

JUNE MENU

MENOMINEE SENIOR CENTER

Mon

Tue

Wed

Thu

Fri

<p>Menu is for all our senior centers. Call your senior center with questions/comments.</p>					<p>1 Turkey Cranberry Wrap Creamy Vegetable Soup Carrot Raisin Salad Fresh Apple</p>
<p>4 Potato-Crusted Pollock Twice-Baked Potatoes California Blend Veggies Diced Pears</p>	<p>5 Spaghetti w/Meat Sauce Caesar Salad Garlic Bread Fresh Melon</p>	<p>6 Sweet and Sour Pork Oriental Coleslaw Chinese Veggies, Mandarin Oranges</p>	<p>7 Beef Steak (or Liver & Onions) Mashed Potatoes with Gravy Green Beans Cranberry Jell-O</p>	<p>8 Pulled-Pork Sandwich Oven Potatoes Three-Bean Salad Grape Salad</p>	
<p>11 Tasty Hamburger Casserole Cook's Choice Vegetable Chunky Applesauce</p>	<p>12 Fish Sandwich on a Bun Oven Potatoes Mixed Veggies Tropical Fruit</p>	<p>13 Roast Beef Mashed Potatoes and Gravy; Glazed Carrots Strawberry Shortcake</p>	<p>14 Pasty Coleslaw Fruited Jell-O</p>	<p>15 Deluxe Chef Salad Breadstick Fresh Fruit Jumbo Cookie</p>	
<p>18 Tator Tot Casserole Garden Salad Plums</p>	<p>19 Chicken Breast Sour Cream & Chive Potatoes; Spinach Peaches</p>	<p>20 Ham Roll-Ups Scalloped Potatoes Peas Pineapple Tidbits</p>	<p>21 Cheeseburger on Bun Diced Potatoes Fresh Vegetables Citrus Pie Square</p>	<p>22 Beef & Bean Enchilada (with Tomato, Lettuce, Olives on side) Spanish Rice Escalloped Apples</p>	
<p>25 Cheesy Penne Chicken Casserole Monte Carlo Veggies Tossed Salad Apricots</p>	<p>26 Bratwurst on a Bun Potato Salad Corn on the Cob Watermelon</p>	<p>27 Swedish Meatballs over Noodles Beets; Green Beans Pineapple Upside Down Cake</p>	<p>28 Stacked Turkey & Cheese Sandwich Tomato Basil Soup Mango Coleslaw Fruit</p>	<p>29 Baked Chicken Philly Cheese Potatoes Peas and Carrots Fresh Fruit</p>	

[HOW DO I GET TO THE SENIOR CENTER?](#) [EMAIL THE CENTER](#)

WEEKLY ACTIVITIES: **MENOMINEE** 863-3256

- Every Monday, Exercise class, 9 a.m.
- Every Tuesday, Line Dancing, 10 a.m.
- Every Wednesday, Card playing, 1 p.m.
- Every Thursday, Exercise class, 10:15 a.m.
- Every Friday, Duplicate bridge, 10 a.m.

OTHER ACTIVITIES:

TEFAP Food Distribution, June 8, 8-11 a.m. Camera Class, June 12, 1-4 p.m. Father's Day Roundup, June 13, salad bar, 11:30 a.m. (call 863-3256 at least one day prior to reserve a seat). Senior Craft and Bingo Day, June 14, 1 p.m. Foot Clinic, June 14 & 18, (call 863-3256 for appointment). Monthly Food Distribution, June 19, 11:30 a.m. to 1 p.m. CJ's Glass Studio Craft (stepping stone) June 26, 1 p.m. Birthday Party, June 27, salad bar, 11:30 a.m. (call 863-3256 at least one day prior to reserve a seat). Movie Day ("15:17 to Paris"), June 28, 12:45 p.m.