May

This menu is for all our senior centers. Call your senior center with questions/comments

Subject to change * Limit one meal

Mon	Tue	Wed	Thu	Fri
		1 BLT Wrap Broccoli Raisin Salad Fruited Pudding	2 Baked Chicken Twice Baked Potato French Green Beans Citrus Pie Square	3 Tuna Macaroni Salad Tomato/Zucchini Salad Pistachio Pineapple Delight
6 Salisbury Steak Mashed Potato & Gravy Broccoli Fruit	7 Ham Scalloped Potato Green Beans Tropical Fruit	8 **Mother's Day Lunch** * Chicken Cordon Bleu Coconut Rice Key Largo Vegetables Spinach Salad Strawberry Shortcake	9 Hobo Dinner (Hamburger, potato, carrots) Break stick Salad Fruit	10 Taco Salad (cold) Fruit Cup Muffin
13 Sloppy Joe Macaroni & Cheese Green & Wax Beans Fruit Whip	14 Monterey Chicken Philly Potatoes California Blend Veggies Fresh Fruit	15 Egg Omelet Fiesta Potatoes Blueberry Muffin Fresh Orange	16 Turkey Roll Up w/Gravy Mashed Potatoes Broccoli Pears	17 Cheddar Ham Chowder Stuffed Tomato w/Chicken Salad Coleslaw Fruit
20 Breaded Fish Sandwich Sweet Potato Fries Baked Beans Fruit	21 Meatballs Boiled Potatoes Glazed Carrots Pineapple Upside Down Cake	22 Ravioli Garden Salad Bread Stick Fruit	23 Pork Chop w/Cranberry Glz Mashed Potatoes Mixed Vegetables Applesauce	24 Chicken Bacon Alfredo over Linguine Peas Spinach Salad; Fruit
27 CLOSED FOR MEMORIAL DAY 	28 Bourbon Steak Oven Potatoes Mixed Vegetables Fruit	29 BBQ Ribs Parmesan Potatoes Key Largo Vegetables Tropical Fruit	30 Polish Sausage w/ Sauerkraut Boiled Potato Cream Corn; Peaches	31 Beef Barley Soup Egg Salad Sandwich on Rye Pea & Cheese Salad; Fruit

June

Subject to change

This menu is for all our senior centers. Call your senior center with questions/comments

Mon	Tue	Wed	Thu	Fri
3 Potato Crusted Pollock Twice Baked Potato California Blend Vegetables Diced Pears	4 Spaghetti w/Meat Sauce Italian Vegetables Garlic Bread Fresh Melon Slice	5 Liver & Onion **OR** Beef Steak ***pick one please*** Mashed Potatoes w/Gravy Green Beans Blueberry Crisp	6 Breaded Chicken Breast Buttered Red Potatoes Spinach Peaches	7 Pulled Pork Sandwich Potato Wedges Three Bean Salad Grape Salad
10 Shephard's Pie Squash Blend Chunky Applesauce	11 Fish Sandwich w/Bun Baked Beans Mixed Vegetables Tropical Fruit	12 **Father's Day Lunch** Roast Beef *limit one meal Baked Potatoes w/Sour Cream Glazed Carrots Strawberry Shortcake	13 Chop Suey w/Rice Oriental Coleslaw Chinese Vegetables Mandarin Oranges	14 Deluxe Chef Salad w/Ham & Turkey Bread Stick Fruit & Yogurt Parfait
17 Sweet & Sour Chicken Breast Key West Vegetables Philly Potatoes Fruited Pudding	18 Bourbon Steak Coconut Rice Monte Carlo Vegetables Cuke/Tomato Salad Ambrosia	19 BBQ Ham Balls Scalloped Potatoes Peas & Carrots Pineapple Tidbits	20 Cheeseburger w/ Bun Oven Potatoes Cheesy Broccoli Citrus Pie Square	21 Beef & Bean Enchilada w/tomato, lettuce & olives on side Spanish Rice Escalloped Apples
24 Cheesy Penne Chicken Casserole Mixed Vegetables Tossed Salad; Apple	25 Bratwurst w/ Bun Potato Salad Corn on the Cob Watermelon	26 Bacon Pork Chops Mashed Potatoes w/Gravy Green Bean Pineapple ↑ Down Cake	27 Stacked Ham & Cheese Sandwich Tomato Basil Soup Mango Coleslaw; Peaches	28 Pasty Copper Penny Salad Fruited Jell-O Jumbo Cookie