

DECEMBER MENU

HERMANSVILLE SENIOR CENTER

Mon **Tue** **Wed** **Thu** **Fri**

<p>3 Chicken Parmesan Over Linguine Italian Veggies Mandarin orange Pineapple Cup Garlic Bread</p>	<p>4 Liver & Onions OR Beef Steak Mashed Potatoes w/ Gravy; Green Beans Pears; Rye Bread</p>	<p>5 Bourbon Beef Steak over Rice Tossed Salad Diced Carrots Fruit Cup</p>	<p>6 Pork Chop Boiled Potatoes Peas Chunky Applesauce Dinner Roll</p>	<p>7 Beef Stew Coleslaw Fresh Apple Biscuit</p>
<p>10 Hamburger Casserole Winter Blend Vegetables Escalloped Peaches</p>	<p>11 BBQ Ham Balls Red Potatoes Prince William Vegetables Pineapple Tidbits</p>	<p>12 Chicken Cordon Blue Twice-Baked Potatoes California Blend Vegetables Pistachio Dessert</p>	<p>13 Pasty Three-Bean Salad Tropical Fruit</p>	<p>14 Western Omelets Hash Browns Juice Muffin Fresh Orange</p>
<p>17 Breaded Chicken Breast Sandwich on a Bun Cheesy Potatoes Mixed Vegetables Fruit</p>	<p>18 Potato Sausage Baked Beans Sliced Carrots Fruited Pudding</p>	<p>19 Ham Sweet Potatoes Green Bean Casserole Ambrosia Dinner Roll Christmas Cookie</p>	<p>20 Spaghetti with Meat Sauce Monte Carlo Blend Diced Pears Garlic Bread</p>	<p>21 Cream of Broccoli Soup Turkey Sandwich Cucumber/Tomato Salad Grape Dessert</p>
<p>24 CLOSED FOR CHRISTMAS</p>	<p>25 CLOSED FOR CHRISTMAS</p>	<p>26 Breaded Chicken Breast Diced Potatoes Peas and Carrots Sliced Peaches</p>	<p>27 Tater Tot Casserole Corn Escalloped Apples Biscuit</p>	<p>28 Hamburger on Bun Oven Potatoes Broccoli/Cauliflower Salad Fruited Jell-O</p>
<p>31 Pepper Steak over Rice Carrots Flavored Applesauce</p>	<p><i>Subject to change</i></p> <p>Menu is for all our senior centers. Call your senior center with questions/comments.</p> 			

HOW DO I GET TO THE SENIOR CENTER? EMAIL THE CENTER

WEEKLY ACTIVITIES: **HERMANSVILLE** 498-7735

Every Tuesday, Fun Bingo, 12:45 p.m.
 Every Wednesday, Sit and Get Fit class, 11:30 a.m. to 12:15 p.m.
 Every Friday, Sit and Get Fit class, 11:30 a.m. to 12:15 p.m. Fun Bingo, 12:45 p.m.

ACTIVITIES:
 TEFAP Food Distribution, Dec. 7, 9 a.m. to 2 p.m. **Christmas/Birthday Dinner**, Dec. 12, noon (call 498-7735 at least one day prior to reserve a seat). **Craft Day**, Dec. 17, 1 p.m. **Foot clinic**, Dec. 18, (call 498-7735 to make an appointment). **Monthly Food Distribution**, Dec. 21, 9-10 a.m. **Closed Dec. 24-25 for Christmas.**