




Mission statement: Providing opportunities for people of all ages and means to improve their quality of life through advocacy, education, housing, nutrition, volunteerism and support services.

July 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	JULY 2: 4th of July parties at senior centers in Gladstone, Hermansville, Menominee, Mid County (Daggett) and Rock		1	2 <u>Mid Co Sr Ctr</u> Craft Class	3  CAA offices closed	4
5 	6 <u>Esky Senior Center</u> Foot Clinic	7	8 <u>Mid Co Sr Ctr</u> Mystery Lunch Trip	9	10	11
12 <u>Rock Senior Center</u> Corporation dance	13 <u>Mid Co Sr Ctr</u> Foot Clinic <u>Hermansville Sr Ctr</u> Craft Day	JULY 14: <u>Menom Sr Center</u> Road Trip to Rock  Menom County <u>Foster Grandparent</u> Policy Advisory Committee <u>Alzheimer's support group</u> meeting	15 JULY 14: <u>Rock Sr Ctr</u> Bake Sale & Game Night JULY 21: <u>Rock Senior Center</u> Spin the Wheel	16 <u>Menom Sr Center</u> Craft Game Day <u>Menom Sr Center</u> Rummage Sale	17	18
19	20 <u>Menom Sr Center</u> Foot Clinic & Health Clinic	21 <u>Menom Sr Center</u> Computer Class <u>Esky Senior Center</u> Birthday Dinner	22 <u>Menominee County</u> Senior Picnic	23 <u>Governing board</u> meet (agenda) <u>Menom Sr Center</u> Computer Class <u>Rock Sr Ctr</u> Movie Day	24	
26	27 <u>Hermansville Sr Ctr</u> Birthday Dinner	28 <u>Menom Sr Center</u> Birthday Party <u>Mid Co Sr Ctr</u> Birthday Party <u>Glad Sr Center</u> Birthday Dinner	29 <u>Rock Senior Center</u> Birthday Dinner	30 <u>Menom Sr Ctr</u> Movie Day ("The Theory of Everything")	31	

CSFP FOOD DISTRIBUTION
Food distribution is scheduled for these communities:

July 1: Gladstone
July 15: Rock
July 16: Escanaba
July 21: Menominee, Mid County

FOR MORE INFORMATION, CALL (906) 786-7080, Ext. 130 or 111