

**MARCH MENU**

**MID-COUNTY SENIOR CENTER**

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

<p><b>Menu is for all our senior centers. Call your senior center with questions/comments.</b></p> 				
			<p><b>1</b> Sloppy Joe on a Bun Macaroni &amp; Cheese Carrot Sticks &amp; Dip Fruited Pudding</p>	<p><b>2</b> Scrambled Eggs with Ham Slice Hash Brown Potatoes Orange Juice Sweet Roll Fresh Fruit</p>
<p><b>5</b> Chicken Breast Mashed Potatoes Carrots Pears</p>	<p><b>6</b> Meatloaf Baked Potato Cream Corn Fruit Cup</p>	<p><b>7</b> Chop Suey over Rice Oriental Veggies Oriental Coleslaw Mandarin Oranges</p>	<p><b>8</b> Bratwurst w Kraut on a Bun  Baked Beans Cheesy Hash Browns Banana</p>	<p><b>9</b> Tuna Sandwich Cream of Potato Soup Fresh Vegetables Apple</p>
<p><b>12</b> Salisbury Steak Sour Cream &amp; Chive Potatoes Sweet Peas Tropical Fruit</p>	<p><b>13</b> Tator Tot Casserole Dinner Roll Mixed Vegetables Escalloped Peaches</p>	<p><b>14</b> Hot Turkey Roll-Up Mashed Potatoes Green Beans Cranberry Jell-O</p>	<p><b>15</b> Goulash Corn Garden Salad Fruit</p>	<p><b>16</b> Corned Beef &amp; Cabbage Baby Carrots Red Potatoes Pistachio Dessert</p>
<p><b>19</b> Pork Cutlet Boiled Potatoes Monte Carlo Vegetables Pears</p>	<p><b>20</b> Beef Tips over Noodles Harvard Beets Coleslaw Peach Cobbler</p>	<p><b>21</b> Cube Steak &amp; Onions Mashed Potatoes Green Beans Fruit</p>	<p><b>22</b> Chicken &amp; Broccoli Casserole  Tossed Salad Grape Dessert</p>	<p><b>23</b> Breaded Fish Sandwich Oven Potatoes Calico Beans Tropical Fruit</p>
<p><b>26</b> Beef Parmesan over Pasta Vegetable Blend Cole Slaw Garlic Bread Apricots</p>	<p><b>27</b> Pasties Coleslaw Fruited Pudding</p>	<p><b>28</b> Baked Ham Sweet Potatoes California Blend Veg Pineapple Tidbits Easter Dessert</p>	<p><b>29</b> Spaghetti with Meat Sauce  Italian Veggies Garlic Breadstick Fruit Crisp</p>	<p><b>30</b> Baked Salmon with Dill Sauce  Rice Pilaf Baby Carrots Broccoli Salad Peach Dump Cake</p>

[HOW DO I GET TO THE SENIOR CENTER?](#)

[EMAIL THE CENTER](#)

**ACTIVITIES: MID COUNTY 753-6986**

TEFAP Food Distribution, March 7, 9 a.m. to 3 p.m. Foot Clinic, March 12, (call 753-6986 for appointment). **Mystery Lunch Trip**, March 13, 11 a.m. **Crafts with Cheryl (St. Pat's Day craft)**, March 15, 11 a.m. **St. Patrick's Day Party**, March 16, salad bar 11 a.m. (call 786-8850 at least one day prior to reserve a seat). **Monthly Food Distribution**, March 20, 9-10 a.m. **Crafts with Cheryl (Easter craft)**, March 27, 11 a.m. **Easter/Birthday Party**, March 28, salad bar 11 a.m. (call 786-8850 at least one day prior to reserve a seat).