


**AUGUST MENU**

**HERMANVILLE SENIOR CENTER**

Mon	Tue	Wed	Thu	Fri
	<b>1</b> Chicken Lasagna Salad; Broccoli Garlic Bread Fruit	<b>2</b> Bourbon Steak over Rice Peas Coleslaw Fresh Fruit	<b>3</b> Stuffed Green Peppers Mashed Potatoes Italian Blend Vegetables Fruit	<b>4</b> Chef's Salad Tropical Fruit Breadsticks Lemon Bar
<b>7</b> Brat on Bun Baked Beans Oven Potatoes Watermelon	<b>8</b> Pork Chops Mashed Potatoes Key Largo Vegetables Apple Sauce	<b>9</b> Beef Steak Fritter with Sauce Baked Potato Cook's Choice Vegetables Fruit	<b>10</b> Breaded Chicken Pattie on Bun Cheesy Hashbrowns Green Beans Fruit	<b>11</b> Tuna Pasta Salad Fresh Vegetables Peaches Bar
<b>14</b> Chicken Breast Sour Cream Potato California Blend Vegetables Fruit	<b>15</b> Spaghetti with Meat Sauce Tossed Salad Peas Garlic Bread Fruit Crisp	<b>16</b> Cream of Broccoli Soup Mini Sub Copper Penny Salad Fruited Jell-O	<b>17</b> Taco Pasta Cold Salad Cornbread Pears Dessert	<b>18</b> Ham and Cheese Egg Bake Hashbrowns Muffin Juice Fresh Fruit
<b>21</b> Fish Au Gratin Potato Peas and Carrots Fruit	<b>22</b> Tasty Hamburger Casserole Green Beans Escaloped Apples	<b>23</b> Cranberry-Glazed Pork Roast Vegetable Blend Mashed Potatoes Applesauce Dessert	<b>24</b> Cabbage Casserole Carrots Tropical Fruit	<b>25</b> Chicken Salad Wrap Fresh Vegetables Fruit
<b>28</b> Swiss Steak over Rice Coleslaw Squash Fruit	<b>29</b> BBQ Ribs Twice-Baked Potato Monte Carlo Vegetables Grape Dessert	<b>30</b> Beef Tips Over Noodles Salad Bacon Ranch Green Beans Fruit Dessert	<b>31</b> Tahitian Chicken Boiled Potatoes Cook's Choice Vegetables Fruit Dessert	

**HOW DO I GET TO THE SENIOR CENTER?**

**WEEKLY ACTIVITIES:** HERMANVILLE 498-7735

Every Tuesday, Fun Bingo, 12:45 p.m.  
 Every Friday, Fun Bingo, 12:45 p.m.

**ACTIVITIES:**  
 Monthly Food Distribution, Aug. 18, 9-10 a.m. Foot clinic, Aug. 15 (call 498-7735 to make an appointment). Craft Day, Aug. 21, 1 p.m. Birthday Dinner, Aug. 23, noon (call 498-7735 at least one day prior to reserve a seat).