

DECEMBER MENU

ESCANABA SENIOR CENTER

Mon

Tue

Wed

Thu

Fri



DECEMBER MENU
Menu is for ALL our senior centers. Please call your center with questions/comments.

1
CLOSED FOR ALL-STAFF TRAINING

<p>4 Chicken Parmesan over Linguine Italian Veggies Garlic Bread Mandarin orange/pineapple cup</p>	<p>5 Beef Stroganoff/ Noodles Mixed Vegetables Coleslaw Apple</p>	<p>6 Swiss Steak Sour Cream & Chive Potatoes Diced Carrots Fruit Cup</p>	<p>7 Pork Choppette Boiled Potatoes Peas Chunky Applesauce</p>	<p>8 Cream of Broccoli Ham & Cheese Sandwich Cucumber/Tomato Salad Grape Dessert</p>
<p>11 Tasty Hamburger Casserole Winter Blend Veggies Escaloped Apples</p>	<p>12 BBQ Ham Balls Parsley Potatoes Brussel Sprouts Pineapple Cake</p>	<p>13 Chicken Cordon Bleu Twice-Baked Potatoes California Blend Fresh Fruit Christmas Dessert</p>	<p>14 Pasty Tropical Fruit Coleslaw</p>	<p>15 Cheese Omelet Hash Browns Juice Muffin Fresh Fruit</p>
<p>18 Chicken Breast Philly Mashed Potatoes Spinach Salad Apple</p>	<p>19 Callifornia Medley Soup Meat Sandwich Pea & Cheese Salad Fruit</p>	<p>20 Ham; Sweet Potatoes Green Bean Casserole Ambrosia Dinner Roll; Dessert</p>	<p>21 Liver and Onions Mashed Potatoes Country Trio Vegetables Pears; Rye Bread</p>	<p>22 Baked Chicken Mashed Potatoes Peas & Carrots Sliced Peaches</p>
<p>25 CLOSED CHRISTMAS</p>	<p>26 CLOSED CHRISTMAS</p>	<p>27 Hamburger on Bun Oven Potatoes Mixed Vegetables Fruit</p>	<p>28 Tater Tot Casserole Vegetable Blend Fruited Pudding Dessert</p>	<p>29 Potato Sausage Baked Beans Carrots Fruited Pudding</p>

HOW DO I GET TO THE SENIOR CENTER?

WEEKLY ACTIVITIES: **ESCANABA 786-8850**

Every Monday, Sit & Be Fit, 11-11:45 a.m.; Line Dancing, 12:45-2:30 p.m.

Every Tuesday, Bingo, 1-3 p.m.

Every Wednesday, Line Dancing, 12:45-2:30 p.m.

Every Thursday, Open Bridge, 10 a.m.; Line Dancing, 12:45-2:30 p.m.

Every Friday, Wii Club, 10-noon; Sit & Be Fit, 11-11:45 a.m.

OTHER ACTIVITIES:

Center closed for All Staff training, Dec. 1. Foot Clinic, Dec. 4, 9-11:30 a.m. Crafts, Dec. 6, 10-noon. TEFAP Food Distribution, Dec. 8, 9-noon. Christmas Party, Dec. 14, 11:30 a.m. (call 786-8850 at least one day prior to reserve a seat). Blood Pressure Screening, Dec. 19. Monthly Food Distribution, Dec. 21, 10-11 a.m. Center closed for Christmas, Dec. 25-26. Birthday Party, Dec. 27, gather 11:30 a.m., lunch noon (call 786-8850 at least one day prior to reserve a seat). New Year's Eve Party, Dec. 29, gather 11:30 a.m., lunch noon (call 786-8850 at least one day prior to reserve a seat).