

**NOVEMBER MENU**

**HERMANVILLE SENIOR CENTER**

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

<p><i>Subject to change</i></p> <p><b>Menu is for all our senior centers. Call your senior center with questions/comments.</b></p> 		<p><b>1</b> Stuffed Green Peppers Capri Mix Vegetables Peach</p>	<p><b>2</b> Turkey/Cranberry Wrap Broccoli Raisin Salad Yogurt Parfait</p>	
<p><b>5</b> Citrus Chicken Breast Mashed Potatoes/Gravy Brussel Sprouts Diced Pears</p>	<p><b>6</b> Scrambled Eggs/Ham and Cheese Hash Browns Fruit Cup; Juice Bread Pudding</p>	<p><b>7</b> Meatloaf Baked Potato Corn Fruit Whip</p>	<p><b>8</b> BBQ Pulled Pork w/Bun Coleslaw Baked Beans Fruit</p>	<p><b>9</b> Beef Stew Garden Salad Biscuit Pineapple Upside Down Cake</p>
<p><b>12</b> Salisbury Steak/Gravy Diced Potatoes Peas and Carrots Diced Peaches</p>	<p><b>13</b> Cabbage Casserole Baby Carrots French Bread Fruit Crisp</p>	<p><b>14</b> Turkey/Stuffing Mashed Potatoes/Gravy Green Bean Casserole Cranberries Dinner Roll Pumpkin Pie</p>	<p><b>15</b> Salsa Chicken Coconut Rice Mixed Vegetables Fruit</p>	<p><b>16</b> Chop Suey/Rice Oriental Vegetables Oriental Coleslaw Mandarin/Pineapple Cup</p>
<p><b>19</b> Jumbo Beef Ravioli Italian Blend Vegetables Caesar Salad Garlic Bread Fruit</p>	<p><b>20</b> Bratwurst with Bun Oven Potatoes Calico Beans Fruited Jello</p>	<p><b>21</b> Chili Marinated Vegetables Cornbread Fruit</p>	<p><b>22</b> <b>CLOSED FOR THANKSGIVING</b></p>	<p><b>23</b> <b>CLOSED FOR THANKSGIVING</b></p>
<p><b>26</b> Turkey Rice Broccoli Casserole Green &amp; Wax Beans Fruit</p>	<p><b>27</b> Tahitian Chicken Mashed Potatoes/Gravy Key Largo Blend Vegetables; Pineapple</p>	<p><b>28</b> BBQ Ham Balls Baked Potato Country Trio Vegetables Banana Crème Pie</p>	<p><b>29</b> Salmon Filet w/Dill Sauce Sour Cream and Chive Potatoes Peas Mandarin Oranges</p>	<p><b>30</b> Boiled Dinner (Ham, Cabbage, Potatoes, Carrots) Biscuit Fruit</p>

**HOW DO I GET TO THE SENIOR CENTER?    EMAIL THE CENTER**

**WEEKLY ACTIVITIES: HERMANVILLE 498-7735**

Every Tuesday, Fun Bingo, 12:45 p.m.

Every Wednesday, Sit and Get Fit class, 11:30 a.m. to 12:15 p.m.

Every Friday, Sit and Get Fit class, 11:30 a.m. to 12:15 p.m. Fun Bingo, 12:45 p.m.

**ACTIVITIES:**

Craft Day, Nov. 19, 1 p.m. Foot clinic, Nov. 20, (call 498-7735 to make an appointment). Sit & Get Fit Classes start Nov. 17. **Closed Nov. 22-23 for Thanksgiving.** Birthday Dinner, Nov. 27, noon (call 498-7735 at least one day prior to reserve a seat).