

FEBRUARY MENU

MANISTIQUE NUTRITION SITE



Mon

Tue

Wed

Thu

Fri

 <p>FEBRUARY MENU Menu is for all our senior centers. Call your senior center with questions/comments.</p>		<p>1 Chicken Vegetable Soup Egg Salad Sandwich Chilled Beet Salad Fruit</p>	<p>2 Pasty Coleslaw Fruited Jell-O</p>
<p>5 BBQ Pulled Pork on a Bun Au Gratin Potatoes Baked Beans Fruit</p>	<p>6 Chicken Marsala Over Garlic Mashed Potatoes Green Beans Mandarin Oranges</p>	<p>7 Lasagna Caesar salad Garlic Breadstick Fruit Crisp</p>	<p>8 Chili Sweet Roll Pea and Cheese Salad Fruit</p>
<p>12 Western Egg Bake Hash Browns Mini Bagel Orange</p>	<p>13 Polish Sausage/Kraut Diced Potatoes Cream Corn Fruit</p>	<p>14 Baked Salmon Boiled Potatoes Peas Pears</p>	<p>15 Beef Fritter Mashed Potatoes and Gravy Green Beans Plums</p>
<p>19 Swiss Chicken with Mushrooms over Rice Broccoli Salad Fruit</p>	<p>20 Ham Scalloped Potatoes Green Beans Pineapple</p>	<p>21 Bourbon Chicken Philly Mashed Potatoes Winter Vegetables Citrus Pie Square</p>	<p>16 Spaghetti with Meat Sauce Italian Veggies Garlic Bread Applesauce</p>
<p>26 Hamburger Gravy over Mashed Potatoes Cream Corn Apple Crisp</p>	<p>27 Parmesan Chicken over Basil Garlic Pasta Brussel Sprouts Zucchini-Tomato Salad Fruit</p>	<p>28 Cranberry-Glazed Pork Sweet Potato Vegetable Blend Fruit Dessert</p>	<p>22 BBQ Ribs Twice-Baked Potato Key West Vegetables Strawberry Fluff</p>
<p>HAPPY VALENTINE'S DAY</p> 			

341-5085
MANISTIQUE

HOW DO I GET TO THE NUTRITION SITE?

