

**JUNE MENU**

**HERMANSVILLE SENIOR CENTER**

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Menu is for all our senior centers. Call your senior center with questions/comments.**



**1**  
Turkey Cranberry Wrap  
Creamy Vegetable Soup  
Carrot Raisin Salad  
Fresh Apple

**4**  
Potato-Crusted Pollock  
Twice-Baked Potatoes  
California Blend Veggies  
Diced Pears

**5**  
Spaghetti w/Meat Sauce  
Caesar Salad  
Garlic Bread  
Fresh Melon

**6**  
Sweet and Sour Pork  
Oriental Coleslaw  
Chinese Veggies,  
Mandarin Oranges

**7**  
Beef Steak (or Liver &  
Onions)  
Mashed Potatoes with  
Gravy  
Green Beans  
Cranberry Jell-O

**8**  
Pulled-Pork Sandwich  
Oven Potatoes  
Three-Bean Salad  
Grape Salad

**11**  
Tasty Hamburger  
Casserole  
Cook's Choice Vegetable  
Chunky Applesauce

**12**  
Fish Sandwich on a Bun  
Oven Potatoes  
Mixed Veggies  
Tropical Fruit

**13**  
Roast Beef  
Mashed Potatoes and  
Gravy; Glazed Carrots  
Strawberry Shortcake

**14**  
Pasty  
Coleslaw  
Fruited Jell-O

**15**  
Deluxe Chef Salad  
Breadstick  
Fresh Fruit  
Jumbo Cookie

**18**  
Tator Tot Casserole  
Garden Salad  
Plums

**19**  
Chicken Breast  
Sour Cream & Chive  
Potatoes; Spinach  
Peaches

**20**  
Ham Roll-Ups  
Scalloped Potatoes  
Peas  
Pineapple Tidbits

**21**  
Cheeseburger on Bun  
Diced Potatoes  
Fresh Vegetables  
Citrus Pie Square

**22**  
Beef & Bean Enchilada  
(with Tomato, Lettuce,  
Olives on side)  
Spanish Rice  
Escalloped Apples

**25**  
Cheesy Penne Chicken  
Casserole  
Monte Carlo Veggies  
Tossed Salad  
Apricots

**26**  
Bratwurst on a Bun  
Potato Salad  
Corn on the Cob  
Watermelon

**27**  
Baked Chicken  
Philly Cheese Potatoes  
Peas and Carrots  
Fresh Fruit

**28**  
Stacked Turkey &  
Cheese Sandwich  
Tomato Basil Soup  
Mango Coleslaw  
Fruit

**29**  
Swedish Meatballs over  
Noodles  
Beets; Green Beans  
Pineapple Upside  
Down Cake

[HOW DO I GET TO THE SENIOR CENTER?](#)      [EMAIL THE CENTER](#)

**WEEKLY ACTIVITIES:** **HERMANSVILLE** 498-7735

Every Tuesday, Fun Bingo, 12:45 p.m.

Every Wednesday, cards in the afternoon.

Every Friday, Fun Bingo, 12:45 p.m.

**ACTIVITIES:**

TEFAP Food Distribution, June 8, 9 a.m. to noon. **Craft Day**, June 18, 1 p.m. **Foot clinic**, June 19, (call 498-7735 to make an appointment). **Monthly Food Distribution**, June 22, 9-10 a.m. **Alzheimer's Presentation**, June 26, 11 a.m. **Guest Speaker**, June 27, 11 a.m. (498-7735). **Birthday Dinner (plus guest speaker)**, June 27, noon (call 498-7735 at least one day prior to reserve a seat).