

Monday	Tuesday	Wednesday	Thursday	Friday
<u>February</u>			Menu is for all our senior centers. Call your senior center with questions or <u>comments</u>.	1 Swiss Steak over Mashed Potatoes California Blend Vegetable Garlic Biscuit Cranberry Jell-O
4 Pasty Coleslaw Tropical Fruit	5 Spaghetti w/meat Sauce Lettuce Salad Garlic Bread Applesauce	6 Meatloaf Baked Potato Corn Fruit	7 Ham Slice Sweet Potatoes California Blend Veggies	8 Breaded Chicken Patty w/lettuce & tomato Sweet Potato Fries Coleslaw Fruit
11 Salisbury Steak Mashed Potatoes w/ Gravy Cream corn Fruit	12 Baked Chicken Scalloped Potatoes Peas Fruit	13 Valentine's Lunch Bacon Pork Loin Twice Baked Potato California Blend Veggies Valentine Dessert	14 Turkey & Gravy over Mashed Potatoes Green Beans French Bread Fruit	15 Shaved Ham & Cheese Wrap w/lettuce Vegetable Soup Yogurt Parfait
18 Beef Steak w/ Mushroom Gravy Oven Potatoes Mixed Vegetables Fruit	19 Ham Tetrazzini Key West Veggies Salad Fruit Dessert	20 Bourbon Chicken Sour Cream & Chive Potatoes Winter Blend Veggies Pineapple	21 Scrambled Eggs w/cheese Sausage Links Hash Browns Juice Danish	22 Sloppy Jo Macaroni & Cheese Peas Cottage Cheese & Peaches
25 Cheesy Goulash Caesar Salad Garlic Bread Fruit Crisp	26 Beef Roll Up Mashed Potatoes Green beans Peaches	27 Chicken Kiev Philly Mashed Potatoes Glazed Carrots Applesauce	28 Taco Lasagna Mexican Corn Cornbread Citrus Pie Square	