice Veg-
etable; Mandarin Oranges

22 Limit One
Potato Sausage
Baked Beans
Fruit
Bread Pudding

23
Swedish Meatballs
Red Smashed Potatoes
Winter Blend Vegetables
Escalloped Peaches

24 CLOSED



25 CLOSED



28
Fish Sandwich
Oven Potatoes
Peas
Diced Pears

29
Bacon Pork Chops
Buttered Potatoes
Honey Glazed Carrots
Cherry Applesauce

30
Italian Chicken Breast w/
Sauce over Pasta
Italian Vegetables
Peach Cobbler

31
Stuffed Pepper Soup
Meat Sandwich
Salad
Fruit Cup

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