



A MONTH OF SERVICE

OCT. 2016

www.mdscaa.org

MONDAY, OCT. 3

[Escanaba Senior Center](#) Foot Clinic (call 786-8850 for appointment)

WEDNESDAY, OCT. 5

[Escanaba Senior Center](#) Craft Class, 10 a.m. (786-8850)

[Escanaba Senior Center](#) Flu Clinic, 12:30-3:30 p.m. (786-8850)

THURSDAY, OCT. 6

[Governing board](#) meeting, 12:30 p.m., Comfort Inn, Manistique ([map](#)) (agendas [CAA HRA](#))

SUNDAY, OCT. 9

[Rock Senior Center](#) Corp. Dance, 1 p.m., (356-6420)

MONDAY, OCT. 10

[Mid-County Senior Center](#) Foot Clinic (call 753-6986 for appointment)

TUESDAY, OCT. 11

[Adult Day Services](#) Alzheimer's support group meeting, Gary Abrahamson Jr. Memory Care Center ([map](#)), 2 p.m. (789-2886)

[Rock Senior Center](#) bake sale, 4 p.m., game night 6 p.m. (356-6420)

OCT. 11,13

[Menominee Senior Center](#) Intro to Windows 10 computer class, 1 p.m. (call 863-3256)

WEDNESDAY, OCT. 12

[Menominee Senior Center](#) Glass craft class, 9 a.m. (call 863-3256)

[Gladstone Senior Center](#) Blood Pressure Screening, (428-2201)

[Gladstone Senior Center](#) Evening Meal ([menu](#)), 5 p.m. (call 428-2201 to reserve a seat)

MONDAY, OCT. 17

[Menominee Senior Center](#) Foot Clinic (call 863-3256 for appointment)

[Hermansville Senior Center](#) Craft Day, 9 a.m. (498-7735)

TUESDAY, OCT. 18

[Hermansville Senior Center](#) Foot Clinic (call 498-7735 for appointment)

[Mid-County Senior Center](#) monthly food distribution, 9-10 a.m. (753-6986)

[Menominee Senior Center](#) monthly food distribution, 11:30 a.m.-1 p.m. (863-3256)

[Rock Senior Center](#) Spin the Wheel, 6 p.m. (356-6420)

WEDNESDAY, OCT. 19

[Gladstone Senior Center](#) Foot Clinic (call 428-2201 for appointment)

[Hermansville Senior Center](#) Health Fair, 9 a.m. to noon (498-7735)

[Rock Senior Center](#) monthly food distribution, 9 a.m.-1 p.m. (356-6420)

[Gladstone Senior Center](#) Brunch ([menu](#)), 11:30 a.m. (call 428-2201 to reserve a seat)

[Menominee Senior Center](#) Birthday Dinner, ([menu](#)), 11:30 a.m. (call 863-3256 to reserve a seat)

[Mid-County Senior Center](#) Birthday Party ([menu](#)), 11:30 a.m. (call 753-6986 to reserve a seat)

[Gladstone Senior Center](#) flu shots, 12:30-3:30 p.m. (428-2201)

THURSDAY, OCT. 20

[Menominee Senior Center](#) Flu Shot Clinic (863-3256 for an appointment)
[Escanaba Senior Center](#) monthly food distribution, 10-11 a.m. (786-8850)

FRIDAY, OCT. 21

[Hermansville Senior Center](#) monthly food distribution, 9-10 a.m. (498-7735)

TUESDAY, OCT. 25

[Gladstone Senior Center](#) Birthday/Halloween Party ([menu](#)), 11:30 a.m. (call 428-2201 to reserve a seat)

[RSVP](#) volunteers, blood drive, noon to 6, Delta Plaza, Escanaba

[Menominee Senior Center](#) Movie Day ("Now You See Me 2"), 1 p.m. (863-3256)

WEDNESDAY, OCT. 26

[RSVP](#) volunteers, blood drive, 9 a.m. to 2 p.m. Delta Plaza, Escanaba

[Escanaba Senior Center](#) Bake Sale, before and after lunch (786-8850)

[Escanaba Senior Center](#) Birthday Party, ([menu](#)), 11:30 a.m. (call 786-8850 to reserve a seat)

[Rock Senior Center](#) Halloween/Birthday Party, noon ([menu](#)), (call 356-6420 to reserve a seat)

THURSDAY, OCT. 27

[Mid-County Senior Center](#) Craft Class, 10 a.m. (753-6986)

[Menominee Senior Center](#) Halloween Party ([menu](#)), 11:30 a.m. (call 863-3256 to reserve a seat)

FRIDAY, OCT. 28

[Mid-County Senior Center](#) Halloween Party ([menu](#)), 11:30 a.m. (call 753-6986 to reserve a seat)



MONDAY, OCT. 31

[Escanaba Senior Center](#) Halloween Party ([menu](#)), 11:30 a.m. (call 786-8850 to reserve a seat)

[Hermansville Senior Center](#) Birthday Party ([menu](#)), noon (call 498-7735 to reserve a seat)