

## **CSFP and TEFAP: How to get more information**

Contact your local senior center/client services office:

Escanaba 786-8850

Gladstone and Rapid River 428-2201

Rock and Perkins 356-6420

Menominee 863-2158

Hermansville 498-7735

Daggett and Stephenson 753-6986

Manistique 341-2452

Germfask 586-9697

## **CSFP and TEFAP Distribution sites:**

**Delta County Distribution Sites:** Butler Building, U.P. State Fairgrounds, Escanaba; Gladstone Senior Center; Rock Senior Center; Rapid River Senior Center (OMNI Building).

**Menominee County Distribution Sites:** Menominee Senior Center; Mid County Senior Center (Daggett); Hermansville Senior Center.

**Schoolcraft County Distribution Sites:** VFW in Manistique; Germfask Senior Center (Township Hall)

The Menominee-Delta-Schoolcraft Community Action Agency, with both public and private funding sources, has been offering a myriad of services since 1965 to help people of all means improve their quality of life. These times continue to demonstrate the need for the Community Action Agency and its programs:

- ▶ Early Childhood Education (including Head Start, Early Head Start and Welcome Newborns)
- ▶ Weatherization and Energy Education.
- ▶ Heat and other emergency assistance.
- ▶ Commodity Food Programs.
- ▶ Senior Services (including home-delivered meals, in-home senior services, Medicare/Medicaid assistance, tax credit assistance, Adult Day Services in Delta County, and Transportation Services in Menominee County).
- ▶ Volunteer opportunities through the Retired and Senior Volunteer Program, Foster Grandparent Program and Senior Companion Program are needed now more than ever.
- ▶ Our Homeless Services Program works with individuals and families who are at risk of being homeless or are homeless at the time of services.



## **COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP) and THE EMERGENCY FOOD ASSISTANCE PROGRAM (TEFAP)**

**Healthy, nutritious food for residents who meet specific age and income guidelines**



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**Web site: [www.mdscaa.org](http://www.mdscaa.org)**

## What is **CSFP**?

Commodity Supplemental Food Program (CSFP) works to improve the health of income-eligible people at least 60 years of age by supplementing their diets with nutritious USDA foods. It provides food to supplement the diets of people who meet the age and income guidelines.

## **CSFP: Am I eligible?**

You must be at least 60 years of age and meet the 130 percent federal poverty-income guidelines. In 2018, income qualifications for a single person household is \$1,316 or less per month. Monthly income for a household of two cannot exceed \$1,784 (add \$468 per month for each additional member of your household). Another option is to go to [www.mdscas.org](http://www.mdscas.org), and click on Food Distributions on the left side of the home page. Then follow the link to the CSFP Household Guidelines.

## **CSFP: Applicants must provide**

- name and address, including some form of identification for each person living in the household
- household income, household size and age of each person living in the household
- Recertification takes place every six-months

CAA is an equal opportunity provider and employer.

## **CSFP: How often do I get commodities?**

In most areas commodities are delivered one time per month. Some areas receive two boxes of food every other month. Check with your food distribution site for a schedule of dates and times.

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## What is **TEFAP**?

The Emergency Food Assistance Program (TEFAP) is a federal program that helps supplement the diets of income-eligible residents by providing them with emergency food and nutrition assistance at no cost.

## **TEFAP: Am I eligible?**

TEFAP income guidelines are based on 200 percent of federal poverty guidelines. If you participate in WIC, CSFP, Family Independence Program, SNAP or your children receive free/reduced priced meals at their school, you are automatically eligible.

Current income is determined by the income received by all members of the household during the month prior to application. For the purpose of TEFAP, a "household" is defined as a single individual or a group of related or unrelated individuals who are living as one economic unit and purchase and prepare food together.

Monthly income for a household of one person must be at or below \$2,010; two-person household at or below \$2,707; three-person household at or below \$3,403. Add \$697 for each additional family member to see if you qualify.

Individuals and families establish their eligibility for annual enrollment through self-declaration that they meet the income guidelines. Each time a participant receives TEFAP, he/she must sign to self-validate that they meet the program requirements.

## **TEFAP: Applicants must provide**

Except for Escanaba, pre-registration is NOT necessary. At all other distribution sites, participants must still provide their name and address at the time of distribution. In Escanaba, we ask participants to register one time per year. Due to the large number of participants, pre-registering makes the distribution process more efficient. If you live in the Escanaba area, call 786-8850 to pre-register.

## **TEFAP: How often do I get commodities?**

TEFAP is distributed on a quarterly basis – in March, June, September and December. Check with your food distribution site for a schedule of dates and times, or look for press releases in local media, or visit our Web site ([www.mdscas.org](http://www.mdscas.org)).

