

MAY MENU

MENOMINEE SENIOR CENTER

Mon

Tue

Wed

Thu

Fri

<p>1 BEEF STEAK FRITTER with SAUCE POTATOES WINTER BLEND VEG FRUIT</p>	<p>2 TURKEY ALFREDO MASHED POTATOES CORN LEMON BAR</p>	<p>3 BAKED BOURBON CHICKEN and RICE PEAS COLESLAW FRESH FRUIT</p>	<p>4 STUFFED GREEN PEPPERS GARLIC BREAD GREEN BEANS FRUIT</p>	<p>5 CHEF'S SALAD COPPER PENNY SALAD TROPICAL FRUIT BREADSTICK</p>
<p>8 HAMBURGER STROGANOFF+LIGUINI BACON RANCH GREEN BEANS BEETS FRUIT</p>	<p>9 PORK LOIN GARLIC MASHED POTATOES PEAS and CARROTS APPLE SAUCE</p>	<p>10 MOM DAY CHICKEN CORDON BLEU POTATO KEY LARGO VEGGIES SPINACH SALAD STRAWBERRY SHORT CAKE</p>	<p>11 EGG OMELET MUFFIN AMERICAN FRIES GRAPE JUICE FRESH ORANGE</p>	<p>12 BACON LETTUCE TOMATO WRAP BROCCOLI RAISIN SALAD YOGURT and FRUIT</p>
<p>15 CHICKEN BREAST POTATOES CALIFORNIA BLEND FRUIT</p>	<p>16 SHEPARD'S PIE (GRAVY, BEEF, CORN, MASHED POTATOES, CHEESE) SALAD DINNER ROLL FRESH FRUIT</p>	<p>17 TURKEY SLICE OVER DRESSING MASHED POTATOES and GRAVY CARROTS CRANBERRY JELLO</p>	<p>18 DINNER FRANK BAKED BEANS MIX MACARONI & CHEESE GARDEN SALAD FRUIT</p>	<p>19 COLD TACO SALAD CORN BREAD APPLESAUCE DESSERT</p>
<p>22 SALISBURY STEAK CHEESY HASHBROWNS PEAS AND CARROTS FRUIT</p>	<p>23 BBQ RIBS TWICE BAKED POTATOES CREAM CORN GRAPES</p>	<p>24 PORCUPINE MEATBALLS MASHED POTATOES GREEN BEANS PEACH DUMP CAKE</p>	<p>25 HAM SLICE SWEET POTATOES CAPRI BLEND VEG APRICOTS</p>	<p>26 CHICKEN SALAD with TOMATO WEDGES PEAS + CHEESE SALAD FRUIT</p>
<p>29 CLOSED MEMORIAL DAY</p>	<p>30 SWISS STEAK MASHED POTATOES SQUASH FRUIT</p>	<p>31 BEEF BARLEY SOUP EGG SALAD SANDWICH THREE-BEAN SALAD COTTAGE CHEESE with PINEAPPLE</p>	<p>All meals served with milk. Bread won't be served with pasta, rice or stuffing. Suggested donation \$3 per person. Menu modifications may be necessary at times.</p>	

HOW DO I GET TO THE SENIOR CENTER?

MENOMINEE 863-3256

WEEKLY ACTIVITIES:

Every Monday, Exercise class, 9 a.m.
Every Tuesday, Line Dancing, 10 a.m.

Every Wednesday, Card playing, 1 p.m.
Every Thursday, Exercise class, 10:15 a.m.
Every Friday, Duplicate bridge, 10 a.m.

OTHER ACTIVITIES:

Foot Clinic, May 11 & 15, (call 863-3256 for appointment). Mothers Day Dinner, May 10, salad bar, 11 a.m. (call 863-3256 at least one day prior to reserve a seat). Monthly Food Distribution, May 16, 11 a.m. to noon. Craft and Bingo Day, May 18, 1 p.m. Movie Day ("SING"), May 30, 12:45 p.m. Basic Computer Skills, May 23 & 25, 1-4 p.m. Birthday Party, May 24, salad bar, 11:30 a.m. (call 863-3256 at least one day prior to reserve a seat). May 29, closed for Memorial Day. Nursing facility transition program presentation, May 31, 11:30 a.m.