

**MENOMINEE DELTA SCHOOLCRAFT
COMMUNITY ACTION AGENCY**

Senior Services

VISIT OUR WEBSITE AT MDSCAA.ORG

CHECK US OUT ON FACEBOOK

MONTHLY NEWSLETTER
July 2024 Vol. 11 No. 7



**THIS MONTH'S MENU FOR ALL
SENIOR CENTER IS ON PAGE 11.**

ESCANABA (p. 2-5)

225 N. 21st St.
Escanaba, MI 49829
Phone: (906) 786-8850
Hours: M-F 8-3

HERMANVILLE (p. 12-13)

W5480 1st St.
Hermansville, MI 49847
Phone: (906) 498-7735
Hours: M-F 9-3

MID-COUNTY (p. 14-15)

202 S. US 41
Daggett, MI 49821
Phone: (906) 753-6986
Hours: M-F 8-3

GLADSTONE (p. 8-9)

303 N. 8th St.
Gladstone, MI 49837
Phone: (906) 428-2201
Hours: M-F 8:30-3:30

MENOMINEE (p. 6-7)

905 10th St.
Menominee, MI 49858
Phone: (906) 863-3256
Hours: M-F 8-3

ROCK AREA (p. 10-11)

3892 W Maple Ridge 37th Rd
Rock, MI 49880
Phone: (906) 356-6420
Hours: MWTh 8-3 Tu 11-7

HARBORS
RETIREMENT COMMUNITY

*Excellence in Senior Living
at Affordable Prices*

Apartments Available!
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2 Convenient Locations

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Gladstone 428-3085**

um UPPERMICHIGANLAW.COM

JESSICA BRAY GABE CAMERON SAM LARRABEE KATE CLARK

FIGHT BACK WITH THE RIGHT PROTECTION
CALL (906) PROTECT

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www.garceauins.com
823 Ludington St. ~ Escanaba, MI
906.789.0900
N 15916 US Hwy 41 ~ Powers, MI
906.497.4290

Harbor Towers

Seniors (62 & Older) go to the top of the waiting list. Placement for Seniors should be very quick.
Safe and Secure building.
Call with questions.
906-786-6229

**NORTHLAND LUTHERAN
RETIREMENT COMMUNITY, INC**

LUTHER MANOR

.....
Assisted living offering three meals per day, personal care, medication management, activities, private rooms with private baths and spacious 2 room suites in a safe and secure environment.
Our excellent **Staff Members** can offer you the care you need and the independence you desire.
.....

MARINETTE, WI
715-732-5800
www.northlandlutheranwi.com

Bishop Noa Home
Sisters of St. Paul de Chartres

2900 3rd Avenue South, Escanaba, MI
tel: (906) 786-5810 • fax: (906) 786-5372
www.bishopnoahome.com

Crawford
FUNERAL HOMES

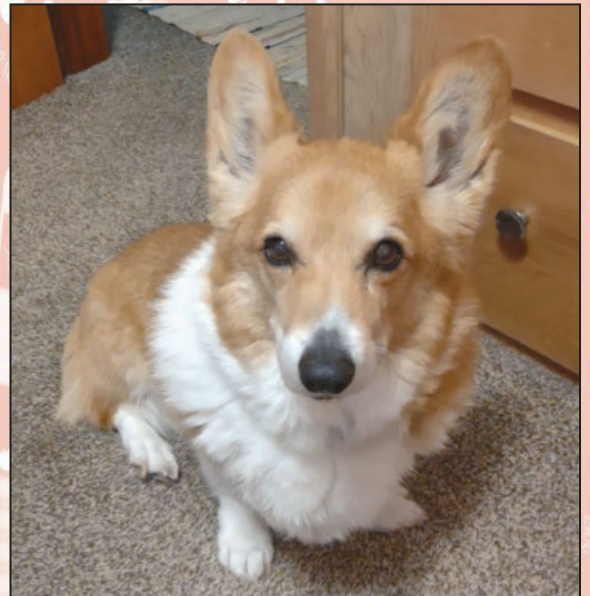
Escanaba (906) 786-0074
Bark River (906) 466-2211
www.crawfordfuneralhomes.net

DIRECTORS
JAMES D. CRAWFORD
CAREN L. CRAWFORD
DONALD J. CRAWFORD

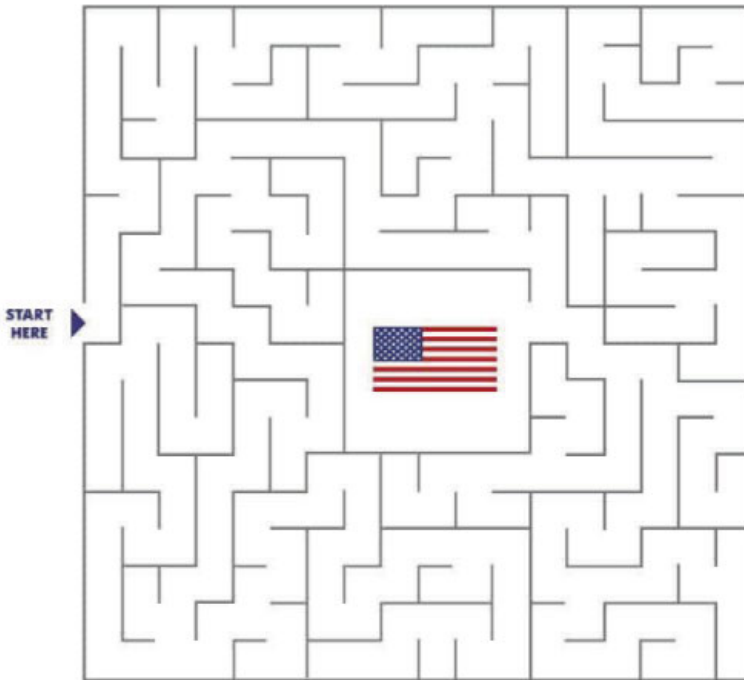
Community Action Agency Services

Julie currently is an In-Home Assessor. She has worked for MDS CAA HRA for the last few years also as an aide and as the Memory Care supervisor.

I grew up in Kipling and graduated from Gladstone High School and NMU. I have a daughter and son-in-law in Marquette, who I love spending time with, along with my pets, my friends, and our huge family. I also enjoy reading, crocheting, listening to oldies music, being outdoors, and baking. I bake many loaves of povitica, a Croatian sweet bread, at Christmastime. I have a bachelor's degree in social work and am happy to have been working in various capacities in the human service field for 39 years.



4th of July Maze



USA Facts

- * The Bald Eagle has been the national animal symbol since 1782.
- * The Statue of Liberty is 43.5 meters tall.
- * Rhode Island is about 1/500 the size of Alaska.
- * The U.S. has 58 national parks which protects wildlife. Michigan has 7 national parks.
- * America was the first country to land on the moon on July 20, 1969.
- * Mount Rushmore is build out of granite which is slow to erode. Project completed October 31, 1941 and cost 1 million dollars. Can you name the 4 presidents on Mount Rushmore?





Healthcare Solutions Team®
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Call me, Margie
The Insurance Gal at:

906-553-8684

mprestonlyon@myhst.com

212 S 14th St • Escanaba, MI 49829

IF YOU HAVE MEDICARE & MEDICAID

... you may qualify
for additional benefits.

As an experienced **local** independent agent,
I work for you. Contact me if you'd like to
set up an appointment to learn more about
your specific Medicare health plan options.

Not connected with the Federal Medicare program. This is an advertisement for insurance. We do not offer every plan available in your area.
Any information provided is limited to those plans offered in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

Birthday Celebration

July 31 at 12 noon

Join us to celebrate the July birthdays by dining in or pick up a lunch of Pork Chop with Cranberry Sauce, Boiled Potatoes, Country Trio Vegetables, Dinner Roll, and Pineapple Upside Down Cake.

If you have a birthday in July and a congregate meal reservation, we will put you in a birthday flower arrangement drawing.

A card is given to those with a birthday in July with a meal coupon inside.

Everyone who has a congregate meal reservation will be entered into a drawing for one of two \$10 gift cards from a local business.

Suggested donation is \$4 for the meal.

Call the center to reserve a meal before July 29

786-8850

Toe Nail Clinic

The North Woods Home Health Nurses will be at the Escanaba Senior Center on Thursday, July 11 & August 1 from 1:00–3:00 p.m.

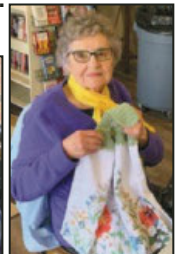
Schedule your appointment by

calling 786-8850. Cost is \$22 and bring your own bath towel.



Mother's Day Winners and "Elvis"

Ruth C. & Jim C. won Elmer's Gift Cards. Grace R. & Sally B. won dish towels. Elvis was here to entertain us! Carnation flowers were given out to all attendees.



Medicare Information

Are you confused with Medicare?

Do you know someone turning 65 this year?

Do you need help with your drug plan?

Do you know someone in a different state who needs help? I can give them their states info.

See if you qualify for "extra help" with your medications and Part B premiums.

Let us educate you on how Medicare works for you!

We can also help with Medicaid applications and redeterminations.

Let me help you navigate Medicare

M MAP

MICHIGAN MEDICARE/MEDICAID ASSISTANCE PROGRAM

Navigating Medicare

**Call for appointment
Escanaba Senior Center
906-786-8850**

Commodities Distribution Dates

CSFP commodities—for Seniors 60+ who prequalify by household income.

One set per household—every other month.



The next distribution is Thursday, July 18 at 10:00–11:00 a.m.

at the U.P. State Fairgrounds



DATA Bus will deliver CSFP monthly commodity boxes for seniors. Cost \$1 per box, paid to driver at delivery. Escanaba city limits only.

Call Senior Center at 786-8850 to get on this list.

This is an equal opportunity provider.



You could be eligible for coupons to use at your local farmer's markets. See page 14 for details. Call the Center at 906-786-8850 for an application.



TEFAP Food Distribution

Every Tuesday from 1–3 p.m. at the Escanaba Senior Center. You will be required to provide your name, address, household size, and how you are eligible. Participants must fall at or under 200% of the Federal poverty income guidelines. Current participants of SNAP, WIC, CSFP, FPDIR, and SSI automatically qualify. All income is self declared and must be self declared at each distribution in writing or verbally. For people 18+ years old.

Call office for income guidelines.
You can visit once per month.



This institution is an equal opportunity provider.

Alzheimer’s Association Speaker

Join us on July 12 at 12:15 p.m. for a presentation on Understanding Alzheimer’s.

Then continue discussions on:

July 31 for 10 Warning Signs

August 28 for Healthy Living with Alzheimer's

You can also order lunch these days by reserving your meal at least a day before. Call 906-786-8850.



July 4th Celebration

Come and celebrate America’s 248th Birthday with us on Wednesday, July 3 at 12 noon for dining.

We will be serving:

- BBQ Baked Chicken
- Garlic Mashed Potatoes
- Key West Vegetables
- Bread, Peaches
- and Banana Cream Pie

There will be gift cards and dish towels given away, and many laughs.

Suggested donation per meal is \$4 with a limit of one meal per person. You can also carry out your, but will still need to call and reserve the meal.

Call to reserve your meal at 906-786-8850 before July 1.

Congregate “May” Birthdays

Andrea S. won the flower arrangement from Wickert Floral. Also happy birthday this month to Evonne B., Gary J., Len K., Niina R., Dan S., Deb S.



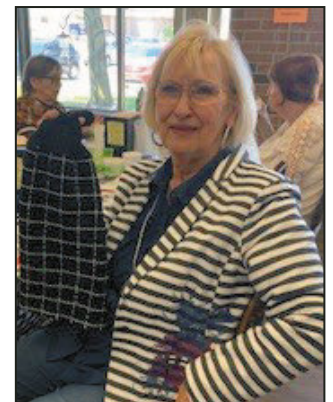
Congratulations Birthday Party Winners!

Winners of the May birthday drawings for a gift card to Harbor Freight were Christine S., and David F. *Congratulations to you both!*



Towel winners were Mary C. and Nancy C. (left to right).

Thank you Gayle S. for your handmade towel donations.



Go to EscanabaSeniorCenter on Facebook for up to date information and more pictures.





CAA Menominee Senior Center

905 10th St., Menominee
Phone: (906) 863-2158

*Find us on Facebook!
(search for Menominee Senior Center)*

CAA/Menominee Senior Center business hours:

Monday through Friday 8:00 a.m. to 3:00 p.m.
Please call at least a day in advance to schedule your bus ride, or to reserve a meal.

Celebrate America With Us!

WE WANT YOU! To come and celebrate America's Birthday with us on July 3. Party begins at noon. We have a BBQ chicken dinner planned. Following lunch, we will also play bingo. Wear your patriotic apparel to be entered to win a special door prize. *Bingo will begin at 12:45pm. So, if you can't make it for lunch, you can still join us for Bingo. Please call in your meal order prior to July 2nd.*



Senior Picnic at Camp Wannabeyoung

Join us for some senior picnic fun. We are hosting a picnic at Henes Park (pavilion #3) on July 11. Registration will begin at 11 a.m. We will be serving lunch at approximately noon. We will have a summer camp theme. So, join us for a day of summer camp fun at Camp Wannabeyoung. Your camp "counselors" from Menominee, Mid County and Hermansville will be helping to create this fun event. Please register for this picnic no later than July 9th. There will be picnic tables, but you are welcome to

bring your comfy lawn chair too. The Menominee Recreation Department will also be on hand to help with camp crafts. Hot dog luncheon planned. Should be a fun day-hope you can join us.



SENIOR PROJECT FRESH:

Word is out about the Senior Project Fresh Program. This program is for low-income seniors who wish to receive coupon booklets valued at \$25 to be used to purchase produce from registered farm markets. We have a limited supply to distribute. Qualifications: Michigan residents age 60 & older with an annual income of less than \$27,861 for individuals, and \$37,814 for couples. For more information, call our center.



CENTER CLOSED ON THE 4th of July

The center will be closed on the 4th of July for us to celebrate the holiday. We will return at 8am on July 5th. Please plan accordingly if you need meals or transportation (in advance) during the holiday closure.



JULY TRIVIA QUESTION:

Who was the King of Great Britain at the time of the U.S. Declaration of Independence? (Be specific on numerical title.)



July Trivia Answer Entry:

ANSWER: _____

Name: _____

Phone: _____

One entry per person.
Return to Menominee Senior Center.



Medicare Minutes

*By Renelle Betters
MMAP Counselor
CAA/Menominee Sr. Center*

MMAP counselors can assist you with a variety of Medicare or Medicaid issues. Some examples are:

- *Explain insurance coverage in simple terms.
- *Assist with appeals when there are issues with billing or claims.
- *Help apply for assistance for Medicaid or low-income subsidy programs.
- *Help finding patient assistance programs.

MMAP Counselors are located at most of our Senior Centers in the U.P. and lower Michigan.



Survey Says!

We are going to be handing out surveys about our center. We would love your honest feedback. We wish to know what you would want to see for special events, daily activities, and more. Since Covid, attendance has been a struggle, and we wish to know what it is you would like to see return or improve at our center. Please stop by our center to fill out our survey. You will remain anonymous. We appreciate your support.



Menominee CSFP Program

CSFP commodity distribution takes place bi-monthly in Menominee County every third Tuesday. The next distribution for Menominee Senior Center is set for **11 am-noon on Tuesday, July. 16 This will take place in the parking lot on 11th Avenue behind the Holy Spirit Church. This is a drive-up distribution.**

(For CSFP, you must be age 60 and over and within income guidelines. You will need to certify with the center in advance to qualify.)

Note: Each center has its own dates/times for CSFP distribution. Contact your local center for more details about the CSFP program.
This institution is an equal opportunity provider.

June Birthday Party: July 31

We will be celebrating July birthdays on July 31 starting after 12 noon. If you have a birthday in the month of July, and pick-up a meal or dine-in at the center, you have the option of having your picture taken, and will also receive a small gift from us.

Please let us know if you have a birthday when you make your reservation. Also, please let us know if you will be dining in or taking one out. See our menu for the birthday meal details. *Please register at least a day in advance or more for your meal.*



Next Foot Clinic: August 19

The next foot clinic will be August 19 by appointment only.

A licensed nail tech will be here for your foot health.

Visit includes: trimming of toenails, thinning of thickening toenails and debridement (if necessary), and finishes off with a mini foot massage.

Cost is \$22 and please bring your own bath towel.

Appointments are necessary.

Call the center to reserve your spot.

BEAT THE SUMMER HEAT! Our delicious meals are available Monday through Friday for dine-in or carry out. Suggested donation is only \$4 for seniors age 60 & over. On those hot summer days when you just don't feel like cooking, let us do the cooking for you. Please call at least a day

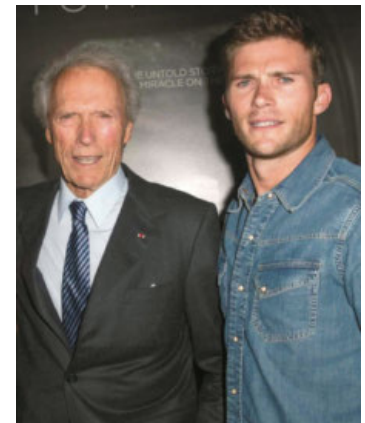


in advance to reserve your meal. Menu's are available at the center or online through our website: mdscaa.org

**June Trivia Question/
Answer:**

This actor's son (pictured left) looks very similar to his father at his age. His father played a tough guy in many westerns and other cop movies. Name his famous dad, if you can..punk.

**Answer: Clint Eastwood's son Scott Eastwood.
Great resemblance???**



Happy 4th of July

We are celebrating independents day on July 3rd with a BBQ!

The Center will be closed to observe
Independents Day on
Thursday July 4th!

We will resume regular hours and
delivers on Friday July 5th!

BINGO

Public bingo is available Thursday afternoons at the Gladstone Senior Center to benefit center activities. It is open to all over 18.

Ball tickets go on sale at 12:05 p.m. and Early Birds start at 1 p.m. All funds raised help purchase items for the center. Plan on coming and joining in on some fun and you may even win some money for yourself! Hope to see you!

May Special Lunches

Mother's Day Lunch

Birthday Lunch

Susan S



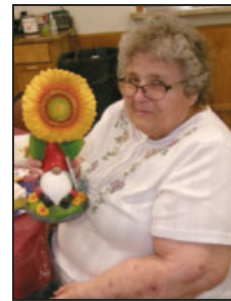
Susan C



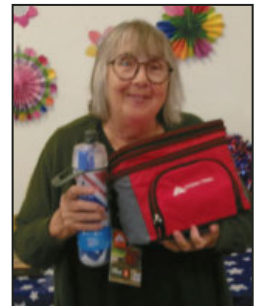
Barb P Mother's Day
50/50



Gerlinda P



Marlene S



Ellen S



Gloria M



Ivy G Birthday
month gift card



Lynn B



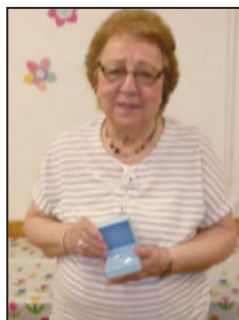
John L



Nina S



Sheila S



Evelyn A Birthday
50/50



Joan L



Donna A



CORPORATION CORNER

Gladstone Senior Citizens Non-Profit

Our popular Fall-through-Spring exercise program has inspired a group of participants to keep this event going through the Summer months on both Monday and Wednesday mornings from 10:30-11:15 a.m. So please spread the word and invite your friends and family to join in. Also, check out our library while here, and feel free to join or start a card group of your own favorite game.

We wish all a HAPPY 4th of JULY and hope that you will join the celebration with the many City events being held in Gladstone's .downtown and park, Food, music and sunshine. A bit of history of the 4th of July is that three of our founding father Presidents have passed away on that date—John Adams, James Monroe, and Thomas Jefferson!

Gladstone Senior Citizens NP Corp, P.O. Box 211, Gladstone, MI 49837. We currently have openings for board members that meet the second Tuesday each month at 10:00 a.m. For more information , please call Carol at 906-553-1747, or Bonnie, 906-241-8755Please contact Carol at 906-553-1747 or Bonnie at 906-241-8755 for more information.

TEFAP Food Distribution

Every Tuesday from 1:00 p.m. – 3:00 p.m. at the Gladstone Senior Center

You will be required to provide your name, address, household size, and how you are eligible.

Participants must fall at or under 200% of the Federal poverty income guidelines Current participants of SNAP, WIC, CSFP, FPDIR, and SSI automatically qualify. All income is self declared and must be self declared at each distribution in writing or verbally.



For people 18+ years old.
You can visit once per month.
This is an equal opportunity provider



Birthday Lunch
 Wednesday, July 31
 Pork Chop w/Cranberry Sauce
 Boiled Potatoes
 Country Trio Vegetables
 Dinner Roll
 Pineapple upside Down Cake
 Call 428-2201 by July 26
 to reserve a spot.

July 9

9:00-9:30 a.m.



Commodity Supplemental Food Program
a Senior Food Assistance Program

Foot Clinic Northwood Nursing

When: July 18
Time: 1:00 - 3:00 p.m.
Cost: \$22.00



Bring your own towel Call Center at 428-2201

Closed for 4th of July



Movie Day
"The Great Outdoors"
Friday July 19
12:00 p.m.

Popcorn and snacks will be provided





July already! Time to celebrate how lucky we are to live in this great country! We are trying new things here at the center and there are lots of new folks to meet! and as always, lots of fun, food and more! And never fear,, the coffee is always on!
Come join us soon— Becky
356-6420 is our number!

*New Card Clubs Forming!
Cribbage and Poker!*

*Call the Center for more details!
Cribbage weekly & poker once a month!*



**ESCANABA LIBRARY
BOOKMOBILE!!**
1 p.m. on Wednesday July 31st

JULY EVENTS

- WED 7/3 4th of July Meal!
- THURS 7/4 CENTER CLOSED
- SUN 7/14 Corporation Dance!
- TUES 7/16 Crafts after lunch!
- WED 7/31 Birthday Party! AND
Bookmobile at 1 p.m.!!

We may also be having a monthly visit from the Delta-Menominee Mobile Public Health Clinic around the birthday party day. Keep a watch on this space for more info!

Please come join us for a dine in or drive thru any day! We are open Monday—Thursday!
Call 356-6420 to sign up for a meal or more information!

Exercise Class
every Tuesday & Thursday at
9:30 a.m.
A mile walk and
gentle Tai Chi warm up exercises!
All welcome!

July Craft Day!
Tuesday, July 16th!
after lunch!



Be sure to call in and reserve your spot!

Corporation Dance is July 14th!
1 to 4 p.m.
Featuring music by Floyd!

4th of July Meal!

Wednesday, July 3rd



Menu: BBQ chicken, garlic
mashed potatoes, banana cream pie and
more!

Come join us as we celebrate the USA!!!!

Everybody's glad to see Dorothy!
Top left, clockwise—
Bonnie, Jean and Helen
visit with our special
guest!



Warmer weather brings one of our favorites back to visit! 100 year old Dorothy comes to hang out with daughter, Leann!



More fun around the Center!
 Crafts!
 Mother's Day!
 Birthday!
 Join us sometime!



More Choices for you!
 Trips! - contact the center to hear about possible trips this summer! Vote on your favorite!

Online Classes—we have a few subjects to choose to learn during our new once a week class!



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Swedish Meatballs over Noodles Beets Peas & Carrots Fruit Cocktail</p>	<p>2 Cheeseburger w/Bun Potato Wedges Cook's Choice Vegetable Cook's Choice Fruit Cup</p>	<p>3 <i>Limit 1 per person</i> BBQ Baked Chicken Garlic Mashed Potatoes Key West Vegetables Bread; Peaches Banana Crème Pie</p>	<p>4 4th of July Closed Order an extra meal ahead of time</p>	<p>5 Bratwurst W/ Bun Boiled Potato Corn Fruited Pudding</p>
<p>8 Scalloped Potatoes Baked Ham Winter Blend Vegetable Bread Mixed Fruit Cup</p>	<p>9 Taco Casserole Fiesta Potatoes Mexicali Corn Pineapple Tidbits</p>	<p>10 Chicken Parmesan o/Pasta Italian Vegetable Blend Side Salad Escalloped Peaches</p>	<p>11 Dinner Fran w/Bun Coleslaw Corn on the Cob Fresh Fruit</p>	<p>12 Beef & Barley Soup Egg Salad on Lettuce Leaf Sandwich Bread Three Bean Salad Cook's Choice Fruit Cup</p>
<p>15 Cheese Stuffed Shells w/ Red Sauce Brussel Sprouts Carrots Fruit Cocktail</p>	<p>16 Shepard's Pie Squash Bread Fresh Fruit</p>	<p>17 Sweet N Sour Chicken Rice Oriental Vegetables Wax Beans Tropical Fruit</p>	<p>18 Cr of Broccoli Soup Meat Spread on Lettuce Sandwich Bread Cucumber Salad Mandarin Oranges</p>	<p>19 Porcupine Meatballs Mashed Potatoes w/Gravy Cooks Choice Vegetable Bread Pears</p>
<p>22 Mushroom & Swiss Burger w/Bun Oven Potatoes Green Beans Cook's Choice Fruit Cup</p>	<p>23 Bourbon Chicken Breast Baked Potato Carrots Bread Mixed Fruit</p>	<p>24 Beef Pot Pie Roasted Broccoli Breadstick Sliced Apples</p>	<p>25 Chef Salad w/Ranch, tomatoes, hard-boiled egg, meat & cheese Muffin Tropical Fruit</p>	<p>26 Pepper Steak w/Peppers Over Rice Scandinavian Blend Veggies Peaches</p>
<p>29 BBQ Pulled Pork w/Bun Cook's Choice Vegetable Oven Potatoes Fruited Yogurt</p>	<p>30 Stuffed Green Peppers Carrots Fruit Cup</p>	<p>31 <i>Birthday Party Limit 1 per person</i> Pork Chop w/Cranberry Sauce; Boiled Potatoes Country Trio Vegetables Dinner Roll Pineapple Upside Down Cake</p>		<p>This menu is for all our senior centers. Call your senior center with questions/comments. <i>Menu subject to change</i></p>

Happy 4th of July



DON'T FORGET....
HCS FOOT CLINIC
GET THOSE FEET READY FOR SUMMER
Tuesday, July 16
Tuesday, August 20
CALL 906-498-7735
BRING YOUR OWN TOWEL!

Thank you Pat,
our in-house artist for
volunteering to teach
our Clients to paint.
Pat is offering a FREE
“Landscape” painting
class to the first 10 to
sign up for Wed.
July 24 @ 10 a.m.



Anne, Pat, Lethea, and Ruth show off their art!

CAMP



SENIOR SUMMER
PICNIC IS:
Thursday July 11 at
Henes Park in
Menominee under
Pavilion #3
Our Transit Bus will be
available.
Call: 906.498.7735

CAMP

We are doing a
CAMP THEME...
With a campfire
dessert, camp-style
games & fun
REGISTRATION AT:
11:00 A.M. CDT





INDEPENDENCE DAY CELEBRATIONS FOR:

BARK RIVER...THURSDAY JULY 4TH
POWERS-SPALDING...THURSDAY JULY 4TH
HERMANVILLE...SATURDAY JULY 6TH

DON'T FORGET BINGO ON THURSDAY
@12:30 PM (not on the 4th we're closed)



Welcome :
Darryl N. to the
Hermansville Senior
Center as a
Substitute Bus and
Meals-On-Wheels
Driver. He also helps with
center duties.
**WELCOME ABOARD
OUR TEAM!**



Transportation is still
available Monday thru
Friday. Darryl will be also
helping with the Bus and
we should be able to
accommodate your
travel needs



Call: 906-498-7735

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Renaissance by Rennes
Assisted Living Apartment Community

Celebrating 25 Years of Compassionate Care

The care team at Renaissance by Rennes Assisted Living in Marinette is honored to celebrate 25 years caring for local families. We invite you to stop by for a tour anytime. Enjoy an online tour by scanning the QR code below. Ask about our winter special today!

- Individual Private Apartments
- Medication Monitoring
- Transportation & Outings
- Weekly Housekeeping
- 24-Hour Care Team
- Engaging Daily Activities
- Beauty Salon/Barber Shop & Spa

www.rennesgroup.com

SCAN ME

YouTube, LinkedIn, Facebook icons

North Woods Place
Senior Living

Enjoy easy living at our welcoming assisted living community in Escanaba.

enlivant.com

Call us today at 906-789-2268 to schedule a personalized tour.

Senior Project FRESH

Market Fresh Food

The Senior Project Fresh program is aimed at helping older adults eat healthier as they age. The program provides participants free nutrition education and \$25 in coupons that can be exchanged for fresh fruits, vegetables & other healthy foods sold at local farmers markets & roadside stands. Residents age 60+ with a total household income of \$27,861 or less for an individual, or \$37,814 for a couple, are eligible to apply for the program. Residents who are aged 55 or older who belong to a Michigan federally recognized tribe or urban tribal group are also eligible. Applicants must live in the county where coupons are obtained. The program will run through October 31. Please contact the senior center at 753-6986 if you are interested in participating.

July 2024 Activities

July 1- Craft class at 1p to construct an Independence Day craft. Please call the center if you would like to participate so we have adequate supplies for everyone.

July 3- 4th of July party dinner with 50/50 raffle, door prizes & bingo.

July 25- Join us for cake & coffee in honor of our 25th anniversary in Daggett at our current facility from 1-3pm. We moved from our previous location at the Stephenson township hall to the former VFW hall in July 1999.

July 31- Monthly Birthday party dinner with 50/50 raffle, door prizes, cake, ice cream & bingo. Guest speaker will be Sherry Shampo of Nicolet Bank. Her presentation will begin at 11 a.m. & the topic is scams. Please arrive early to be seated for the program.

Join us at the senior center, it's a great place to be!

Join us, the senior center is a great place to be!

Holy Cross Headstones/Markers



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Specializing in Short-term Rehabilitation and Long-term Care

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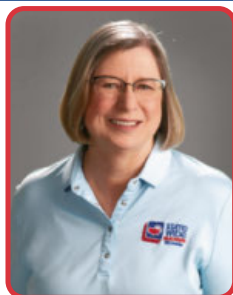
906-786-0408



We accept Medicare, Medicaid and most private insurances. Long term or short term



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Call Judy Owens: 906-786-1308
Bringing People & Places Together



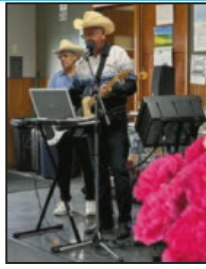
FREE
AD DESIGN
with purchase
of this space

CALL 800-950-9952





Mother's Day flowers!



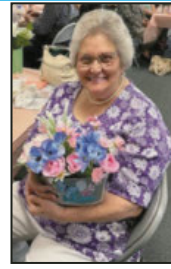
The Pepin's were our entertainment



Judy F was a winner



Shelby J was too



Betty P won a centerpiece



Phyllis V



Priscilla S. showing off her winnings



John T. won the 50/50



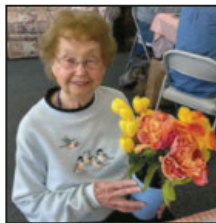
Edna P won a pie & the 50/50!



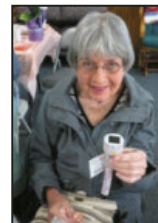
Barb E



Gladys H



Elaine H.



Barbara W.



Jean S.



Jan T.



Edna P. won a gas card!



Wayne & Jan won coffee donated by Harlan & Judy A



Darrell S. won a gas card too



Alice F won the 50/50



Special thanks to:
 Bonnie Fister & Jodi Trappe for knitting a multitude of hats and mittens and donating them to the senior center for winter distribution
 John & Jan Thoun for the decorative planter full of potting soil for our annual flowers
 Lynda Keller for all her door prizes she graciously gives us.

HAPPY BIRTHDAY TO YOU!

- | | |
|--------------|---------|
| Shelby J. | July 8 |
| Bill R. | July 8 |
| Joyce R. | July 10 |
| Priscilla S. | July 10 |
| Jean S. | July 15 |
| Vicki F. | July 19 |
| Tim J. | July 23 |
| Helen R. | July 24 |
| Wayne S. | July 29 |



We will reopen at 8 a.m. on Friday July 5. Have a safe & happy holiday!

Commodity Supplemental Food Distribution
TUESDAY, JULY 16,
 from 9-10 a.m. only
 Please do NOT bring empty boxes back to the senior center before the distribution as we do not have adequate storage space.
 Thank you!

JULY EXERCISE DATES
 Monday July 1 at 10 a.m.
 Wednesday July 10 at 11 a.m.
 Wednesday July 17 at 11 a.m.
 Wednesday July 24 at 11 a.m.
 Monday July 29 at 10 a.m.
 Coffee and snack served after
 All are welcome to participate in this low impact class



Foot Clinic Date
 July 15
BY APPOINTMENT ONLY
 Cost is \$22 which includes
 toenail trim by Christa Rivard, certified nail tech
 Call 753-6986 to schedule an appointment
 Finger nail trim available for an additional \$5





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507 1st Ave N. Escanaba, Michigan 49829



OR CURRENT RESIDENT

**MONTHLY NEWSLETTER
JULY 2024 Vol. 11 No. 7**

This month's menu for all senior centers is on **PAGE 11**

All MDSCAA Senior Centers and Administrative Offices will be closed on Thursday, July 4.



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