

AUGUST MENU

MID-COUNTY SENIOR CENTER

Mon

Tue

Wed

Thu

Fri

<p>Menu is for all our senior centers. Call your senior center with questions/comments.</p> 				
		<p>1 Pepper Steak Over Rice French Style Green Beans Pineapple/orange cup Dessert</p>	<p>2 Chicken Breast Philly Potatoes Mixed Vegetables; Pears</p>	<p>3 Taco Salad Cornbread Grapes</p>
<p>6 Cheeseburger w/bun Sweet Potato Wedges Baked Beans Tropical Fruit</p>	<p>7 Beef w/Gravy over Potatoes Monte Carlo Vegetables Coleslaw Peaches</p>	<p>8 Baked Chicken Baked Potato Broccoli Strawberry Fluff</p>	<p>9 Omelet/Breakfast Bake Hash Browns Juice Sausage Links Fresh Fruit</p>	<p>10 Ham Scalloped potatoes Country Trio Vegetables Fruit</p>
<p>13 Turkey Broccoli Casserole Peas Mandarin Orange Fluff</p>	<p>14 Pork Roast Red Potatoes Carrots Applesauce</p>	<p>15 Tasty Hamburger Casserole Mixed Vegetables Peach Crisp</p>	<p>16 Beef Stroganoff Over Noodles Spinach Salad Prince Charles Veggies Escalloped Apples</p>	<p>17 Chicken Salad Fresh Vegetable Fresh Fruit Muffin</p>
<p>20 Cheesy Chicken Penne Mediterranean Veg Pineapple</p>	<p>21 Spaghetti w/ Meat Sauce Caesar Salad Garlic Bread Strawberry Shortcake</p>	<p>22 Hot Dog w/Bun Au Gratin Potatoes Broc/Califlower Salad Warm Cobbler</p>	<p>23 Tater Tot Casserole Corn Biscuit Cantaloupe</p>	<p>24 Chef Salad Watermelon Brownie</p>
<p>27 Polish Sausage Sauerkraut Sliced Potatoes Corn Fruit</p>	<p>28 Sloppy Joe w/Bun Mac & Cheese Three Bean Salad Fresh Orange</p>	<p>29 BBQ Chicken Baked Beans Potato Salad Pineapple</p>	<p>30 Pasty Coleslaw Fruit Cocktail</p>	<p>31 Meatballs Mashed potatoes w/ gravy California Blend Veg Applesauce</p>

Subject to change

[HOW DO I GET TO THE SENIOR CENTER?](#)

[EMAIL THE CENTER](#)

ACTIVITIES: MID COUNTY 753-6986

Foot Clinic, Aug. 13, (call 753-6986 for appointment). Transportation (\$2) to Senior Day at the Fair, Aug. 15, call . Fun Bingo with Cheryl, Aug. 17, 11 a.m. Monthly Food Distribution, Aug. 21, 9-10 a.m. Mystery Lunch Trip, Aug. 21, 11 a.m (call to reserve a seat). Crafts with Cheryl (“Gone Fishing favors”), Aug. 27, 11 a.m. Birthday Party, Aug. 29, salad bar 11 a.m. (call 786-8850 at least one day prior to reserve a seat).