


Mon	Tue	Wed	Thu	Fri
	<u>APRIL MENU</u> HAPPY EATING!		All meals served with milk. Bread won't be served with pasta, rice or stuffing. Suggested donation \$3 per person. Menu modifications may be necessary at times.	
3 BEEF STROGANOFF BROCCOLI SLICED CARROTS FRUIT CRISP	4 BAKED CHICKEN MASHED POTATOES PEAS PUMPKIN PUDDING	5 TURKEY BROCCOLI CASSEROLE MIXED VEG; SPINACH SALAD; FRUIT SQUARES	6 MEATLOAF BOILED POTATOES CREAM CORN FRUIT	7 BEEF & BEAN ENCHILADA/LETTUCE, TOMATO, OLIVES; SPANISH RICE; FRUIT
10 CHICKEN BREAST MASHED POTATOES CAPRI VEGETABLE TROPICAL FRUIT	11 SWEET & SOUR PORK OVER RICE SALAD BUTTERED CARROTS MANDARIN ORANGES	12 BAKED HAM; ROLL SW. POTATOES; GREEN BEAN CASS; FRUIT SALAD; EASTER DESSERT	13 BEEF STEAK CHEESY HASHBROWNS BROCCOLI PEARS	14 VEGETABLE LASAGNA GARDEN SALAD GARLIC BREAD GRAPE DESSERT
17 DINNER FRANK MACARONI & CHEESE FRESH VEG W/DIP FRESH APPLE	18 BEEF CASSEROLE BROCCOLI SALAD DICED PEACHES FRUIT BAR	19 BBQ HAM BALLS OVEN POTATOES PEAS 'N' CARROTS PINEAPPLE TIDBITS	20 CHICKEN ALFREDO MIXED VEGETABLES SPINACH SALAD GRAPES	21 HAMBURER GRAVY over MASHED POTATOES; CORN MIXED FRUIT CUP
24 PORK CUTLET; GARLIC MASHED POTATOES GREEN BEANS FRESH ORANGE	25 BBQ RIBS BAKED POTATOES PEAS TROPICAL FRUIT	26 PEPPER STEAK; WAX BEANS; TOMATO/ CUCUMBER SALAD FRUIT PARFAIT	27 CHEF'S SALAD COPPER PENNY SALAD TROPICAL FRUIT	28 SWEET-N-SOUR CHICK BREAST; RICE PILAF ORIENTAL COLESLAW FRUIT

HOW DO I GET TO THE SENIOR CENTER?

ESCANABA 786-8850

WEEKLY ACTIVITIES:

Every Monday, Sit & Be Fit, 11-11:45 a.m.; Line Dancing, 12:45-2:30 p.m.

Every Tuesday, Bingo, 1-3 p.m.; Escanaba Bridge Club, 1-3 p.m.;

Every Wednesday, Line Dancing, 12:45-2:30 p.m.

Every Thursday, Open Bridge, 10 a.m.; Line Dancing, 12:45-2:30 p.m.

Every Friday, Wii Club (bowling), 10-noon; Sit & Be Fit, 11-11:45 a.m.

OTHER ACTIVITIES:

Foot Clinic, April 3, 9-11:30 a.m. (call 786-8850 for appointment). **Crafts**, April 5, 10-noon. **Easter Lunch**, April 12, gather 11 a.m., lunch noon (call 786-8850 at least one day prior to reserve a seat). **Monthly Food Distribution**, April 20, 10-11 a.m. **Birthday Party**, April 26, gather 11 a.m., lunch noon (call 786-8850 at least one day prior to reserve a seat).