

MAY MENU

MANISTIQUE NUTRITION SITE

Mon

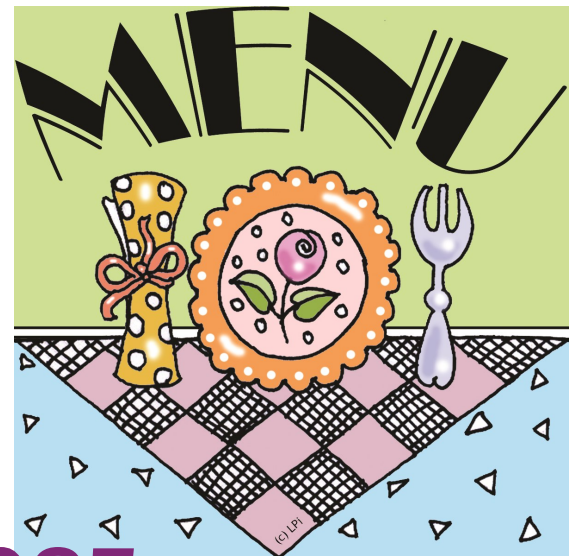
Tue

Wed

Thu

Fri

<p>Menu is for all our senior centers. Call your senior center with questions/ comments.</p>	<p>1 Cabbage Casserole Baby Carrots French Bread Pears</p>	<p>2 Beef Stew Coleslaw Biscuit Brownie</p>	<p>3 Turkey/Stuffing Mashed Potatoes and Gravy Mixed Vegetables Pumpkin Fluff</p>	<p>4 Taco Salad Fruit Cup Muffin (Taco/Nacho Bar at center only)</p>
<p>7 Cheesy Chicken Penne Casserole Brussel Sprouts Salad Fruit</p>	<p>8 Salisbury Steak Mashed Potatoes and Gravy Cook's Choice Vegetable Diced Peaches</p>	<p>9 Chicken Cordon Bleu Coconut Rice Key Largo Vegetables Strawberry Spinach Salad Strawberry Delight</p>	<p>10 Ham Scalloped Potatoes Green Beans Tropical Fruit</p>	<p>11 Porcupine Meatballs Mashed Potatoes and Gravy Broccoli Mandarin Oranges</p>
<p>14 Shepherd's Pie Corn Fruit</p>	<p>15 Turkey Broccoli Casserole Capri Mixed Vegetables Apple Crisp</p>	<p>16 Egg Bake (Ham, Cheese) Hash Brown Danish Fresh Fruit</p>	<p>17 Beef Tips Over Noodles California Blend Vegetables Coleslaw Fruit</p>	<p>18 BBQ Chicken Breast Sour Cream & Chive Potatoes Mixed Vegetables Fruit</p>
<p>21 BLT Wrap Broccoli/Raisin Salad Fruited Pudding</p>	<p>22 Baked Chicken Baked Potato Country Trio Vegetables Diced Peaches</p>	<p>23 Chop Suey Oriental Vegetable Blend Oriental Coleslaw Peach Quick Cake</p>	<p>24 Goulash Garlic Bread Corn Pineapple Tidbits</p>	<p>25 Cheesy Medley Soup Meat Sandwich Copper Penny Salad Fruited Jello</p>
<p>28 CLOSED FOR MEMORIAL DAY</p>	<p>29 Chicken Parmesan over Noodles Italian Blend Vegetables Garlic Bread Fruit</p>	<p>30 Pork Chop Baked Potato Prince William Vegetables Applesauce Birthday Cake</p>	<p>31 Sloppy Joe on Bun Macaroni & Cheese Green/Wax Beans Fruit Whip</p>	<p>MAY </p>



341-5085
MANISTIQUE

HOW DO I GET TO THE NUTRITION SITE?

EMAIL THE SITE