



A MONTH OF SERVICE NOV. 2017

WEDNESDAY, NOV. 1

[Gladstone Senior Center](#) monthly food distribution, 8:30-9:30 a.m. (428-2201)

[Gladstone Senior Center](#) Flu Shot Clinic, noon to 3 p.m. (428-2201)

THURSDAY, NOV. 2

[Foster Grandparent](#) Schoolcraft County Advisory Council meeting, 11 a.m., Upper Crust Deli ([map](#)), Manistique

FRIDAY, NOV. 3

[Foster Grandparent](#) Menominee County In-Service, 11 a.m., [Mid-County Senior Center](#)

MONDAY, NOV. 6

[Escanaba Senior Center](#) Foot Clinic (call 786-8850 for appointment)

[Mid-County Senior Center](#) Crafts with Cheryl, 11 a.m. (753-6986)

TUESDAY, NOV. 7

[Escanaba Senior Center](#) Heart Health Presentation, 11 a.m. (786-8850)

[Gladstone Senior Center](#) Blood Pressure Screening, 11-11:30 a.m. (428-2201)

WEDNESDAY, NOV. 8

[Escanaba Senior Center](#) Craft Day, 10-noon (786-8850)

[Adult Day Services](#) open house, 2635 1st Ave. S., Escanaba, 5-7 p.m.

THURSDAY, NOV. 9

[Governing board](#) meeting, 12:30 p.m., 511 1st Ave. N., Escanaba ([map](#)) (agendas [CAA HRA](#))

[Menominee Senior Center](#) Craft Day, 1 p.m. (863-3256)

[Menominee Senior Center](#) Foot Clinic (call 863-3256 for appointment)

FRIDAY, NOV. 10

[Rock Senior Center](#) Pasty Sale (356-6420)

SUNDAY, NOV. 12

[Rock Senior Center](#) Corp. Dance, 1 p.m., (356-6420)

MONDAY, NOV. 13

[Mid-County Senior Center](#) Foot Clinic (call 753-6986 for appointment)

[Mid-County Senior Center](#) Crafts with Cheryl, 11 a.m. (753-6986)

[Rock Senior Center](#) Craft Day (Seasonal) (356-6420)

TUESDAY, NOV. 14

[Escanaba Senior Center](#) Blood Pressure Screening, 11-noon (786-8850)

[Foster Grandparent](#) Delta County In-Service, 10 a.m., [Escanaba Senior Center](#)

[RSVP](#) volunteers, Red Cross blood drive, noon to 6, Delta Plaza, Escanaba

[Adult Day Services](#) Alzheimer's support group, Gary Abrahamson Jr. Memory Care Center ([map](#)), 2 p.m. (789-2886)

NOV. 14 & 16

[Menominee Senior Center](#) Computer Class, 1-4 p.m. (call 863-3256)

WEDNESDAY, NOV. 15

[Rock Senior Center](#) monthly food distribution, 8 a.m.-3 p.m. (356-6420)

[Gladstone Senior Center](#) Foot Clinic (call 428-2201 for appointment)

[RSVP](#) volunteers, Red Cross blood drive, 9 a.m. to 2 p.m., Delta Plaza, Escanaba

[Escanaba Senior Center](#) Thanksgiving Dinner ([menu](#)), 11:30 a.m. (call 786-8850 to reserve a seat)

[Gladstone Senior Center](#) Thanksgiving Party ([menu](#)), 11:30 a.m. (call 428-2201 to reserve a seat)

[Rock Senior Center](#) Thanksgiving Dinner ([menu](#)), noon (356-6420 to reserve a seat)

[Mid-County Senior Center](#) Thanksgiving Party ([menu](#)), 11 a.m. (call 753-6986 to reserve a seat)

[Menominee Senior Center](#) Thanksgiving Party ([menu](#)), 11:30 a.m. (call 863-3256 to reserve a seat)

THURSDAY, NOV. 16

[Senior Companion](#) annual physicals, 9 a.m., [Bay College](#), Escanaba

[Escanaba Senior Center](#) monthly food distribution, 10-11 a.m. (786-8850)

FRIDAY, NOV. 17

[Foster Grandparent](#) Schoolcraft County In-Service, 10:30 a.m., Upper Crust Deli ([map](#)), Manistique

[Gladstone Senior Center](#) Movie Day ("Cocoon") following lunch, (428-2201)

MONDAY, NOV. 20

[Menominee Senior Center](#) Foot Clinic (call 863-3256 for appointment)

[Menominee Senior Center](#) Blood Pressure Clinic, 9-11 a.m. (863-3256)

[Hermansville Senior Center](#) Craft Day, 1 p.m. (498-7735)

TUESDAY, NOV. 21

[Mid-County Senior Center](#) monthly food distribution, 9-10 a.m. (753-6986)

[Escanaba Senior Center](#) SAIL Presentation, 11:30 a.m. (786-8850)

[Menominee Senior Center](#) monthly food distribution, 11 a.m.-noon (863-3256)

[Rock Senior Center](#) Spin the Wheel, 6 p.m. (356-6420)

NOV. 23-24

ALL CAA SITES AND OFFICES CLOSED FOR THANKSGIVING

TUESDAY, NOV. 28

[Senior Companion](#) Menominee/Delta In-Service, 10:30 a.m., [Escanaba Senior Center](#)

WEDNESDAY, NOV. 29

[Senior Companion](#) Schoolcraft In-Service, 10:30 a.m., Upper Crust Deli ([map](#)), Manistique

[Escanaba Senior Center](#) Birthday Party ([menu](#)), 11:30 a.m. (call 786-8850 to reserve a seat)

[Rock Senior Center](#) Birthday Party ([menu](#)), noon (356-6420 to reserve a seat)

[Mid-County Senior Center](#) Birthday Party ([menu](#)), 11 a.m. (call 753-6986 to reserve a seat)

[Menominee Senior Center](#) Birthday Party ([menu](#)), 11:30 a.m. (call 863-3256 to reserve a seat)

[Hermansville Senior Center](#) Birthday Party ([menu](#)), noon (call 498-7735 to reserve a seat)

THURSDAY, NOV. 30

[Menominee Senior Center](#) Movie Day ("Paris Can Wait"), 12:45 p.m. (863-3256)