

AUGUST MENU

MID COUNTY SENIOR CENTER

Mon

Tue

Wed

Thu

Fri

	<p>1 Chicken Lasagna Salad; Broccoli Garlic Bread Fruit</p>	<p>2 Bourbon Steak over Rice Peas Coleslaw Fresh Fruit</p>	<p>3 Stuffed Green Peppers Mashed Potatoes Italian Blend Vegetables Fruit</p>	<p>4 Chef's Salad Tropical Fruit Breadsticks Lemon Bar</p>
<p>7 Brat on Bun Baked Beans Oven Potatoes Watermelon</p>	<p>8 Pork Chops Mashed Potatoes Key Largo Vegetables Apple Sauce</p>	<p>9 Beef Steak Fritter with Sauce Baked Potato Cook's Choice Vegetables Fruit</p>	<p>10 Breaded Chicken Pattie on Bun Cheesy Hashbrowns Green Beans Fruit</p>	<p>11 Tuna Pasta Salad Fresh Vegetables Peaches Bar</p>
<p>14 Chicken Breast Sour Cream Potato California Blend Vegetables Fruit</p>	<p>15 Spaghetti with Meat Sauce Tossed Salad Peas Garlic Bread Fruit Crisp</p>	<p>16 Cream of Broccoli Soup Mini Sub Copper Penny Salad Fruited Jell-O</p>	<p>17 Taco Pasta Cold Salad Cornbread Pears Dessert</p>	<p>18 Ham and Cheese Egg Bake Hashbrowns Muffin Juice Fresh Fruit</p>
<p>21 Fish Au Gratin Potato Peas and Carrots Fruit</p>	<p>22 Tasty Hamburger Casserole Green Beans Escaloped Apples</p>	<p>23 Cranberry-Glazed Pork Roast Vegetable Blend Mashed Potatoes Applesauce Dessert</p>	<p>24 Cabbage Casserole Carrots Tropical Fruit</p>	<p>25 Chicken Salad Wrap Fresh Vegetables Fruit</p>
<p>28 Swiss Steak over Rice Coleslaw Squash Fruit</p>	<p>29 BBQ Ribs Twice-Baked Potato Monte Carlo Vegetables Grape Dessert</p>	<p>30 Beef Tips Over Noodles Salad Bacon Ranch Green Beans Fruit Dessert</p>	<p>31 Tahitian Chicken Boiled Potatoes Cook's Choice Vegetables Fruit Dessert</p>	

HOW DO I GET TO THE SENIOR CENTER?

ACTIVITIES: MID COUNTY 753-6986

Foot Clinic, Aug. 14, (call 753-6986 for appointment). Monthly Food Distribution, Aug. 15, 9-10 a.m. Mystery Lunch Trip, Aug. 11, 11 a.m. U.P. State Fair Bus Trip, Aug. 16 (call 753-6986 to reserve a seat). Evening Meal at Menominee Senior Center, Aug. 24 , (call 753-6986 at least one day prior to reserve a seat and/or a ride on the bus). Birthday Party, Aug. 30, salad bar 11 a.m. (call 753-6986 at least one day prior to reserve a seat and/or a ride on the bus).