

DECEMBER MENU

MID-COUNTY SENIOR CENTER

Mon

Tue

Wed

Thu

Fri



DECEMBER MENU
Menu is for ALL our senior centers. Please call your center with questions/comments.

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CLOSED FOR ALL-STAFF TRAINING

<p>4 Chicken Parmesan over Linguine Italian Veggies Garlic Bread Mandarin orange/pineapple cup</p>	<p>5 Beef Stroganoff/ Noodles Mixed Vegetables Coleslaw Apple</p>	<p>6 Swiss Steak Sour Cream & Chive Potatoes Diced Carrots Fruit Cup</p>	<p>7 Pork Choppette Boiled Potatoes Peas Chunky Applesauce</p>	<p>8 Cream of Broccoli Ham & Cheese Sandwich Cucumber/Tomato Salad Grape Dessert</p>
<p>11 Tasty Hamburger Casserole Winter Blend Veggies Escaloped Apples</p>	<p>12 BBQ Ham Balls Parsley Potatoes Brussel Sprouts Pineapple Cake</p>	<p>13 Chicken Cordon Bleu Twice-Baked Potatoes California Blend Fresh Fruit Christmas Dessert</p>	<p>14 Pasty Tropical Fruit Coleslaw</p>	<p>15 Cheese Omelet Hash Browns Juice Muffin Fresh Fruit</p>
<p>18 Chicken Breast Philly Mashed Potatoes Spinach Salad Apple</p>	<p>19 Callifornia Medley Soup Meat Sandwich Pea & Cheese Salad Fruit</p>	<p>20 Ham; Sweet Potatoes Green Bean Casserole Ambrosia Dinner Roll; Dessert</p>	<p>21 Liver and Onions Mashed Potatoes Country Trio Vegetables Pears; Rye Bread</p>	<p>22 Baked Chicken Mashed Potatoes Peas & Carrots Sliced Peaches</p>
<p>25 CLOSED CHRISTMAS</p>	<p>26 CLOSED CHRISTMAS</p>	<p>27 Hamburger on Bun Oven Potatoes Mixed Vegetables Fruit</p>	<p>28 Tater Tot Casserole Vegetable Blend Fruited Pudding Dessert</p>	<p>29 Potato Sausage Baked Beans Carrots Fruited Pudding</p>

HOW DO I GET TO THE SENIOR CENTER?

WEEKLY ACTIVITIES: MID COUNTY 753-6986

Every Tuesday, Sit & Get Fit exercise classes, 10 a.m.

ACTIVITIES:

Center closed for All Staff training, Dec. 1. TEFAP Food Distribution, Dec. 6, 9 a.m. to 3 p.m. Foot Clinic, Dec. 11, (call 753-6986 for appointment). Crafts with Cheryl, Dec. 4, 11 a.m. Christmas Dinner Party, Dec. 13, salad bar 11 a.m. (call 786-8850 at least one day prior to reserve a seat). Christmas Light Tour, Dec. 18, 4 p.m. (call 786-8850 at least one day prior to reserve a seat). Monthly Food Distribution, Dec. 19, 9-10 a.m. Birthday Party, Dec. 20, salad bar 11 a.m. (call 786-8850 at least one day prior to reserve a seat). Center closed for Christmas, Dec. 25-26. New Year's Party Dinner, Dec. 29, salad bar 11 a.m. (call 786-8850 at least one day prior to reserve a seat).