

Personal Care Services hires bonded aides who receive ongoing training and are knowledgeable in working with Hoyer lifts and people in wheelchairs.



Personal Care Services is a great resource for families who want to **share in the care** of their loved ones.



The MDSCAA Personal Care Services Program is funded by the Administration on Aging, Aging and Adult Services, and local funds.

CAA is an equal opportunity provider and employer.

March 2018

Personal Care Services is one more way Community Action Agency improves the quality of life for people of all ages throughout Menominee and Delta Counties.

Community Action Agency has been offering a myriad of services since 1965, all advancing our mission, which is:

*Empower and assist people to improve and sustain their quality of life through nurturing, education, housing, nutrition, volunteerism, in-home support services and advocacy.*

**Some of our other services:**

- Head Start
- Home-Delivered Meals
- Senior Citizens Centers
- Weatherization (reducing utility bills by making your home green)
- Homemaker Aides
- Promoting volunteer services for our seniors
- Adult Day Services for those with dementia, including Alzheimer's

It's never too early to start thinking about the benefits of Personal Care Services. We're just a phone call away:

**789-0705** OR  
**1-800-259-4477**

# Caregivers: **WE CAN HELP!**

## **PERSONAL CARE SERVICES**

**If you need help,  
call us today**

*For residents of  
**ALL AGES** in*

*Menominee and Delta Counties*



**CAA** **COMMUNITY ACTION AGENCY**  
**HRA** **HUMAN RESOURCES AUTHORITY**

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## PERSONAL CARE SERVICES

### WHY

**Sometimes** it's about a little help with daily tasks around the home...

**Sometimes** just a little help is needed when a loved one is recovering from illness or surgery...

**Sometimes** a relative just needs some time off from caregiving...

**Sometimes** help is needed on a regular basis so you or your relative can choose to remain home.

### FLEXIBILITY

What if you only need Personal Care Services for a short period? By working with our Personal Care Supervisor, care plans will be developed in order to meet your needs.

If you or anyone you know need this service, call the Community Action Agency Personal Care Supervisor just to chat about the service or to schedule an in-home visit ... at no cost.

## WHAT'S INCLUDED

Your Personal Care provider can help with various tasks, like...

- Caregiver Respite
- Bathing
- Dressing
- Hair Care
- Meals
- Walking
- Medicine Reminders
- Light Housekeeping
- Range of Motion

## WHAT'S NOT INCLUDED

Personal Care providers cannot provide nursing care (such as wound care, administer injections, provide foot care, or be responsible for follow-up medical orders from the hospital or physician).

## WHAT'S THE COST

When applying for our program, our personal care supervisor will let you know if grant funds are available at the time of your assessment.

Personal Care Services are also available at reasonable hourly rates. The Personal Care supervisor will be happy to review these fees with you and your family in order to explore all your options, such as private pay or insurance.

You may also be eligible for Medicaid waiver or VA Benefits -- which will reduce your out-of-pocket expenses.

**Service availability is contingent on staffing.**

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