

MARCH MENU

MANISTIQUE NUTRITION SITE

Mon

Tue

Wed

Thu

Fri

Menu is for all our senior centers. Call your senior center with questions/comments.



			<p>1 Sloppy Joe on a Bun Macaroni & Cheese Carrot Sticks & Dip Fruited Pudding</p>	<p>2 Scrambled Eggs with Ham Slice Hash Brown Potatoes Orange Juice Sweet Roll Fresh Fruit</p>
<p>5 Chicken Breast Mashed Potatoes Carrots Pears</p>	<p>6 Meatloaf Baked Potato Cream Corn Fruit Cup</p>	<p>7 Chop Suey over Rice Oriental Veggies Oriental Coleslaw Mandarin Oranges</p>	<p>8 Bratwurst w Kraut on a Bun Baked Beans Cheesy Hash Browns Banana</p>	<p>9 Tuna Sandwich Cream of Potato Soup Fresh Vegetables Apple</p>
<p>12 Salisbury Steak Sour Cream & Chive Potatoes Sweet Peas Tropical Fruit</p>	<p>13 Tator Tot Casserole Dinner Roll Mixed Vegetables Escaloped Peaches</p>	<p>14 Hot Turkey Roll-Up Mashed Potatoes Green Beans Cranberry Jell-O</p>	<p>15 Goulash Corn Garden Salad Fruit</p>	<p>16 Corned Beef & Cabbage Baby Carrots Red Potatoes Pistachio Dessert</p>
<p>19 Pork Cutlet Boiled Potatoes Monte Carlo Vegetables Pears</p>	<p>20 Beef Tips over Noodles Harvard Beets Coleslaw Peach Cobbler</p>	<p>21 Cube Steak & Onions Mashed Potatoes Green Beans Fruit</p>	<p>22 Chicken & Broccoli Casserole Tossed Salad Grape Dessert</p>	<p>23 Breaded Fish Sandwich Oven Potatoes Calico Beans Tropical Fruit</p>
<p>26 Beef Parmesan over Pasta Vegetable Blend Cole Slaw Garlic Bread Apricots</p>	<p>27 Pasties Coleslaw Fruited Pudding</p>	<p>28 Baked Ham Sweet Potatoes California Blend Veg Pineapple Tidbits Easter Dessert</p>	<p>29 Spaghetti with Meat Sauce Italian Veggies Garlic Breadstick Fruit Crisp</p>	<p>30 Baked Salmon with Dill Sauce Rice Pilaf Baby Carrots Broccoli Salad Peach Dump Cake</p>

341-5085
MANISTIQUE

HOW DO I GET TO THE NUTRITION SITE? EMAIL THE SITE



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