

DECEMBER MENU

ESCANABA SENIOR CENTER

Mon

Tue

Wed

Thu

Fri

<p>3 Chicken Parmesan Over Linguine Italian Veggies Mandarin orange Pineapple Cup Garlic Bread</p>	<p>4 Liver & Onions OR Beef Steak Mashed Potatoes w/ Gravy; Green Beans Pears; Rye Bread</p>	<p>5 Bourbon Beef Steak over Rice Tossed Salad Diced Carrots Fruit Cup</p>	<p>6 Pork Chop Boiled Potatoes Peas Chunky Applesauce Dinner Roll</p>	<p>7 Beef Stew Coleslaw Fresh Apple Biscuit</p>
<p>10 Hamburger Casserole Winter Blend Vegetables Escalloped Peaches</p>	<p>11 BBQ Ham Balls Red Potatoes Prince William Vegetables Pineapple Tidbits</p>	<p>12 Chicken Cordon Blue Twice-Baked Potatoes California Blend Vegetables Pistachio Dessert</p>	<p>13 Pasty Three-Bean Salad Tropical Fruit</p>	<p>14 Western Omelets Hash Browns Juice Muffin Fresh Orange</p>
<p>17 Breaded Chicken Breast Sandwich on a Bun Cheesy Potatoes Mixed Vegetables Fruit</p>	<p>18 Potato Sausage Baked Beans Sliced Carrots Fruited Pudding</p>	<p>19 Ham Sweet Potatoes Green Bean Casserole Ambrosia Dinner Roll Christmas Cookie</p>	<p>20 Spaghetti with Meat Sauce Monte Carlo Blend Diced Pears Garlic Bread</p>	<p>21 Cream of Broccoli Soup Turkey Sandwich Cucumber/Tomato Salad Grape Dessert</p>
<p>24 CLOSED FOR CHRISTMAS</p>	<p>25 CLOSED FOR CHRISTMAS</p>	<p>26 Breaded Chicken Breast Diced Potatoes Peas and Carrots Sliced Peaches</p>	<p>27 Tater Tot Casserole Corn Escalloped Apples Biscuit</p>	<p>28 Hamburger on Bun Oven Potatoes Broccoli/Cauliflower Salad Fruited Jell-O</p>
<p>31 Pepper Steak over Rice Carrots Flavored Applesauce</p>	<p><i>Subject to change</i></p> <p>Menu is for all our senior centers. Call your senior center with questions/comments.</p> 			

[HOW DO I GET TO THE SENIOR CENTER?](#) [EMAIL THE CENTER](#)

WEEKLY ACTIVITIES: ESCANABA 786-8850

Every Monday, Sit & Be Fit, 11-11:45 a.m.; Line Dancing, 12:45-2:30 p.m.
 Every Tuesday, Bingo, 1-3 p.m.
 Every Wednesday, Line Dancing, 12:45-2:30 p.m.
 Every Thursday, Open Bridge, 10 a.m.; Line Dancing, 12:45-2:30 p.m.
 Every Friday, Wii Club, 10-noon; Sit & Be Fit, 11-11:45 a.m.

OTHER ACTIVITIES:

Foot Clinic, Dec. 3, 9-11:30 a.m. (call 786-8850 for appointment). Crafts, Dec. 5, 10-noon. TEFAP Food Distribution, Dec. 7, 9-noon. Open enrollment for Medicare Part D ends Dec. 7. Christmas Dinner, Dec. 12, gather 11 a.m., lunch noon (call 786-8850 at least one day prior to reserve a seat). Birthday Party, Dec. 19, gather 11 a.m., lunch noon (call 786-8850 at least one day prior to reserve a seat). Renew your CSFP commodities after Dec. 20. **Closed Dec. 24-25 for Christmas.**