

**Mon**

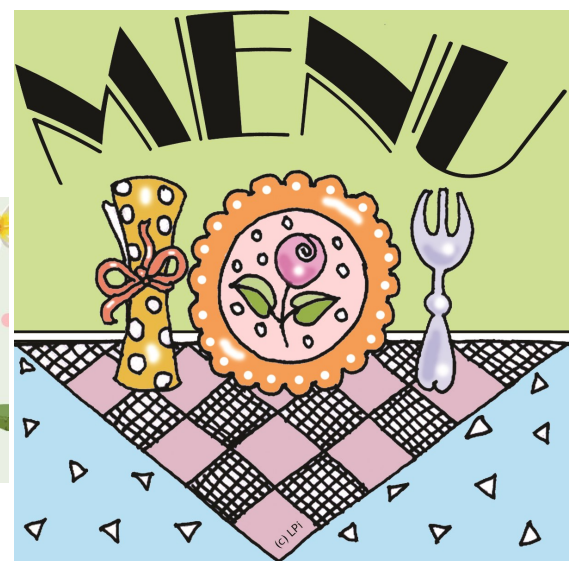
**Tue**

**Wed**

**Thu**

**Fri**

<p><b>Menu is for all our senior centers. Call your senior center with questions/comments.</b></p>					<p><b>1</b> Turkey Cranberry Wrap Creamy Vegetable Soup Carrot Raisin Salad Fresh Apple</p>
<p><b>4</b> Potato-Crusted Pollock Twice-Baked Potatoes California Blend Veggies Diced Pears</p>	<p><b>5</b> Spaghetti w/Meat Sauce Caesar Salad Garlic Bread Fresh Melon</p>	<p><b>6</b> Sweet and Sour Pork Oriental Coleslaw Chinese Veggies, Mandarin Oranges</p>	<p><b>7</b> Beef Steak (or Liver &amp; Onions) Mashed Potatoes with Gravy  Green Beans Cranberry Jell-O</p>	<p><b>8</b> Pulled-Pork Sandwich Oven Potatoes Three-Bean Salad Grape Salad</p>	
<p><b>11</b> Tasty Hamburger Casserole Cook's Choice Vegetable Chunky Applesauce</p>	<p><b>12</b> Fish Sandwich on a Bun Oven Potatoes Mixed Veggies Tropical Fruit</p>	<p><b>13</b> Roast Beef Mashed Potatoes and Gravy; Glazed Carrots Strawberry Shortcake</p>	<p><b>14</b> Pasty Coleslaw Fruited Jell-O</p>	<p><b>15</b> Deluxe Chef Salad Breadstick Fresh Fruit Jumbo Cookie</p>	
<p><b>18</b> Tator Tot Casserole Garden Salad Plums</p>	<p><b>19</b> Chicken Breast Sour Cream &amp; Chive Potatoes; Spinach Peaches</p>	<p><b>20</b> Ham Roll-Ups Scalloped Potatoes Peas Pineapple Tidbits</p>	<p><b>21</b> Cheeseburger on Bun Diced Potatoes Fresh Vegetables Citrus Pie Square</p>	<p><b>22</b> Beef &amp; Bean Enchilada (with Tomato, Lettuce, Olives on side) Spanish Rice Escalloped Apples</p>	
<p><b>25</b> Cheesy Penne Chicken Casserole Monte Carlo Veggies Tossed Salad Apricots</p>	<p><b>26</b> Bratwurst on a Bun Potato Salad Corn on the Cob Watermelon</p>	<p><b>27</b> Baked Chicken Philly Cheese Potatoes Peas and Carrots Fresh Fruit</p>	<p><b>28</b> Stacked Turkey &amp; Cheese Sandwich Tomato Basil Soup Mango Coleslaw Fruit</p>	<p><b>29</b> Swedish Meatballs over Noodles Beets; Green Beans Pineapple Upside Down Cake</p>	



**341-5085**

**MANISTIQUE**

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