

**MENOMINEE DELTA SCHOOLCRAFT
COMMUNITY ACTION AGENCY**

Senior Services

VISIT OUR WEBSITE AT MDSCAA.ORG

CHECK US OUT ON FACEBOOK

**MONTHLY NEWSLETTER
FEBRUARY, 2025 Vol. 12 No. 2**



**THIS MONTH'S MENU FOR ALL
SENIOR CENTER IS ON PAGE 11.**

ESCANABA (p. 2-5)

225 N. 21st St.
Escanaba, MI 49829
Phone: (906) 786-8850
Hours: M-F 8-3

HERMANSVILLE (p. 12-13)

W5480 1st St.
Hermansville, MI 49847
Phone: (906) 498-7735
Hours: M-F 9-3

MID-COUNTY (p. 14-15)

202 S. US 41
Daggett, MI 49821
Phone: (906) 753-6986
Hours: M-F 8-3

GLADSTONE (p. 8-9)

303 N. 8th St.
Gladstone, MI 49837
Phone: (906) 428-2201
Hours: M-F 8:30-3:30

MENOMINEE (p. 6-7)

905 10th St.
Menominee, MI 49858
Phone: (906) 863-3256
Hours: M-F 8-3

ROCK AREA (p. 10-11)

3892 W Maple Ridge 37th Rd
Rock, MI 49880
Phone: (906) 356-6420
Hours: MWTh 8-3 Tu 11-7

HARBORS
RETIREMENT COMMUNITY

*Excellence in Senior Living
at Affordable Prices*

Apartments Available!
www.harborcommunity.com
906.863.3300

**NORTHWOODS
REHABILITATION**

The Choice is Yours.

2 Convenient Locations
Escanaba 789-2404
Gladstone 428-3085

um UPPERMICHIGANLAW.COM

JESSICA BRAY, GABE CAMERON, SAM LARRABEE, KATIE CLARK

**FIGHT BACK WITH THE RIGHT PROTECTION
CALL (906) PROTECT**

Garceau
INSURANCE AGENCY

"Customer Service is Our Most Important Policy"

**MEDICARE
ANNUAL ELECTION PERIOD
October 15 thru December 7**

Call Margo
906-789-0900

**Harbor
Towers**

Seniors (62 & Older) go to the top of the waiting list. Placement for Seniors should be very quick.

Safe and Secure building.
Call with questions.
906-786-6229

**NORTHLAND LUTHERAN
RETIREMENT COMMUNITY, INC**

LUTHER MANOR

Assisted living offering three meals per day, personal care, medication management, activities, private rooms with private baths and spacious 2 room suites in a safe and secure environment.

Our excellent **Staff Members** can offer you the care you need and the independence you desire.

MARINETTE, WI
715-732-5800
www.northlandlutheranwi.com

Bishop Noa Home
Sisters of St. Paul de Chartres

2900 3rd Avenue South, Escanaba, MI
tel: (906) 786-5810 • fax: (906) 786-5372
www.bishopnoahome.com

Crawford
FUNERAL HOMES

Escanaba (906) 786-0074
Bark River (906) 466-2211
www.crawfordfuneralhomes.net

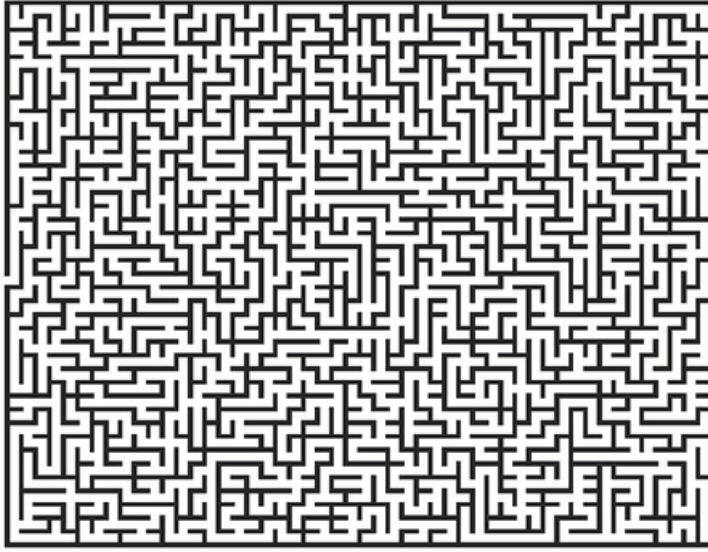
DIRECTORS
JAMES D. CRAWFORD
CAREN L. CRAWFORD
DONALD J. CRAWFORD

Valentine's Day

PUZZLES

Valentine's Day Word Search

- CHOCOLATES GREETINGS
- ROSES CANDY
- CANDELIGHT MOONLIGHT
- SUNSET GIFT
- SMOOCH LOVERS
- CUPID VALENTINE



T N T R L I A C I
 M I G U V F L F L A G U Y
 D F R Y U H L I F S L O A L U A C D
 I R E V T H G I L N O O M E G R N H H E C
 S S U C N L A I N R O A A V D G C T S Y
 U I M M V Y T C L P C N I L O N A A V T
 G S V U E P S O E H R E D A L N O G
 G L U E E P U A H U L L H O N D E H
 T R E R S N V F I I D C N S Y R
 G L A N E S C G V R O I Y T F A
 M L D I E H C E H E R E V F
 L L V C T D I C H H E D C S
 V P A D N I P H L Y S D
 V D U S H E P H A N U P
 Y U V O S I A C R
 U F M D O T V
 T M L R
 H D

Valentine's Day Song Lyrics Crossword

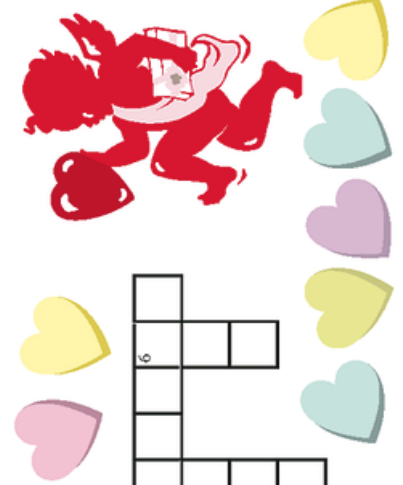
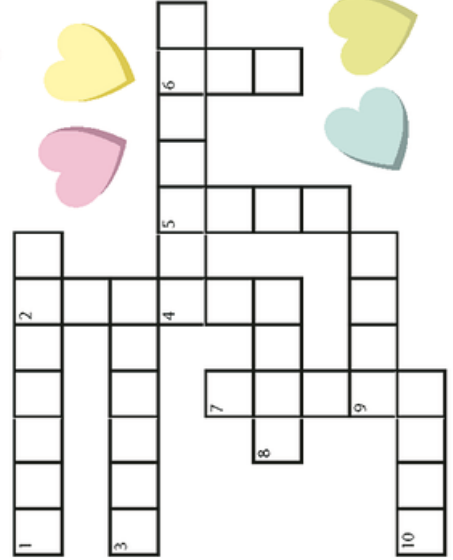
Across

1. How can we be lovers if we can't be...
3. Love lifts us up where we...
4. You and me could write a bad...
8. You need another lover like you need a... in your head.
9. All you need is...
10. I never thought that I was gonna lose my...

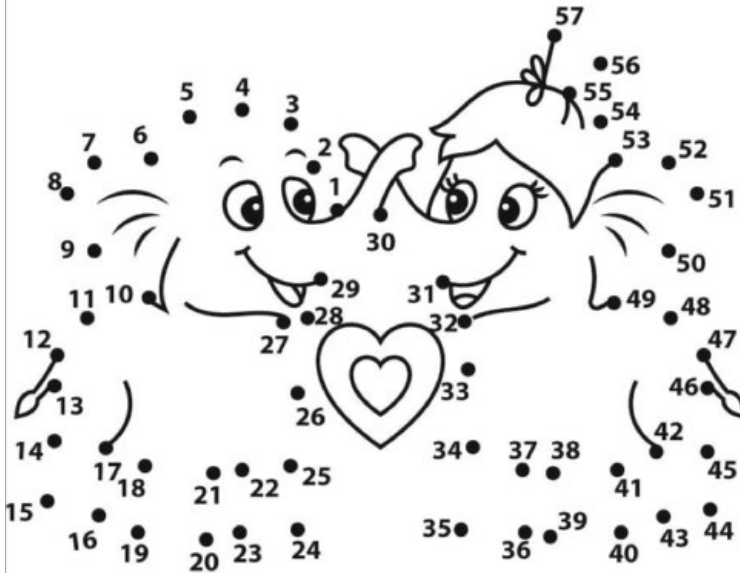
Down

2. Guilty of love in the first...
5. You are always on my...
6. I was losing the man that I love and all I could do was...
7. Love makes the... go round

Orthogonal Maze



Valentine Dot-to-Dot Puzzle



February Heart Facts

Taking care of your teeth can impact your heart health.

In an average lifetime, your heart will beat 2.5 billion times.

Check food labels to make healthy choices. Exercise is important to improve your mood, prevents risk of illness, sharpens your memory. You can sit in your chair and do many exercises. Over 36 millions heart shaped boxes of chocolate are sold each year.

Cupid in Latin means amor, which is love.

Wishing you the sweetest Valentine's Day



IF YOU HAVE MEDICARE & MEDICAID

... you may qualify
for additional benefits.

As an experienced local independent agent, I work for you. Contact me if you'd like to set up an appointment to learn more about your specific Medicare health plan options.



Healthcare
Solutions Team®
A Plan for Everyone



Call me, Margie
The Insurance Gal at:
906-553-8684
mprestonlyon@myhst.com

212 S 14th St • Escanaba, MI 49829

Not connected with the Federal Medicare program. This is an advertisement for insurance. We do not offer every plan available in your area. Any information provided is limited to those plans offered in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

Birthday Celebration

February 26 at 12 noon

Join us to celebrate the February birthdays by dining in or pick up a lunch of **Monterey Chicken, Garlic Mashed Potatoes, Vegetable Blend, Bread, Strawberry Shortcake.**

If you have a birthday in February and a congregate meal reservation, we will put you in a birthday flower arrangement drawing.

A card is given to those with a birthday in February with a gift inside.

Everyone who has a congregate meal reservation will be entered into a drawing for one of two \$10 gift cards from a local business. Suggested donation is \$4.50 for the meal. Limit 1 per person.

Call the center to reserve a meal before February 24.

906-786-8850

Medicare Open Enrollment

Not happy with your Medicare Advantage Plan for 2025 — You can change it until March 31

- ⇒ Are you confused with Medicare?
- ⇒ Do you know someone turning 65 this year?
- ⇒ Do you need help with your drug plan?
- ⇒ Do you know someone in a different state who needs help? I can give them their states info.
- ⇒ See if you qualify for “extra help” with your medications and Part B premiums.
- ⇒ Let us educate you on how Medicare works for you.
- ⇒ We can also help with Medicaid applications and redeterminations.

MMAP
MICHIGAN MEDICARE/MEDICAID
ASSISTANCE PROGRAM
Navigating Medicare

Call for an appointment
Escanaba Senior Center
906-786-8850

Commodities Distribution Dates

CSFP commodities—for Seniors 60+ who prequalify by household income. One set per household—every other month.



The next distribution is **Thursday, March 20** at 10 – 11 a.m. at the U.P. State Fairgrounds

DATA Bus will deliver CSFP monthly commodity boxes for seniors. Cost \$1 per box, paid to driver at delivery.

Escanaba city limits only.

Call Senior Center at 786-8850 to get on this list.

This is an equal opportunity provider.

Toe Nail Clinic



The North Woods Home Health Nurses will be at the Escanaba Senior Center on February 6 & March 6 from 1:00—3:00 p.m.

Schedule your appointment by calling 786-8850. Cost is \$22 and bring your own bath towel.

Our Christmas winners were: left to right Bonnie B. won a dish towel, Bill P. and Billie Jean K. won gift cards to Meijer.

The Remnants Chorus entertained us with Christmas songs.

Everyone was cheerful and merry!



Weekly Activities at the Center

BINGO — Tuesday's from 1–3 p.m.
25 cents per card / per game.

LINE DANCING — Monday & Thursday
from 1-2:30 p.m.

'500' CARDS — Wednesday's
from 12:30–3 p.m.

Join us for some activities!



Valentine's Day Lunch

Come celebrate Valentine's Day on
Friday, February 14 at 12 noon.

We are serving baked ham, scalloped potatoes,
peas & carrots, diced pears, bread.

There will be door prizes given away and many
laughs. Reserve your meal by calling
906-786-8850 before February 12.

Home Heating Credits and
Homestead Property Tax Credits
are offered by the State of Michigan. You will need
the following documents to file these credits.

- * 1099 Social Security statement for 2024.
- * Any interest and dividend income for 2024.
- * Pensions, annuity, and IRA benefits for 2024.
- * SSI benefits for 2024.
- * Summer and winter property tax statements for 2024
or your 2024 rental receipts.
- * DTE statement showing how much you were billed
from 11-1-23 through 10-31-24. See December billing.
- * Medigap and Part B monthly premiums for 2024.

Call 906-786-8850 for instructions.



TEFAP Food Distribution

Every Tuesday from 1–3 p.m. at the
Escanaba Senior Center.

You will be required to provide your name address,
household size, and how you are eligible. Participants
must fall at or under 300% of the Federal poverty income
guidelines. Current participants of SNAP, WIC, CSFP,
FPDIR, and SSI automatically qualify.

All income is self declared and must be self declared at
each distribution in writing or verbally.

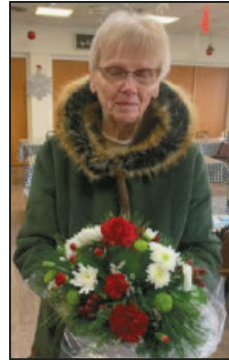
See to the right for new income guidelines.

You can visit once per calendar month.

This institution is an equal opportunity provider.

Congregate "December" Birthdays

Sally F. won the flower arrangement from Wickert
Floral. Also happy birthday to Barbara B., Kay M.,
Richard S., Marc T., & Greg T.



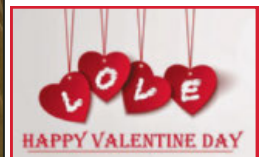
Congratulations Birthday Party Winners!



Winners of the December birthday drawing for a
gift card to Dollar Tree were Nancy C. and
Winnie L. (above-left to right) *Congratulations!*



Visit us on Face-
book for up-to-date
information and
more pictures.



Towel winners were Judy L. and Larry V.
(left to right) Thank you Gayle S.
for your handmade towel donations.



New TEFAP income guidelines

300% of Federal Poverty Income is as follows:

- 1 in house with gross income under \$3,765
 - 2 in house with gross income under \$5,110.
 - 3 in house with gross income under \$6,455.
- are eligible for TEFAP Food Commodities.



CAA Menominee Senior Center

905 10th St., Menominee
Phone: (906) 863-2158

*Find us on Facebook!
(search for Menominee Senior Center)*

CAA/Menominee Senior Center business hours:

Monday through Friday 8:00 a.m. to 3:00 p.m.

Please call at least a day in advance to schedule your bus ride, or to reserve a meal.



Craft & Bingo Day February 6

The Menominee Recreation Department is coming to host a "Craft & Bingo Day" on February 6th at 1pm. Come and join us as we create a craft, and then play Bingo for prizes afterwards. All are welcome to attend. Please let us know if you wish to attend by calling the center.

MOVIE DAY: February 12 "Somewhere in Time"

We are hosting a romantic movie day on February 12 at 12:45pm. We will be showing the classic movie "Somewhere in Time" starring Christopher Reeves and Jayne Seymour. This movie was filmed on Michigan's own Mackinac Island many years ago. There will be popcorn, soda and snacks. All are welcome to attend.



Valentine Dinner Party: February 14

We are hosting a romantic dinner party on Valentine's Day. Come dine with us in your best "fancy dinner" attire. Bring your beau or your best friend and dine with cloth tablecloths and napkins, non-alcoholic bubbly, and more ambiance. Following dinner, we will be playing bingo for prizes and small cash donations. Please call at least a day in advance or more as we do have limited seating.



LOOKING FOR ACTORS! We are looking for actors for our upcoming Mardi Gras murder/mystery dinner party. We will be hosting this dinner party on "Fat Tuesday", March 4. We have room for a few characters to act out as our suspects. These parts will be short speaking parts, and a little over-the-top acting. If you wish to be one of these characters, please contact Renelle by February 14. This way, we can get a dry-run of the event done prior to the March 4 debut.



SAVE the DATE: March 4

Mardi Gras Murder Mystery Dinner Party



The center will be hosting a murder/mystery dinner party on Mardi Gras day.

Come dressed in Mardi Gras party attire (sequins, shiny clothes etc.) We will have some props for you to wear too. We will have limited seating available, so call to reserve your seat in advance.

Volunteers needed: We are looking for a few able-bodied persons to assist with the next CSFP distribution on March 18. If you, or a friend can help, please call the center (906)863-2158.

FEBRUARY TRIVIA QUESTION:

"Somewhere in Time" was filmed partially on location on Mackinac Island. Many scenes were filmed in and around the Grand Hotel. In what year did the Grand Hotel open for business?

- A.) 1912
- B.) 1901
- C.) 1887



February Trivia Answer Entry:

ANSWER: _____

Your Name: _____

Phone: _____

One entry per person.
Return to Menominee Senior Center.



Medicare Minutes

By Renelle Betters
MMAP Counselor
CAA/Menominee Sr. Center

MMAP counselors can assist you with a variety of Medicare or Medicaid issues. Some examples are:

- *Explain insurance coverage in simple terms.
- *Assist with appeals when there are issues with billing or claims.
- *Help apply for assistance for Medicaid or low-income subsidy programs.
- *Help finding patient assistance programs.

MMAP Counselors are located at most of our Senior Centers in the U.P. and lower Michigan.

MEDICARE ADVANTAGE OPEN ENROLLMENT PERIOD: JANUARY 1-MARCH 31, 2025

In this timeframe, if you are enrolled in a Medicare Advantage plan, you are eligible to look at and compare other Medicare Advantage plans, and find a different one of the same level (meaning including a drug plan etc.) to change. You could also drop your Medicare Advantage plan, and return to original Medicare and pick up a stand-alone drug plan. Each decision should be reviewed carefully so that you understand your coverage.

For example: If you are looking to return to original Medicare, pick up a stand-alone drug plan, and pick up a Medigap supplemental insurance plan, know that outside of your initial enrollment window, or new to Medicare Advantage window, the Medigap insurance companies will ask health questions, and depending on your health status could deny you coverage. It may also take a little time for an agent to get back to you, so don't wait until the last minute.

So, before you change totally, do your research, or make an appointment with a MMAP counselor to help you understand changes you may want to make to your Medicare coverage.

HOMESTEAD/HOME HEATING TAX APPOINTMENTS:
Tax assistance season is upon us. Before the end of February, we will be taking appointments for Homestead and Home Heating Credit tax credits. April 15 is not the ending date to file for these individual credits, so please do not panic. Please get your paperwork together though while waiting.

Upcoming Foot Clinics: February 10 & 20

The next foot clinic will be on February 10, and the next will be on February 20. Both clinics are by appointment only. A licensed nail tech will be here for your foot health. Visit includes: trimming of toenails, thinning of thickening toenails and debridement (if necessary), and finishes off with a mini foot massage.

Cost is \$22 and please bring your own bath towel. Appointments are necessary, and fill up fast. Call the center to reserve your spot. Spots fill up quickly!

February Birthday Party:

February 26



We will be celebrating February birthdays on February 26. If you have a birthday in the month of February, and pick-up a meal or dine-in at the center, you have the option of having your picture taken, and will also receive a small gift from us. Please let us know if you have a birthday when you make your reservation. Also, please let us know if you will be dining in or taking one out. See our menu for the birthday meal menu details. *Please register at least a day in advance or more for your meal.*



Menominee CSFP Program

CSFP commodity distribution takes place bi-monthly in Menominee County every third Tuesday. The next distribution for Menominee Senior Center is set for

NEW START TIME FOR 2025!

11:30am-12:30 pm on Tuesday, March 18.

This will take place in the parking lot on 11th Avenue behind the Holy Spirit Church.

This is a drive-up distribution.

(If inclement weather happens, please call the center for updated distribution details)

(For CSFP, you must be age 60 and over and within income guidelines. You will need to certify with the center in advance to qualify.)

Note: Each center has its own dates/times for CSFP distribution. Contact your local center for more details about the CSFP program.

This institution is an equal opportunity provider.

CORPORATION CORNER

If the shorter winter days are finding you a little bit bored or maybe wanting to meet up with both new and old friends, consider joining all the happy faces posted each month in our Gladstone Senior Center section of this newsletter. Every month we offer special theme birthday lunches and giveaways, weekly bingos, craft projects, card playing, puzzles-in-progress, YMCA sit-and-be-fit classes, movies, food distributions, and more. Also, please join our Monday thru Friday in-house lunches. We are here to provide our senior community with a safe setting for social and informational gatherings and welcome

*NOTE: Membership is not required to obtain any services and/or participate in any activities that are provided week days at the Center by the Menominee, Delta, Schoolcraft Community Action Agency.

Gladstone Senior Citizens NP Corp, P.O. Box 211, Gladstone, MI 49837
For more information, please call Carol at 906-553-1747, or Bonnie, 906-241-8755

TEFAP Food Distribution

Every Tuesday from 1:00 p.m. - 3:00 p.m. at the Gladstone Senior Center
Income based for people 18+ years old.
300% below Federal Poverty Income
You can visit once per month.
This is an equal opportunity provider



Foot Clinic Northwood Nursing

When: February 20
Time: 1:00 - 3:00 p.m.
Cost: \$22.00
Bring your own towel
Call Center at 428-2201 for an appointment



Movie Day

"5-Flights Up"
Friday, February 21 @ 12:00 p.m.
Popcorn and snacks will be provided
call 428-2201 to sign up.



Craft Day

Tuesday, February 11
12:00- 2:00 p.m.
Call 428-2201 to reserve a spot

Birthday Lunch
Wednesday, February 26
Baked Ham
Scalloped Potatoes
Peas & Carrots
Diced Pears
Bread
Call 428-2201 by February 21

Valentines Lunch
Wednesday February 14
Monterey Chicken
Garlic Mashed Potatoes
Normandy Blend Vegetables
Bread & Strawberry Shortcake
Call 428-2201 by February 10

Find us on Facebook search Gladstone Senior center.



Or visit MDSCAA.ORG to find all the services available through Community Action Agency

BINGO

Public bingo is available Thursday afternoons at the Gladstone Senior Center to benefit center activities. It is open to all over 18.

Ball tickets go on sale at 12:05 p.m. and Early Birds start at 1 p.m. All funds raised help purchase items for the center. Plan on coming and joining in on some fun and you may even win some money for yourself!

Hope to see you!

happy Valentine's day

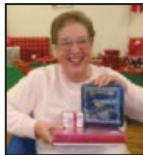
Twelve Day of Christmas Give Away

Birthday Lunch

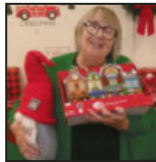
Nancy L
Day 1



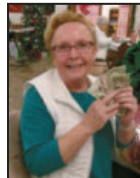
Cathy G
Day 2



Marlene S
Day 3



Christmas lunch
50/50



Gift Boxes
Christmas Lunch



Birthday
50/50



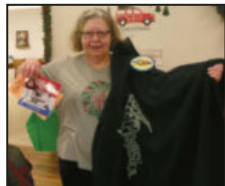
Peggy S
Day 4



Ivy G
Day 5



Ann L
Day 6



Bonnie A



Cheryl W



Reflections Band
Christmas Lunch



Nancy L
Day 7



Cindy H
Day 8



Nancy F
Day 9



John L



Kathy S



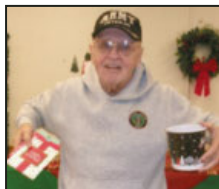
Ellen S



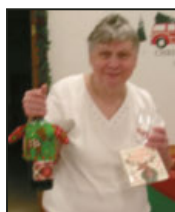
Jim K
Day 10



Bill B
Day 11



Judy F
Day 12



Ray B



Trudy B



Melva G





February! We have warm hearts for the chilly months here in Rock! Please come along for some fun—and never fear, the coffee is always on!

Come join us soon— Becky 906-356-6420 is our number!

Valentine's Day Party!

Wednesday, February 12th!



Exercise Class every Tuesday & Thursday at 9:30 a.m.

February Craft Day!

Tuesday, Feb. 18th after lunch!

Senior Corporation Dance!
Sunday, February 9th
1-4pm

Movie Day!

Thursday, Feb. 6th after lunch!
Choose from a new movie or a classic!
Popcorn & candy provided!

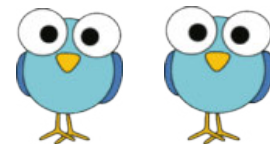


FEBRUARY EVENTS

- THURS 2/6 Movie Day after lunch!
 - THURS 2/6 Cornell meets
 - SUN 2/9 Corporation Dance!
 - TUES 2/11 Birdwatching Class
 - WED 2/12 Valentine's Party
 - TUES 2/18 Crafts after lunch!
 - WED 2/26 Birthday Party & Bookmobile!
- Bingo on Mondays! Exercise on Tuesdays & Thursdays! Poker, Cribbage & blackjack too! Please come join us for a dine in or drive thru any day! We are open Monday—Thursday! Call 356-6420 to sign up for a meal or more information!

Online Birdwatching Class!

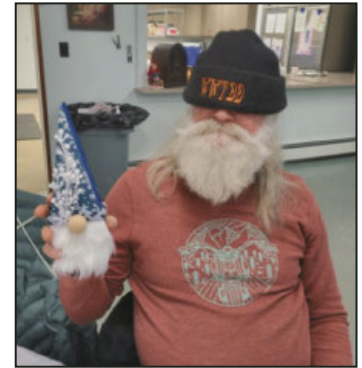
Tuesday Feb. 11th after lunch!





Big Winners around Christmas time!

At left, Roberta was a big winner at the birthday party—perfect as it was her actual birthday! Jim, John & Joe all won one of the 12 Days of Christmas!





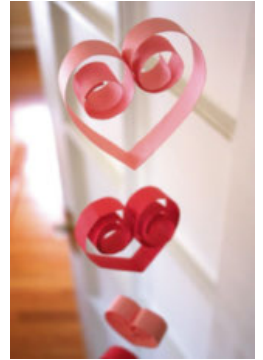
We have blackjack once a month at the center. Serious players at left—and coming soon—poker and cribbage! And some fun crafters to join! Above, Nikki with a prize, Joan & Joe with her song lyrics prize. And Pete being Pete!! Can't resist a picture of him with a gnome! Come join us for some fun!

Monday	Tuesday	Wednesday	Thursday	Friday
3 Beef Steak w/Gravy Mashed Potatoes Green Beans WW Bread Applesauce	4 Turkey Tetrzzini Steamed Broccoli Steamed Cauliflower Tropical Fruit	5 Cheese Egg & Ham Bake With WW Bread Crust Potatoes w/Peppers/Onions Warm Cinnamon Peaches Low Sodium Tomato Juice	6 Vegetable Soup Ham & Swiss Sandwich On Hamburger Bun Carrot & Raisin Salad Pineapple	7 Chicken Pot Pie Green Beans Soccotash Veggie Blend Mixed Fruit Cup WW Bread
10 Hamburger Gravy Mashed Potatoes w/Gravy Mixed Vegetables Fruit Cocktail WW Bread	11 Pork Chop Suey Brown Rice Vegetable Stir Fry Oriental Coleslaw Mixed Fruit Cup	12 Roasted Turkey Sweet Potato Casserole Capri Vegetable Blend Diced Peaches WW Bread	13 Minestrone Soup Egg Salad w/ WW Bread Cucumber & Carrot Salad Mandarin Oranges	14 Limit 1 per person Monterey Chicken Garlic Mashed Potatoes Normandy Blend Vegetable Strawberry Shortcake WW Bread 
17 Cheese Stuffed Shells w/ Marinara & Parmesan Italian Blend Vegetables Tropical Fruit WW Breadstick	18 Swiss Chicken Brown Rice Vegetable Blend Corn Diced Pears	19 Meatloaf Mashed Potatoes w/Gravy Green Beans Fruit Cocktail WW Bread	20 Battered Pollock Fish Fillet Potato Wedges Prince William Vegetables Mixed Fruit Cup WW Bread	21 Hearty Beef Chili Baked Potato Cornbread Warm Cinnamon Apples
24 Bourbon Chicken Brown Rice CA Blend Vegetables Wax Beans Pineapple Tidbits	25 Spaghetti w/Meatballs & Marinara Sauce Scandinavian Vegetables Steamed Zucchini Diced Peaches; Breadstick	26 Congregate Birthday Limit 1 per person Baked Ham Scalloped Potatoes Peas & Carrots; WW Bread Diced Pears	27 Pork Chop w/Mushroom Sauce Mashed Potatoes w/Gravy Riviera Blend Vegetables Apple Slices; WW Bread	28 Cheeseburger w/Bun Diced Potatoes Mixed Vegetables Mixed Fruit Cup
This menu is for all our senior centers. Call your senior center with ques- tions/comments.	Menu subject to change			

Happy VALENTINE'S Day



CRAFT DAY WEDNESDAY FEBRUARY 5
FROM 12:00 TO 2:00 PM CDT
WE'LL MAKE SOME ORNAMENTS
FOR THE TREE AND OTHER PROJECTS
MATERIALS WILL BE SUPPLIED.



COMING EVENTS FOR FEBRUARY!

- ⇒ CRAFTS 2/5/2025 @ 12:00
- ⇒ PAINT CLASS 2/10/2025 @ 10:30
- ⇒ VALENTINE DINNER 2/14/2025 @ 11:30 please call the day before
- ⇒ BIRTHDAY PARTY & DINNER 2/26/25 @ 11:30 with prizes



Foot Clinic appointments continue at the Hermansville Senior Center with Ralph Gearhart, RN. Instead of a set day, you can call and we will see when the nurse is available. It is \$15.00 for a twenty minute appointment.

Please bring your own towel.

906-498-7735



Hermansville Senior Center Transportation Services Inexpensive Ride is Just a Phone Call Away

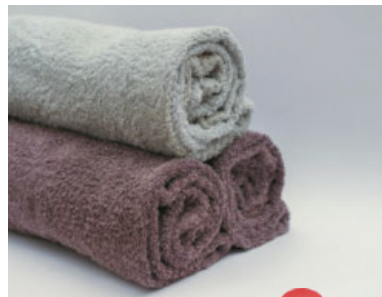


To Bark River or Norway (round trip).....	\$8
To Powers (round trip).....	\$5
To Carney (round trip).....	\$6
To Escanaba or Iron Mountain (if 1 passenger).....	\$16
To Escanaba or Iron Mountain (two or more passengers).....	\$8
To Marinette / Menominee for Apt/SHOP	\$25
Please call ahead for confirmation of date.....	And Fare

Wheelchair access is provided
If you would like a ride anytime Monday through Friday from 9:00 AM to 3:00 PM, or you want to be part of weekly shopping trips,

Call at least one BUSINESS day in advance

(906) 498-7735 W5840 1st Street





THANK YOU TO OUR RSVP VOLUNTEER MARY LEE FOR THE DONATION OF HOMEMADE HATS THERE ARE STILL SOME TO PICK FROM. ALSO THANK YOU TO PHYLLIS FOR MAKING SCARFS AND DONATING HATS.

**SENIOR COMMODITY FOOD BOX
CSFP - 2024
Commodity Supplement Food Program**

For pre-certified Senior Citizens 60+ years old.
Based on 130 % of Federal Poverty Level

**PICK UP AT: Hermansville Senior Center
Monday from 9 – 10 a.m. CST**

NOTE: All distributions will be DOUBLE BOXES

February 17, 2025
April 21, 2025
June 23, 2025
August 18, 2025
October 20, 2025
December 15, 2025

This institution is an equal opportunity provider.

Questions call Hermansville Senior Center at 906-498-7735






Life-Focused Estate Planning

- Estate Planning
- Elder Law
- Nursing Home Planning
- Wills & Trusts
- Probate Administration

BROGAN & YONKERS, P.C.
Estate Planning & Elder Law

906-228-6212

www.upelderlaw.com

North Woods Place
Senior Living

Enjoy easy living at our welcoming assisted living community in Escanaba.

enlivant.com

Call us today at 906-789-2268 to schedule a personalized tour.



Renaissance by Rennes
Assisted Living Apartment Community

Celebrating 25 Years of Compassionate Care



The care team at Renaissance by Rennes Assisted Living in Marinette is honored to celebrate 25 years caring for local families. We invite you to stop by for a tour anytime. Enjoy an online tour by scanning the QR code below. Ask about our winter special today!

- Individual Private Apartments
- Medication Monitoring
- Transportation & Outings
- Weekly Housekeeping
- 24-Hour Care Team
- Engaging Daily Activities
- Beauty Salon/Barber Shop & Spa



SCAN ME

www.rennesgroup.com



Transportation is available Monday through Friday from 8am - 3pm with a 24 hour advance notice required.

Need a ride to the Doctor? Dentist? Have a hair appointment? Need to go shopping? Give us a call at 753-6986 We are here to help you. Reasonable rates apply We have added an additional vehicle to our fleet and are able to assist more individuals!!



February 2025 Activities

February 6– Lunch on your own at The Hong Kong Buffet in Escanaba. The bus leaves at 10:30am. The cost for the bus ride is \$4 per person.

February 10– Craft class beginning at 11:00 am. A valentine craft will be made.

February Valentine Party Dinner with door prizes, 50/50 raffle & bingo! Please make your meal reservation no later than 1p on February

February 26– Monthly birthday party dinner with door prizes, 50/50 raffle, cake, ice cream & bingo. Are you celebrating your birthday in February? Tell us that when you are making your meal reservation and we will honor you! All birthday honoree's receive a birthday card, sweet treat & complimentary nutrition meal certificate.



We Have Free Hearing Life Hearing aide BATTERIES AVAILABLE! They are #312. STOP AT THE CENTER IF YOU'RE INTERESTED!



Holy Cross Headstones/Markers



Call 906-786-4685 today and see how easy and affordable getting a great headstone can be! 3026 Lake Shore Dr., Escanaba, MI 49829 Get a free design and quote. 10% off with this ad!

CHRISTIAN PARK HEALTHCARE CENTER & VILLAGE

TWO HOMES • ONE HEART

Specializing in Short-term Rehabilitation and Long-term Care

Hiring with sign on bonuses for:

* CNAs * LPNs * RNs * And More

When you choose our facilities for your healthcare needs, you are more than a "customer" to us... you are a member of our close knit "family"!



906-786-6907

906-786-0408



We accept Medicare, Medicaid and most private insurances. Long term or short term



2015 1st Avenue N. Escanaba Call Judy Owens: 906-786-1308 Bringing People & Places Together



Edward Jones

Member SIPC



Lorne Davey AAMS™

Financial Advisor

128 South 25th Street Suite B Escanaba, MI 49829 (906) 553-4309

> edwardjones.com



Welcome Debbie Paul as an additional transportation driver here at Mid County! Debbie will join Buck in assisting area clients with their transportation needs.

Cheryl and Larry Pepin better known at “The Pepin’s” were the featured entertainment at our annual Christmas party dinner. They sang many of the traditional holiday songs as well as a few FUN songs. Thank you for a wonderful day!



MICHIGAN SECRETARY OF STATE MOBILE UNIT WILL BE AT MID COUNTY SENIOR CENTER ON THURSDAY MARCH 13TH! YOU CAN RENEW YOUR REGISTRATION, LICENSE OR STATE ID; REGISTER TO VOTE; CHANGE YOUR ADDRESS; JOIN THE ORGAN DONOR REGISTRY AND MORE! MORE INFORMATION FORTHCOMING.



February Exercise Dates

- Wednesday February 5 at 11am
- February 12 at 11am
- Wednesday February 19 at 11am
- Monday February 24 at 10am
- Coffee and social time to follow

FEBRUARY BIRTHDAY WISHES TO HARRY K. WHO CELEBRATES HIS BIRTHDAY ON FEBRUARY 7TH!

Foot Clinic Date

February 24th
BY APPOINTMENT ONLY
Cost is \$22 which includes

toenail trim by Christa Rivard, certified nail tech
Call 753-6986 to schedule an appointment
Finger nail trim available for an additional \$5

TAX TIME IS HERE!!

Most seniors qualify for 2 tax credits offered by the State of Michigan. They are the Homestead Property Tax Credit and the Home Heating Tax Credit. Certain documents are needed to file these credits. These include:

- ⇒ 1099 Social Security statement for 2024
- ⇒ Interest and dividend income for 2024
- ⇒ Retirement pension, annuity & IRA benefits for 2024
- ⇒ SSI benefits for 2024
- ⇒ Summer & winter property tax statements for 2024 OR rental receipts
- ⇒ A printout from your fuel provider showing how much you were billed for fuel from November 1, 2023 through October 31, 2024

If you have a supplemental health insurance policy besides Medicare, include proof showing how much you paid for that policy in 2024. Dental, vision & prescription drug premiums may also be claimed. Not all of these documents may pertain to you. Call the center for an appointment.

As a reminder, I do not prepare federal or state tax returns.

**THANK YOU TO:
DON IHANDER FOR DONATING FRESH CHRISTMAS WREATHS AND TO JAN & WAYNE SALO WHO DONATED STAMPS FOR DOOR PRIZES TO OUR BIRTHDAY PARTY DINNER ON DECEMBER 18TH**



Poinsettia's were given away as door prizes at our Christmas Party on December 11. Winners were: Lynda K., Edna P., Priscilla S., Bill S. (50/50 winner), Arlene E., Ruthie D., Gale V. (swag winner), Jean S. (50/50 winner) and Barb E.



NONPROFIT ORGANIZATION
U.S. POSTAGE PAID
PERMIT #19
ESCANABA, MI
49829



Menominee | Delta | Schoolcraft

Senior Services

www.mdscaa.org

CAA is an equal opportunity provider and employer.

The Monthly Newsletter is published once a month at 507 1st Ave N. Escanaba, Michigan 49829

MONTHLY NEWSLETTER

FEBRUARY, 2025 Vol. 12 No. 2



OR CURRENT RESIDENT

This month's menu for all senior centers is on **PAGE 11**



LET'S GROW YOUR BUSINESS
Advertise in our Newsletter!

CONTACT ME Christopher Nance

cnance@lpicommunities.com • (800) 477-4574 x6107

KEY REALTY
DELTA COUNTY LLC

JAMIE SOLIS-BEAVER
Broker, ABR, PSA, RENE

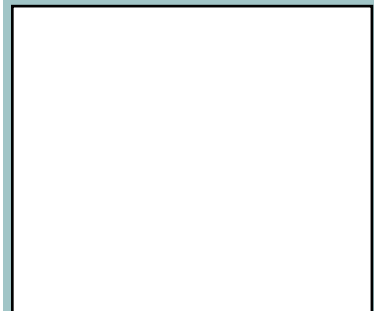
928 N Lincoln Rd
Escanaba, MI 49829
KeyRealtyUP.com
Call or Text (906) 399-9033
Jamie@KeyRealtyUP.com



ADVERTISE HERE
to reach your community



Call 800-950-9952



NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter emailed to you.

Visit www.mycommunityonline.com