

**MENOMINEE DELTA SCHOOLCRAFT
COMMUNITY ACTION AGENCY**

Senior Services

VISIT OUR WEBSITE AT MDSCAA.ORG

CHECK US OUT ON FACEBOOK

**MONTHLY NEWSLETTER
MARCH, 2025 Vol. 12 No. 3**



**THIS MONTH'S MENU FOR ALL
SENIOR CENTER IS ON PAGE 11.**

ESCANABA (p. 2-5)

225 N. 21st St.
Escanaba, MI 49829
Phone: (906) 786-8850
Hours: M-F 8-3

HERMANSVILLE (p. 12-13)

W5480 1st St.
Hermansville, MI 49847
Phone: (906) 498-7735
Hours: M-F 9-3

MID-COUNTY (p. 14-15)

202 S. US 41
Daggett, MI 49821
Phone: (906) 753-6986
Hours: M-F 8-3

GLADSTONE (p. 8-9)

303 N. 8th St.
Gladstone, MI 49837
Phone: (906) 428-2201
Hours: M-F 8:30-3:30

MENOMINEE (p. 6-7)

905 10th St.
Menominee, MI 49858
Phone: (906) 863-3256
Hours: M-F 8-3

ROCK AREA (p. 10-11)

3892 W Maple Ridge 37th Rd
Rock, MI 49880
Phone: (906) 356-6420
Hours: MWTh 8-3 Tu 11-7

HARBORS
RETIREMENT COMMUNITY

*Excellence in Senior Living
at Affordable Prices*

Apartments Available!
www.harborcommunity.com
906.863.3300

NORTHWOODS
REHABILITATION

The Choice is Yours.

2 Convenient Locations
Escanaba 789-2404
Gladstone 428-3085

um UPPERMICHIGANLAW.COM

JESSICA BRAY, GABE CAMERON, SAM LARRABEE, KATIE CLARK

**FIGHT BACK WITH THE RIGHT PROTECTION
CALL (906) PROTECT**

Garceau
INSURANCE AGENCY

"Customer Service is Our Most Important Policy"

**MEDICARE
ANNUAL ELECTION PERIOD
October 15 thru December 7**

Call Margo
906-789-0900

**Harbor
Towers**

Seniors (62 & Older) go to the top of the waiting list. Placement for Seniors should be very quick.

Safe and Secure building.
**Call with questions.
906-786-6229**

**NORTHLAND LUTHERAN
RETIREMENT COMMUNITY, INC**

LUTHER MANOR

Assisted living offering three meals per day, personal care, medication management, activities, private rooms with private baths and spacious 2 room suites in a safe and secure environment.

Our excellent **Staff Members** can offer you the care you need and the independence you desire.

MARINETTE, WI
715-732-5800
www.northlandlutheranwi.com

Bishop Noa Home
Sisters of St. Paul de Chartres

2900 3rd Avenue South, Escanaba, MI
tel: (906) 786-5810 • fax: (906) 786-5372
www.bishopnoahome.com

Crawford
FUNERAL HOMES

ESCANABA (906) 786-0074
BARK RIVER (906) 466-2211
www.crawfordfuneralhomes.net

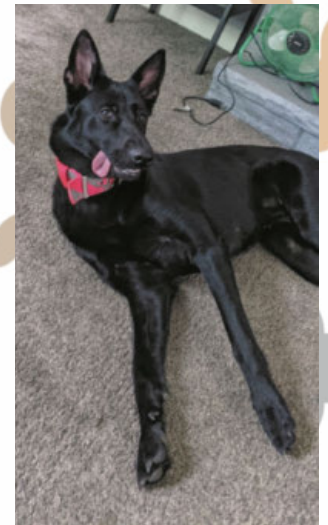
DIRECTORS
JAMES D. CRAWFORD
CAREN L. CRAWFORD
DONALD J. CRAWFORD

Senior Services Employee Spotlight

Hello, my name is Evan McKnight, and I am excited to serve as the Senior Services In-Home Scheduler and Coordinator for the Community Action Agency (CAA) at our Escanaba Administration Building. I joined the Agency last year as a receptionist and had the privilege of being warmly on-boarded by the Senior Services team.

I take great pride in ensuring that essential services are provided to our aging and at-risk population. Having been a caregiver myself in recent years and experiencing the challenges that come with it, I deeply understand the responsibility and determination it takes when you or your loved ones are in need of support. It's rewarding to know that I can help ease the minds of those who rely on these vital services.

I returned to the Escanaba area in 2018. I was raised here from childhood and can't seem to stay away. Throughout much of my career, I've worked in kitchens, and I can confidently say that ramen is a staple in my diet! I'll cook on rare occasions now-a-days, unless it's for someone else! These days, my free time is limited, as I balance work, college courses and my hobby for building websites and web applications. I enjoy delving into documentaries, particularly those on ancient history. When the weather is nice, you'll often find me at Vagabond Resort on the water with my German Sheperd; Iris.



ST. PATRICK'S DAY WORD SEARCH

E H V W E P Y Y W E G I K O U B G Q G R
 F H K Y M I Z A J J N T M N C B C N K V M W J J I Q L R
 S O P L W Z C T J U P M C P M K T W S A N S N L F
 U P Q A X R R L A R L S K N N I U S A T L O L R
 H R A C K E Y E T C C D S O J C G K C B J E K O V H K Z
 S A D S R Y A E S T Z O M W E U H M N A Y R E L O R D Z I
 J E R V V A Q I O N M R B X N J F L L E S E N Q D X B V B E
 L A E O V W N P M B N O C F E E S E N Q D X B V B E
 A F D A I X N B J G G O C F E E S E N Q D X B V B E
 A U A W A R T B S B S F W A Q R R H K F F O L C T A A
 J U G R L P F C A V N B G V Z R R F F O L C T A A
 H E O E B T W H P I N S B C H O V D M V J V L E D C C F F
 I A Z R B E T B P U N S B Y J D A W V J D E D L O B O
 A D H L B V M L J G R H Z J H W J Q U R E A S F
 O C F P S X L J G R H Z J H W J Q U R E A S F
 W Y I D S H A M R Q O L C K G F J X T Y N T Q P M F
 P U I A A M R Q O L C K G F J X T Y N T Q P M F
 Y Z O R M A A J D R Z N U R D R Z N U R D R Z N U R

- | | | |
|---------------|----------------|---------------|
| Saint Patrick | Ireland Wishes | Clover Parade |
| Leprechaun | Shamrock | March |
| Rainbow | Green | Pinch |
| Gold | Lucky | Emerald |



Shamrock Facts

St. Patrick was not Irish, he was from Wales. He is remembered for bringing Christianity to Ireland.

The shamrock is Irelands national flower. It represents the holy trinity.

The Leprechaun is an Irish unfriendly fairy. If you catch one they are forced to tell you where their pot of gold is.

An Irish tradition is to pinch someone who does not wear green on St. Patrick's Day.

Since 1962 the Chicago River is dyed green to celebrate St. Patrick's Day.



Wishing you the luckiest St. Patrick's Day

IF YOU HAVE MEDICARE & MEDICAID

... you may qualify for additional benefits.

As an experienced local independent agent, I work for you. Contact me if you'd like to set up an appointment to learn more about your specific Medicare health plan options.

Call me, Margie
The Insurance Gal at:
906-553-8684
mprestonlyon@myhst.com
212 S 14th St • Escanaba, MI 49829

Not connected with the Federal Medicare program. This is an advertisement for insurance. We do not offer every plan available in your area. Any information provided is limited to those plans offered in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

Birthday Celebration

March 26 at 12 noon

Join us to celebrate the March birthdays by dining in or pick up a lunch of **Chicken Bacon Penne Pasta, Italian Blend Vegetables, Side Salad, Diced Peaches, Breadstick, and Birthday Cake.**

If you have a birthday in March and a congregate meal reservation, we will put you in a birthday flower arrangement drawing. A card is given to those with a birthday in March with a gift inside.

Everyone who has a congregate meal reservation will be entered into a drawing for one of two \$10 gift cards from a local business. Suggested donation is \$4.50 for the meal. Limit 1 per person.

Call the center to reserve a meal before March 24.

906-786-8850

Medicare Open Enrollment

LAST CHANCE to change your Medicare Advantage Plan for 2025 — You can change it until March 31

- ⇒ Are you confused with Medicare?
- ⇒ Do you know someone turning 65 this year?
- ⇒ Do you need help with your drug plan?
- ⇒ Do you know someone in a different state who needs help? I can give them their states info.
- ⇒ See if you qualify for “extra help” with your medications and Part B premiums.
- ⇒ Let us educate you on how Medicare works for you.
- ⇒ We can also help with Medicaid applications and redeterminations.

MMAP
MICHIGAN MEDICARE/MEDICAID ASSISTANCE PROGRAM
Navigating Medicare

Call for an appointment
Escanaba Senior Center
906-786-8850

Commodities Distribution Dates

CSFP commodities—for Seniors 60+ who prequalify by household income. One set per household—every other month.



The next distribution is Thursday, March 20 at 10 - 11 a.m. at the U.P. State Fairgrounds

DATA Bus will deliver CSFP monthly commodity boxes for seniors. Cost \$1 per box, paid to driver at delivery.

Escanaba city limits only.

Call Senior Center at 786-8850 to get on this list.

This is an equal opportunity provider.



Toe Nail Clinic



The North Woods Home Health Nurses will be at the Escanaba Senior Center on March 6 & April 3 from 1:00—3:00 p.m.

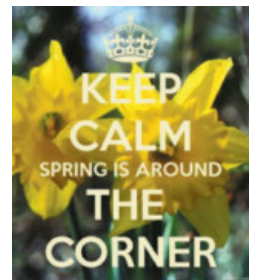
Schedule your appointment by calling 786-8850. Cost is \$22 and bring your own bath towel.



DAYLIGHT SAVING TIME SPRING FORWARD



Sunday, March 9 at 2:00 a.m.



Weekly Activities at the Center

BINGO — Tuesday's from 1–3 p.m.
25 cents per card / per game.

LINE DANCING — Monday & Thursday
from 1-2:30 p.m.

'500' CARDS — Wednesday's
from 12:30–3 p.m.

Join us for some activities!



St. Patrick's Day Lunch

Come celebrate St. Patrick's Day on
Monday, March 17 at 12 noon.

We are serving corned beef, cabbage, potatoes,
carrots, bread, apple slices, and pistachio dessert.

There will be door prizes given away and many
laughs. Reserve your meal by calling
906-786-8850 before March 14.

Home Heating Credits and
Homestead Property Tax Credits
are offered by the State of Michigan. You will need
the following documents to file these credits.

- * 1099 Social Security statement for 2024.
- * Any interest and dividend income for 2024.
- * Pensions, annuity, and IRA benefits for 2024.
- * SSI benefits for 2024.
- * Summer and winter property tax statements for 2024
or your 2024 rental receipts.
- * DTE statement showing how much you were billed
from 11-1-23 through 10-31-24. See December billing.
- * Medigap and Part B monthly premiums for 2024.

Call 906-786-8850 for instructions.



TEFAP Food Distribution

Every Tuesday from 1–3 p.m. at the
Escanaba Senior Center.

You will be required to provide your name
address, household size, and how you are eligible. Partic-
ipants must fall at or under 300% of the Federal poverty
income guidelines. Current participants of SNAP, WIC,
CSFP, FPDIR, and SSI automatically qualify.

All income is self declared and must be self declared at
each distribution in writing or verbally.

See to the right for new income guidelines.

You can visit once per calendar month.

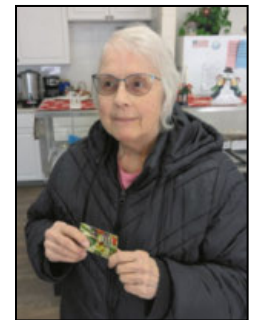
This institution is an equal opportunity provider.

Congregate "January" Birthdays

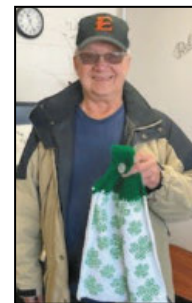
Tammy B. won the flower arrangement from
Wickert Floral. Also happy birthday to Bonnie B.,
Karl B., Marilyn C., Vern D., Lois E., Pat J., Joan S.,
Marv K., Sandra P., and Lois E.



Congratulations Birthday Party Winners!



Winners of the January birthday drawing for a gift
card to Menards were Ruth C. and
Evonne B. (above-left to right) *Congratulations!*



Visit us on Facebook
for up-to-date
information and more
pictures.

Towel winners were Rose K. and Sherman
M. (left to right) Thank you Gayle S.
for your handmade towel donations.



New TEFAP income guidelines

300% of Federal Poverty Income is as follows:

- 1 in house with gross income under \$3,765
 - 2 in house with gross income under \$5,110.
 - 3 in house with gross income under \$6,455.
- are eligible for TEFAP Food Commodities.



CAA Menominee Senior Center

905 10th St., Menominee
Phone: (906) 863-2158

*Find us on Facebook!
(search for Menominee Senior Center)*

CAA/Menominee Senior Center business hours:

Monday through Friday 8:00 a.m. to 3:00 p.m.

Please call at least a day in advance to schedule your bus ride, or to reserve a meal.



St. Patrick's Day Party:

We will be celebrating St. Patrick's Day on March 17th. Our party at the center will begin at approximately noon. We have the traditional corned beef & cabbage meal and Irish music. Following lunch, we will play bingo. Seating is limited, so please call in your reservation. Wear a bit o' green to be entered to win a random drawing of green.



LOOKING FOR ACTORS! We are still looking for a few actors for our upcoming Mardi Gras murder/mystery dinner party. If you wish to play a small part, please call the center.

FEBRUARY TRIVIA

QUESTION/ANSWER:

"Somewhere in Time" was filmed partially on location on Mackinac Island. Many scenes were filmed in and around the Grand



Hotel. In what year did the Grand Hotel open for business?

ANSWER: C.) 1887

The hotel opened on July 10, 1887, after taking a mere 93 days to complete. At its opening, nightly rates at the hotel ranged from \$3 to \$5 a night.

SAVE the DATE: March 4

Mardi Gras Murder Mystery Dinner Party

The center is planning on hosting a murder/mystery dinner party on Mardi Gras day Fat Tuesday. Come dressed in Mardi Gras party attire (sequins, shiny clothes etc.) We will have some props for you to wear too. We will have limited seating available, so call to reserve your seat in advance.



MARCH TRIVIA QUESTION: "The Brasher Doubloon" was the first gold coin minted in America. In what year was the first U.S. gold coin minted?



HOMESTEAD/HOME HEATING TAX APPOINTMENTS:

Tax assistance season is upon us. We are now taking appointments for Homestead and Home Heating Credit tax credits. April 15 is not the ending date to file for these individual credits, so please do not panic. Please get your paperwork together though while waiting for your appointment. What you need:

Proof of income for 2024. This includes your Social Security-1099 statement, and any other 1099 tax statements from 2024 from pensions, annuities and other income. We need to know your total gross and net income in 2024. If you are filing for a Homestead Tax Credit, we will need your tax information for 2024 including your taxable value of your homestead, and what you paid for taxed. For your Home Heating Credit, we need what you paid for heating costs from 11/1/23 through 10/31/24.

We can deduct things like your insurance premium costs for healthcare, including Medicare premiums, and your PIP premiums on your car insurance. If you would rather drop your tax information off, and have us call you when it is done, you can do that too. If you have questions, or need an appointment, please call the center.

March Trivia Answer Entry:

ANSWER: _____

Your Name: _____

Phone: _____

One entry per person.
Return to Menominee Senior Center.



Medicare Minutes

*By Renelle Betters
MMAP Counselor
CAA/Menominee Sr. Center*

MMAP counselors can assist you with a variety of Medicare or Medicaid issues. Some examples are:

- *Explain insurance coverage in simple terms.
- *Assist with appeals when there are issues with billing or claims.
- *Help apply for assistance for Medicaid or low-income subsidy programs.
- *Help finding patient assistance programs.

MMAP Counselors are located at most of our Senior Centers in the U.P. and lower Michigan.

MEDICARE ADVANTAGE OPEN ENROLLMENT PERIOD: JANUARY 1-MARCH 31, 2025

In this timeframe, if you are enrolled in a Medicare Advantage plan, you are eligible to look at and compare other Medicare Advantage plans, and find a different one of the same level (meaning including a drug plan etc.) to change. You could also drop your Medicare Advantage plan, and return to original Medicare and pick up a stand-alone drug plan. Each decision should be reviewed carefully so that you understand your coverage.

For example: If you are looking to return to original Medicare, pick up a stand-alone drug plan, and pick up a Medigap supplemental insurance plan, know that outside of your initial enrollment window, or new to Medicare Advantage window, the Medigap insurance companies will ask health questions, and depending on your health status could deny you coverage. It may also take a little time for an agent to get back to you, so don't wait until the last minute.

So, before you change totally, do your research, or make an appointment with a MMAP counselor to help you understand changes you may want to make to your Medicare coverage.

CSFP Volunteers needed

We are looking for a few able-bodied persons to assist with the next CSFP distribution on March 18. If you, or a friend can help, please call the center (906)863-2158.

Upcoming Foot Clinics: To be determined

We haven't received confirmation on the next foot clinics. Please call after February 20 for future dates. A licensed nail tech will be here for your foot health. Visit includes: trimming of toenails, thinning of thickening toenails and debridement (if necessary), and finishes off with a mini foot massage. Cost is \$22 and please bring your own bath towel. Appointments are necessary, and fill up fast. Call the center to reserve your spot. Spots fill up quickly!



**March Birthday Party:
March 26**

We will be celebrating March birthdays on March 26. If you have a birthday in the month of March, and pick-up a meal or dine-in at the center, you have the option of having your picture taken, and will also receive a small gift from us. Please let us know if you have a birthday when you make your reservation. Also, please let us know if you will be dining in or taking one out. See our menu for the birthday meal menu details. *Please register at least a day in advance or more for your meal.*



Menominee CSFP Program

CSFP commodity distribution takes place bi-monthly in Menominee County every third Tuesday. The next distribution for Menominee Senior Center is set for

NEW START TIME FOR 2025!

11:30am-12:30 pm on Tuesday, March 18.

This will take place in the parking lot on 11th Avenue behind the Holy Spirit Church.

This is a drive-up distribution.

(If inclement weather happens, please call the center for updated distribution details)

(For CSFP, you must be age 60 and over and within income guidelines. You will need to certify with the center in advance to qualify.)

Note: *Each center has its own dates/times for CSFP distribution. Contact your local center for more details about the CSFP program.*

This institution is an equal opportunity provider.

CORPORATION CORNER

In a few weeks we can officially welcome Spring and look forward to both the longer daylight and warmer temperatures. But first don't forget to set your clocks ahead on March 9th and then celebrate the first day of Spring on March 19th. Our thanks for the responses to our 2025 membership drive, and there are forms still available at the Center for those who did not receive a mailing this year. We greatly appreciate the support of your local Senior Center.

The annual membership fee of \$10.00 is not required to receive services provided week days at the Center by the MDS Community Action Agency, but is used by the Gladstone Senior Citizen Non Profit Corp. to pay for the expenses and maintenance of the Senior Center.

Gladstone Senior Citizens NP Corp, P.O. Box 211, Gladstone, MI 49837
For more information, please call Carol at 906-553-1747, or Bonnie, 906-241-8755

TEFAP Food Distribution

Every Tuesday from 1:00 p.m. - 3:00 p.m. at the Gladstone Senior Center
Income based for people 18+ years old.
300% below Federal Poverty Income
You can visit once per month.
This is an equal opportunity provider




Birthday Lunch
Wednesday, March 26
Chicken Bacon Penne Pasta
Italian Blend Vegetables
Side Salad, Diced Peaches
WW Breadstick
Birthday Cake
Call 428-2201 by March 21

Foot Clinic Northwood Nursing

When: March 20
Time: 1:00 - 3:00 p.m.
Cost: \$22.00
Bring your own towel
Call Center at 428-2201 for an appointment




St. Patrick's Day Meal
Monday March 17
Corn Beef, Boiled Cabbage
Carrots, Potatoes
Apple Slices
WW Bread
Pistachio Dessert
Call 428-2201 by March 12

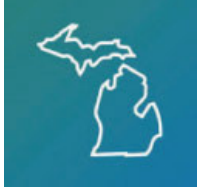
Movie Day

"Manhattan Murder Mystery"
Friday, March 21 @ 12:00 p.m.
Popcorn and snacks will be provided
call 428-2201 to sign up.




Craft Day
Tuesday, March 11
12:15- 2:00 p.m.
Call 428-2201 to reserve a spot

Mobile Secretary of State
March 4
11:00-3:00 p.m.
Call 428-2201 for appointment to set up appointment



Commodity Supplemental Food Program
a Senior Food Assistance Program

Wednesday
March 5
9:00-9:30 a.m.

Find us on Facebook search Gladstone Senior center.

Or visit MDSCAA.ORG to find all the services available through Community Action Agency



BINGO

Public bingo is available Thursday afternoons at the Gladstone Senior Center to benefit center activities. It is open to all over 18.

Ball tickets go on sale at 12:05 p.m. and Early Birds start at 1 p.m. All funds raised help purchase items for the center. Plan on coming and joining in on some fun and you may even win some money for yourself!

Hope to see you!



Tuesday March 4

Chicken and Sausage Jambalaya
Corn on the cob
Tropical Fruit

January Birthday

Barb P



Carol S



Bonnie A B-day month Gift Cert.



Karl H



Lee A



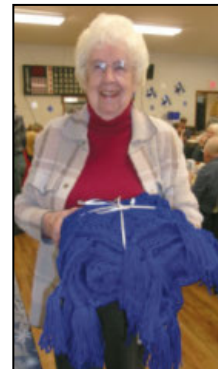
Cathy G



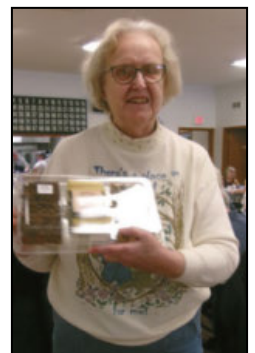
Cheryl W



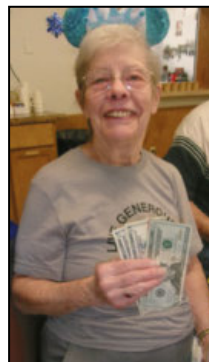
Joan L



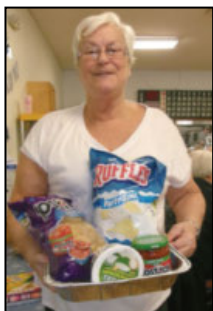
Nancy F



Sharon A 50/50



Evelyn A



Jim K



Ray B



Trudy B





It's March already??? Hope it does go out like a lamb—but not usually!! We have warm hearts for the chilly months here in Rock, though! Please come along for some fun—and never fear, the coffee is always on!

Come join us soon— Becky
906-356-6420 is our number!

MARCH EVENTS

MON 3/3	Corporation Returnable Can Drive ends
WED 3/5	CSFP Senior Commodities
THURS 3/6	Movie Day after lunch! Cornell meets
SUN 3/9	Corporation Dance!
TUES 3/11	Birdwatching Class after lunch
MON 3/17	St Urho & Patrick's party!
TUES 3/18	Crafts after lunch
THURS 3/20	Spring Music Jam after lunch!
WED 3/26	Birthday Party & Secretary of State Mobile Unit

Bingo on Mondays! Exercise on Tuesdays & Thursdays! Poker, Cribbage & blackjack too! Please come join us for a dine in or drive thru any day! We are open Monday—Thursday!
Call 356-6420 to sign up for a meal or more information!

Exercise Class
every Tuesday & Thursday at
9:30 a.m.

CSFP Senior Commodities
Wednesday
March 5th @ 11:15

Straight from the truck!
Ever wondered if you qualify?
Call and get more info! 356-6420



First Day of Spring Music Jam!
Thursday, March 20th
Bring an instrument or come ready
to listen to some music after lunch!

St. Urho's &
St. Patrick's Day Party!

Monday, March 17th

Come for some
traditional Irish fare
and some good ol' Finn Food at meal time



and...

SPECIAL SPEAKER on
The legend of St. Urho!!!
Jane Mattila Lynch
12:30

The Bookmobile will be here at 1PM!!

Movie Day!

Thursday, March 6th after lunch!
Choose from a new movie or a classic!
Popcorn & candy provided!



Online Birdwatching Class!

Tuesday March 11th after lunch!



March Craft Day!

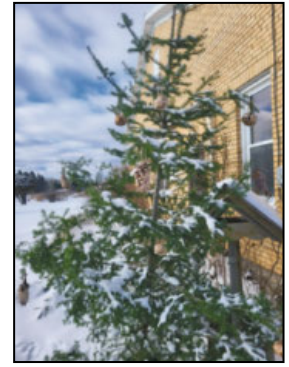
Tuesday, March 18th
after lunch!

Call & reserve a spot!!

Senior Corporation Dance!
Sunday, March 9th
1-4 pm
Featuring the band
"Country Express"

Secretary of State
Mobile Office
March 26th
10 to 2 pm





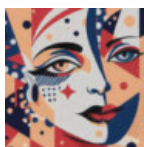
We are always trying new things here at the center! This month the crafters tried “mandala painting” which is producing beautiful patterns with dots and swirls. Look at the wonderful results above! Jean was a big winner at the Birthday party. We have repurposed our Christmas tree into a big bird-feeder! This month we are trying a music day. Come join us for some fun. Everyone welcome!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Country Fried Steak w/ Gravy; Mashed Potatoes Green Beans Applesauce WW Bread</p>	<p>4 Chicken & Sausage Jambalaya Corn on the Cob Stewed Tomatoes Tropical Fruit</p>	<p>5 Cheese Tortellini w/Marinara Sauce Capri Vegetable Blend Side Salad Warm Fruit Compote; Bread</p>	<p>6 Turkey Vegetable Soup BLT Sandwich Ambrosia</p>	<p>7 Tuna Noodle Casserole Diced Carrots Brussel Sprouts Mixed Fruit Cup</p>
<p>10 Grilled Chicken w/Gravy Mashed Potatoes w/Gravy Sicilian Blend Vegetables Fruit Cocktail WW Bread</p>	<p>11 Beef & Macaroni Casserole Malibu Vegetables Green Peas Apple Sliced WW Bread</p>	<p>12 BBQ Pork Chop over Rice Capri Vegetables Corn Mixed Fruit Cup WW Bread</p>	<p>13 Sloppy Joe w/ Bun Mixed Vegetables Potato Wedges Fruit Cocktail</p>	<p>14 Fish Sticks Root Vegetable Blend Green Beans Diced Pears WW Bread</p>
<p>17 St. Patrick's Day Corned Beef, Boiled Cabbage, Carrots, Potatoes Apple Slices Pistachio Dessert  Limit 1 per person WW Bread</p>	<p>18 Sweet & Sour Pork o/Rice Stir Fry Vegetables Oriental Salad Pineapple Tidbits</p>	<p>19 Chicken Stroganoff w/Egg Noodles Mixed Vegetables; Peas Diced Pears WW Bread</p>	<p>20 Ham & Bean Soup Tossed Salad Mandarin Oranges Cornbread</p>	<p>21 Battered Pollock Fish Sandwich Root Vegetable Blend Cream Corn Fruit Cocktail</p>
<p>24 Dinner Frank w/Bun Malibu Blend Vegetables Corn Mixed Fruit Cup</p>	<p>25 Swiss Steak w/Stewed Tomatoes over Rice Mixed Vegetables Was Beans Fruit Cocktail</p>	<p>26 Congregate Birthday Limit 1 per person Chicken Bacon Penne Pasta Italian Blend Vegetables Side Salad; Diced Peaches WW Breadstick;  Bday Cake</p>	<p>27 Beef Stew Peas Sweet Potato Fries Biscuit Cinnamon Applesauce</p>	<p>28 Veggie Cheeseburger W/Bun Boiled Red Potatoes Sliced Carrots Pineapple Tidbits</p>
<p>31 Hamburger Gravy over Mashed Potatoes Green Beans Tropical Fruit WW Bread</p>	<p><i>Menu subject to change</i></p>	<p>This menu is for all our senior centers. Call your senior center with questions/comments.</p>		



Everyone did their own version of a snowman in January's art class. It was so fun seeing them all come to life. Pat S. said everyone should try it. Even with her Parkinson's she finished a very unique and beautiful painting. Call the office for the next class opening's. 906-498-7735

Mardi Gras Dinner is Tuesday
3-4-25 Chicken & Sausage Jam-
balaya, Corn on the Cob 11:30



St. Patrick's Dinner is Monday
4-17-25 Corned Beef & Boiled
Cabbage, Carrots and Potatoes
11:30



1st Day of Spring Dinner is
Thursday 4-20-25 Ham and
Bean Soup with Tossed Salad
11:30



Birthday Dinner is Wednesday
4-26-25 Chicken Bacon Penne
Pasta 11:30 call ahead for all.





**MICHIGAN SECRETARY OF STATE
MOBILE OFFICE
IS COMING TO YOU**

The Secretary of State Mobile Office will be visiting
Hermansville Senior Center
to provide service to
Seniors of Hermansville Senior Center to
complete Secretary of State transactions

Date: March 11, 2025
Time: 12:30 p.m. to 3:30 p.m. CST
Location: W5480 1st St, Hermansville, MI 49847
Lower- Level Township Room
All ages welcome!

Book a visit to complete your Secretary of State transactions, including:

 First-time Michigan ID	 Renew driver's license or ID	 Transfer title	 Apply for/renew disability placard
--	--	---	--

For more information or to schedule
your visit during this Mobile Office
event, contact:
Barb Peters
at bpeters@mndscas.org
Call: 906-498-7735





OUR CRAFTERS ARE MAKING SOME VALENTINES. SOME OF OUR CRAFTERS TOOK SUPPLIES TO GO AND WE ARE CALLING IT "TAKE & MAKE". VICKY WAS BRINGING A HEART VALENTINE TO A 100 YEAR OLD CLIENT OF OURS!



THANK YOU TO SUPER ONE FOODS AND LOCAL MANAGER SCOTT, FOR THINKING OF OUR PANTRY WHEN THEY BROUGHT BACK THEIR "FOOD BANK DONATION BAGS".



OUR CONTINUAL TREE IS STILL UP! WE'RE GOING TO KEEP IT AS A NICE CONVERSATION PIECE. WE MAKE ORNAMENTS FOR IT. THIS MONTH IT'S SNOWFLAKES!

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Mid County Senior Center rummage sale June 5-6 More information forthcoming!



Daylight Savings begins March 9th!

March 2025 Activities

- March 4-Fat Tuesday dinner with Paczki's.
March 12- Craft class at 1pm making the wooden trays that were scheduled for the January class which was cancelled due to weather.
March 13-Michigan Secretary of State Mobile office here beginning at 10 am.
March 18- CSFP distribution from 9-10 am only. Please arrive during this time as the truck leaves promptly at 10 am. Do you have your new green eligibility card? If not, you need to recertify with the office. Do not bring back empty boxes to the senior center as we do not have adequate storage space to house them.
March 26- Monthly Birthday Party Dinner with 50/50 raffle, door prizes, cake, ice cream and bingo. Is your birthday in March? Let the office know when reserving a meal and you will be honored with your picture in the Journal, card, sweet treat & a complimentary nutrition meal certificate.

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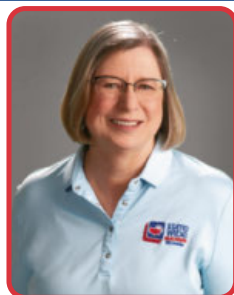
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MICHIGAN SECRETARY OF STATE MOBILE UNIT WILL BE AT MID COUNTY SENIOR CENTER ON THURSDAY MARCH 13TH BEGINNING AT 10AM. YOU CAN RENEW YOUR REGISTRATION, LICENSE OR STATE ID; REGISTER TO VOTE; CHANGE YOUR ADDRESS; JOIN THE ORGAN DONOR REGISTRY; TRANSFER A TITLE, OR APPLY FOR/RENEW DISABILITY PLACARD. APPOINTMENTS ARE NECESSARY. PLEASE CALL THE CENTER AT 753-6986 TO SCHEDULE YOURS.



March Exercise Dates

Wednesday March 5 at 11am
 Wednesday March 12 at 11am
 Wednesday March 19 at 11am
 Monday March 24 at 10 am
 Coffee and social time to follow



MARCH BIRTHDAY WISHES TO PAT K. WHO CELEBRATES HIS BIRTHDAY ON MARCH 1ST



Let's Celebrate Fat Tuesday!

Lent begins in March, and with that in mind, we will celebrate "Fat Tuesday" with traditional Paczki's for all those who participate in the congregated meal on Tuesday March 4th. Menu is Chicken & Sausage Jambalaya, corn on the cob, stewed tomatoes & tropical fruit. Please call in your meal reservation no later than Friday Feb. 28 so I have enough time to order the Paczki's.

Thank You to the late Floyd Sr. & Patricia Hollsten for their generous donation to our home delivered meal program
 AND

Harlan & Judy Anderson and Thrivent for their battery donations to the senior center for the congregated meal participants at the January birthday party!

TAX TIME IS HERE!!

Most seniors qualify for 2 tax credits offered by the State of Michigan. They are the Homestead Property Tax Credit and the Home Heating Tax Credit. Certain documents are needed to file these credits. These include:

- ⇒ 1099 Social Security statement for 2024
- ⇒ Interest and dividend income for 2024
- ⇒ Retirement pension, annuity & IRA benefits for 2024
- ⇒ SSI benefits for 2024
- ⇒ Summer & winter property tax statements for 2024 OR rental receipts
- ⇒ A printout from your fuel provider showing how much you were billed for fuel from November 1, 2023 through October 31, 2024

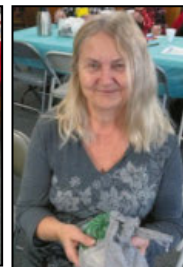
If you have a supplemental health insurance policy besides Medicare, include proof showing how much you paid for that policy in 2024. Dental, vision & prescription drug premiums may also be claimed. Not all of these documents may pertain to you. Call the center for an appointment.

As a reminder, I do not prepare federal or state tax returns.

January Birthday Winners



Barb E won pasties



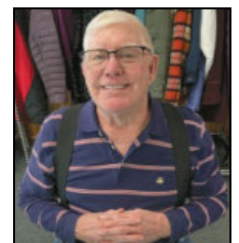
Judy F won pasties



Alice F won a portion of the 50/50 & coffee!



Cliff B won a portion of the 50/50



Say cheese Harlan!



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MONTHLY NEWSLETTER
MARCH, 2025 Vol. 12 No. 3



OR CURRENT RESIDENT

March 9 @ 2:00 a.m.

This month's menu for all senior centers is on **PAGE 11**



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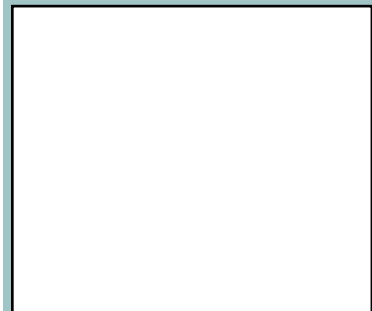
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