


MAY MENU		MENOMINEE SENIOR CENTER			
Mon	Tue	Wed	Thu	Fri	
Menu is for all our senior centers. Call your senior center with questions/ comments.	1 Cabbage Casserole Baby Carrots French Bread Pears	2 Beef Stew Coleslaw Biscuit Brownie	3 Turkey/Stuffing Mashed Potatoes and Gravy Mixed Vegetables Pumpkin Fluff	4 Taco Salad Fruit Cup Muffin (Taco/Nacho Bar at center only)	
	7 Cheesy Chicken Penne Casserole Brussel Sprouts Salad Fruit	8 Salisbury Steak Mashed Potatoes and Gravy Cook's Choice Vegetable Diced Peaches	9 Chicken Cordon Bleu Coconut Rice Key Largo Vegetables Strawberry Spinach Strawberry Delight	10 Ham Scalloped Potatoes Green Beans Tropical Fruit	11 Porcupine Meatballs Mashed Potatoes and Gravy Broccoli Mandarin Oranges
	14 Shepherd's Pie Corn Fruit	15 Turkey Broccoli Casserole Capri Mixed Vegetables Apple Crisp	16 Egg Bake (Ham, Cheese) Hash Brown Danish Fresh Fruit	17 Beef Tips Over Noodles California Blend Vegetables Coleslaw Fruit	18 BBQ Chicken Breast Sour Cream & Chive Potatoes Mixed Vegetables Fruit
	21 BLT Wrap Broccoli/Raisin Salad Fruited Pudding	22 Baked Chicken Baked Potato Country Trio Vegetables Diced Peaches	23 Chop Suey Oriental Vegetable Blend Oriental Coleslaw Peach Quick Cake	24 Goulash Garlic Bread Corn Pineapple Tidbits	25 Cheesy Medley Soup Meat Sandwich Copper Penny Salad Fruited Jello
	28 CLOSED FOR MEMORIAL DAY	29 Chicken Parmesan over Noodles Italian Blend Vegetables Garlic Bread Fruit	30 Pork Chop Baked Potato Prince William Vegetables Applesauce Birthday Cake	31 Sloppy Joe on Bun Macaroni & Cheese Green/Wax Beans Fruit Whip	

[HOW DO I GET TO THE SENIOR CENTER?](#)

[EMAIL THE CENTER](#)

WEEKLY ACTIVITIES: MENOMINEE 863-3256

Every Monday, Exercise class, 10 a.m.

Every Tuesday, Line Dancing, 10 a.m.

Every Wednesday, Card playing, 1 p.m.

Every Thursday, Exercise class, 10 a.m.

Every Friday, Duplicate bridge, 10 a.m.

Every Saturday, Farmers Market, 8 a.m. to noon

OTHER ACTIVITIES:

Senior Advisory Council meeting, May 2, 10:30 a.m. May the 4th Be With You (Star Wars Theme) celebration, May 4, salad bar, 11:30 a.m. (call 863-3256 at least one day prior to reserve a seat). Mother's Day Entertainment, May 9, 11 a.m. Mother's Day Event, May 9, salad bar, 11:30 a.m. (call 863-3256 at least one day prior to reserve a seat). Foot Clinic, May 10 & 21, (call 863-3256 for appointment). Monthly Food Distribution, May 15, 11 a.m. to noon. Movie Day ("Jumanji: Welcome to the Jungle"), May 15, 12:45 p.m. Navigating Windows 10 Class, May 22 & 24, 1-4 p.m. Closed May 28 for Memorial Day. Birthday Party, May 30, salad bar, 11:30 a.m. (call 863-3256 at least one day prior to reserve a seat).