


JANUARY MENU		MENOMINEE SENIOR CENTER		
Mon	Tue	Wed	Thu	Fri
1 CLOSED FOR NEW YEAR'S DAY	2 Meatloaf Baked Potato Peas & Carrots Fruit Cup	3 Beef Stew Coleslaw Biscuit Peach Quick Cake	4 Turkey/Stuffing Mashed Potatoes and Gravy Prince William Veggies Pumpkin Bar	5 Ravioli Vegetable Blend Breadstick Diced Pears
8 Brat on Bun Calico Beans Oven Potatoes Diced Pears	9 Sweet & Sour Pork Over Rice Green Beans Chinese Coleslaw Pineapple Upside Down Cake	10 Cheesy Chicken Penne Casserole Salad Baby Carrots Apricots	11 Beef Tips over Noodles Diced Beets Broccoli Fruit Cup	12 Porcupine Meatballs Mashed Potatoes Country Trio Veggies Apple Crisp
15 Salisbury Steak Mashed Potatoes and Gravy Rutabagas Tropical Fruit	16 Boiled Dinner (Ham and Cabbage, Carrots and Potatoes) Biscuit Pistachio Bar	17 Taco Lasagna Garden Salad Mandarin Oranges Breadstick	18 Tasty Hamburger Casserole Carrots Jello with Bananas	19 Baked Chicken Whipped Potatoes Key Largo Veggies Diced Peaches
22 Fish Sandwich Au Gratin Potatoes Baked Beans Applesauce	23 Turkey Broccoli Casserole Vegetable Blend Pineapple Tidbits	24 Pineapple BBQ Chicken Breast Twice-Baked Potatoes Brussel Sprouts Carrot Cake	25 Enchiladas with Lettuce, Tomato, Black Olives Spanish Rice Diced Peaches	26 Vegetable Beef Barley Soup Ground Meat Sandwich Broccoli /Cauliflower Salad Fruit Bar
29 Chicken Alfredo Broccoli Coleslaw Fruit Cup	30 Spaghetti/Meat Sauce Italian Blend Vegetables Caesar Salad Garlic Bread Pineapple	31 Tahitian Meatballs Over Rice Key Largo Vegetables Salad Sunshine Cake	 JANUARY MENU Menu is for <u>ALL</u> our senior centers. Call your senior center with questions/comments.	

[HOW DO I GET TO THE SENIOR CENTER?](#)

[EMAIL THE CENTER](#)

WEEKLY ACTIVITIES: **MENOMINEE** 863-3256

Every Monday, Exercise class, 10 a.m.

Every Tuesday, Line Dancing, 10 a.m.

Every Wednesday, Card playing, 1 p.m.

Every Thursday, Exercise class, 10 a.m.

Every Friday, Duplicate bridge, 10 a.m.

Every Saturday, Farmers Market, 8 a.m. to noon

OTHER ACTIVITIES:

Closed Jan. 1. Android Tablet Class, Jan. 9 & 11, 1-4 p.m. Foot Clinic, Jan. 11 & 15, (call 863-3256 for appointment). Monthly Food Distribution, Jan. 16, 11 a.m. to noon. Winnie the Pooh Day, Jan. 18. Advanced Care Planning presentation, Jan. 23, 11:30 a.m. Show and Tell Hobbies, Jan. 24, 10 a.m. to 1 p.m. Movie Day ("Goodbye Christopher Robin"), Jan. 25, 12:45 p.m. Birthday Party, Jan. 31, salad bar, 11:30 a.m. (call 863-3256 at least one day prior to reserve a seat).