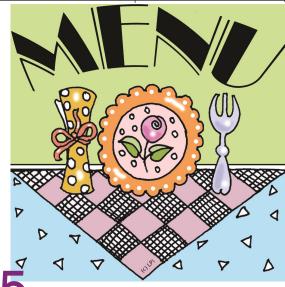
DECEMBER MEN	U Tue	Wed	MANISTIQU Thu	E NUTRITION SITE Fri
3 Chicken Parmesan Over Linguine Italian Veggies Mandarin orange Pineapple Cup Garlic Bread	Liver & Onions <u>OR</u> Beef Steak Mashed Potatoes w/ Gravy; Green Beans Pears; Rye Bread	5 Bourbon Beef Steak over Rice Tossed Salad Diced Carrots Fruit Cup	Pork Chop Boiled Potatoes Peas Chunky Applesauce Dinner Roll	7 Beef Stew Coleslaw Fresh Apple Biscuit
Hamburger Casserole Winter Blend Vegetables Escalloped Peaches	BBQ Ham Balls Red Potatoes Prince William Vegetables Pineapple Tidbits	12 Chicken Cordon Blue Twice-Baked Potatoes California Blend Vegetables Pistachio Dessert	13 Pasty Three-Bean Salad Tropical Fruit	14 Western Omelets Hash Browns Juice Muffin Fresh Orange
Breaded Chicken Breast Sandwich on a Bun Cheesy Potatoes Mixed Vegetables Fruit	18 Potato Sausage Baked Beans Sliced Carrots Fruited Pudding	Ham Sweet Potatoes Green Bean Casserole Ambrosia Dinner Roll Christmas Cookie	Spaghetti with Meat Sauce Monte Carlo Blend Diced Pears Garlic Bread	Cream of Broccoli Soup Turkey Sandwich Cucumber/Tomato Salad Grape Dessert
24 CLOSED FOR CHRISTMAS	25 CLOSED FOR CHRISTMAS	26 Breaded Chicken Breast Diced Potatoes Peas and Carrots Sliced Peaches	27 Tater Tot Casserole Corn Escalloped Apples Biscuit	28 Hamburger on Bun Oven Potatoes Broccolli/Cauliflower Salad Fruited Jell-O
31 Pepper Steak over Rice Carrots Flavored Applesauce	CE	Subject to change Menu is for all our seenters. Call your senior with questions/comm	center	





341-5085 MANISTIOUE

HOW DO LIGHT TO THE NUTRITION SITE?

EMAIL THE SITE