

**MENOMINEE DELTA SCHOOLCRAFT
COMMUNITY ACTION AGENCY**

Senior Services

VISIT OUR WEBSITE AT MDSCAA.ORG

CHECK US OUT ON FACEBOOK

MONTHLY NEWSLETTER
June 2024 Vol. 11 No. 6



**THIS MONTH'S MENU FOR ALL
SENIOR CENTER IS ON PAGE 11.**

ESCANABA (p. 2-5)

225 N. 21st St.
Escanaba, MI 49829
Phone: (906) 786-8850
Hours: M-F 8-3

HERMANSVILLE (p. 12-13)

W5480 1st St.
Hermansville, MI 49847
Phone: (906) 498-7735
Hours: M-F 9-3

MID-COUNTY (p. 14-15)

202 S. US 41
Daggett, MI 49821
Phone: (906) 753-6986
Hours: M-F 8-3

GLADSTONE (p. 8-9)

303 N. 8th St.
Gladstone, MI 49837
Phone: (906) 428-2201
Hours: M-F 8:30-3:30

MENOMINEE (p. 6-7)

905 10th St.
Menominee, MI 49858
Phone: (906) 863-3256
Hours: M-F 8-3

ROCK AREA (p. 10-11)

3892 W Maple Ridge 37th Rd
Rock, MI 49880
Phone: (906) 356-6420
Hours: MWTh 8-3 Tu 11-7

HARBORS
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Gladstone 428-3085**

um UPPERMICHIGANLAW.COM

JESSICA BRAY GABE CAMERON SAM LARRABEE KATIE CLARK

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N 15916 US Hwy 41 ~ Powers, MI
906.497.4290

**Harbor
Towers**

Seniors (62 & Older) go to the top of the waiting list. Placement for Seniors should be very quick.
Safe and Secure building.
Call with questions.
906-786-6229

**NORTHLAND LUTHERAN
RETIREMENT COMMUNITY, INC**

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.....
Assisted living offering three meals per day, personal care, medication management, activities, private rooms with private baths and spacious 2 room suites in a safe and secure environment.
Our excellent **Staff Members** can offer you the care you need and the independence you desire.
.....

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www.northlandlutheranwi.com

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Sisters of St. Paul de Chartres

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tel: (906) 786-5810 • fax: (906) 786-5372
www.bishopnoahome.com

Crawford
FUNERAL HOMES

Escanaba (906) 786-0074
Bark River (906) 466-2211
www.crawfordfuneralhomes.net

DIRECTORS
JAMES D. CRAWFORD
CAREN L. CRAWFORD
DONALD J. CRAWFORD

Community Action Agency Services

Rose Annie Patten has been working at the Adult Day Services for a year starting as the Manager then as an Aide. I love the interaction with the participants, reminiscing, discussing Celebrate Today highlights, doing crafts and playing games such as Bingo, Yahtzee, Left Right Center.

I grew up in Schaffer with 4 siblings, and graduated from Bark River Harris in 1974. I enlisted in the Army in September of that year and served proudly for 9.5 years. While stationed in Germany, I visited London, East Germany, attended October Fest in Munich, and met my husband Dennis. My next tour of duty brought me to Hawaii for 3 years. Nothing like living in the Aloha state. I did two training exercises to Korea while stationed in Hawaii. I returned to Ft. Carson, Colorado where my children were born and the rest of my enlistment. Upon leaving the Army, I used my skills and GI Bill to gain my Practical Nursing Certificate. For the next 34 years I worked as an LPN with the developmentally disabled, mentally ill and memory impaired in a variety of settings including county facilities, acute inpatient hospital for the mentally ill, and in outpatient clinic for the mentally ill. Retirement sounded good, but after one year, I decided it was not for me.

I enjoy reading, craft sales, rummage sales, month cousin luncheon, Packer Games, and spending time with my twin sister.

My family consists of my honey, two adult children Matt and Melissa, 7 grandchildren, 2 great grandbabies and the fur baby Sadie.



Father's Day Word Scramble

1	TAFERH
2	ONILGV
3	TIRCCLPAA
4	VREBA
5	WNLEKGOABLEDE
6	EAISLCP
7	AHOCC
8	IKDN
9	UPDOR
10	UNTTIRGS
11	UFYNN
12	UYSB
13	NEPTRA
14	IESW

Dad Jokes

Why did the Doctor get mad? Because he was losing his patience!

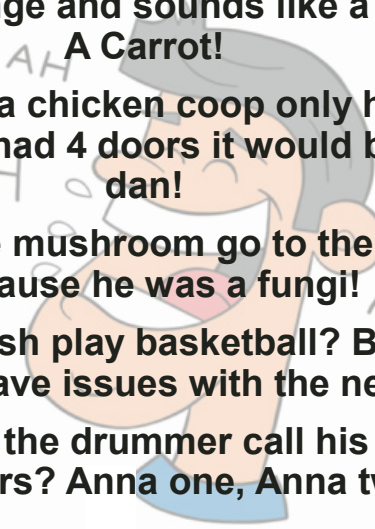
What is orange and sounds like a parrot?
A Carrot!

Why does a chicken coop only have 2 doors? If it had 4 doors it would be a sedan!

Why did the mushroom go to the party?
Because he was a fungi!

Why don't fish play basketball? Because they have issues with the net!

What did the drummer call his twin daughters? Anna one, Anna two!



IF YOU HAVE MEDICARE & MEDICAID

... you may qualify
for additional benefits.

As an experienced **local** independent agent,
I work for you. Contact me if you'd like to
set up an appointment to learn more about
your specific Medicare health plan options.





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Call me, Margie
The Insurance Gal at:
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mprestonlyon@myhst.com

212 S 14th St • Escanaba, MI 49829

Not connected with the Federal Medicare program. This is an advertisement for insurance. We do not offer every plan available in your area. Any information provided is limited to those plans offered in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.

Birthday Celebration

June 26 at 12 noon

Join us to celebrate the June birthdays by dining in or pick up a lunch of Monterey Chicken, Red Smashed Potatoes, Mixed Vegetables, Applesauce & Birthday Cake.

If you have a birthday in June and a congregate meal reservation, we will put you in a birthday flower arrangement drawing. A card is given to those with a birthday in June with a meal coupon inside.

Everyone who has a congregate meal reservation will be entered into a drawing for one of two \$10 gift cards from a local business.

Suggested donation is \$4 for the meal.

Call the center to reserve a meal before June 24

786-8850

Toe Nail Clinic

The North Woods Home Health Nurses will be at the Escanaba Senior Center on Thursday, June 6 & July 11.

from 1:00–3:00 p.m.

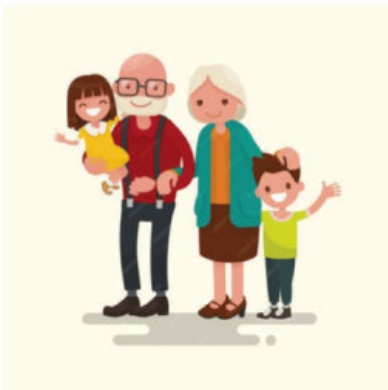
Schedule your appointment by calling 786-8850. Cost is \$22 and bring your own bath towel.



The Kinship Care Program provides resources for Grandparents and other relatives raising children.

Dial 2-1-1 to see if your qualify for kinship funding or additional resources.

Call Monday–Friday 8-4 p.m.



Medicare Information

Are you confused with Medicare?

Do you know someone turning 65 this year?

Do you need help with your drug plan?

Do you know someone in a different state who needs help? I can give them their states info.

See if you qualify for “extra help” with your medications and Part B premiums.

Let us educate you on how Medicare works for you!

We can also help with Medicaid applications and redeterminations.

Let me help you navigate Medicare

M MAP
MICHIGAN MEDICARE/MEDICAID
ASSISTANCE PROGRAM
Navigating Medicare

**Call for appointment
Escanaba Senior Center
906-786-8850**

Commodities Distribution Dates

CSFP commodities—for Seniors 60+ who prequalify by household income.

One set per household—every other month.



The next distribution is

Thursday, July 18

at 10:00–11:00 a.m.

at the U.P. State Fairgrounds



DATA Bus will deliver CSFP monthly commodity boxes for seniors. Cost \$1 per box, paid to driver at delivery.

Escanaba city limits only.

Call Senior Center at 786-8850 to get on this list.

This is an equal opportunity provider.

Senior

Project FRESH

Market Fresh Food

Details are still being finalized. Call the Center at 906-786-8850 to be put on a list for an application.

TEFAP Food Distribution

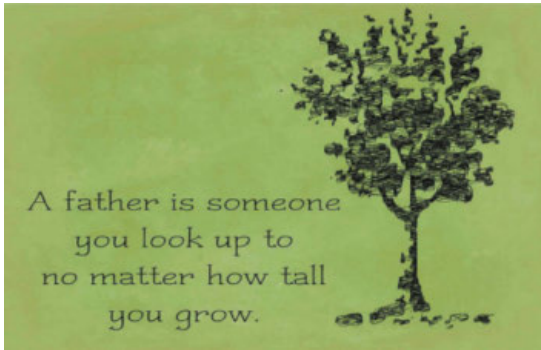
Every Tuesday from 1–3 p.m. at the Escanaba Senior Center. You will be required to provide your name, address, household size, and how you are eligible.



Participants must fall at or under 200% of the Federal poverty income guidelines. Current participants of SNAP, WIC, CSFP, FPDIR, and SSI automatically qualify. All income is self declared and must be self declared at each distribution in writing or verbally. For people 18+ years old.

Call office for income guidelines. You can visit once per month.

This institution is an equal opportunity provider.



Father's Day Celebration

Come and celebrate Father's Day with us on Wednesday, June 12 at 12 noon for dining.

We will be serving:

- BBQ Ribs
- Boiled Potatoes
- Country Trio Vegetables
- Fruited Yogurt

There will be gift cards and dish towels given away, and many laughs.

Suggested donation per meal is \$4 with a limit of one meal per person. You can also carry out your, but will still need to call and reserve the meal.

Call to reserve your meal at
906-786-8850
before June 10.

Congregate "April" Birthdays

Cookie G. won the flower arrangement from Wickert Floral. Also happy birthday this month to Margaret D., Jean F., George H., Karen H., Dan R., Cathy T., & Michael V.



Congratulations Birthday Party Winners!

Winners of the April birthday drawings for a gift card to were Donna F. and Lillian P. (left to right) Congratulations to you both!



Towel winners were Larry V. and David L. (left to right).

Thank you Gayle S. for your handmade towel donations.



Go to EscanabaSeniorCenter on Facebook for up to date information and more pictures.





CAA Menominee Senior Center

905 10th St., Menominee
Phone: (906) 863-2158

*Find us on Facebook!
(search for Menominee Senior Center)*

CAA/Menominee Senior Center business hours:
Monday through Friday 8:00 a.m. to 3:00 p.m.
Please call at least a day in advance to schedule your bus ride, or to reserve a meal.

Father's Day Party:

June 12

Come join us for our Father's Day party on June 12. We have a backyard cookout theme planned for this event. So, wear your picnic clothes. It



is indoors so no bug spray or sunscreen needed. We will have some door prizes, a "share the wealth raffle" and stick around to play bingo afterwards. Please call at least a day in advance or more to sign up for lunch. Lunch will be served at approximately noon.



June 13: Craft & Bingo Day with the Menominee Recreation Department

The Menominee Recreation Department will be back for their monthly Craft & Bingo day on June 13th at 1 p.m. here at our center. Come and join us in creating a fun craft, and stick around to play bingo for prizes. All are welcome to attend.

Game Day: 1pm on June 18

JENGA! Come on down and test your block balancing skills at this fun tabletop game. If you haven't ever played it, we will teach you. All are welcome to attend. Light snacks will be provided. All are welcome to attend.



June Trivia Question:

This actor's son (pictured left) looks very similar to his father at his age. His father played a tough guy in many westerns and other cop movies. Name his famous dad, if you can..punk.

"A father carries pictures where his money used to be."-Steve Martin

June Trivia Answer Entry:

ANSWER: _____

Name: _____

Phone: _____

One entry per person.
Return to Menominee Senior Center.

June Birthday Party: June 26

We will be celebrating May birthdays on June 26 starting after 12 noon. If you have a birthday in the month of June, and pick-up a meal or dine-in at the center, you have the option of having your picture taken, and will also receive a small gift from us.

Please let us know if you have a birthday when you make your reservation. Also, please let us know if you will be dining in or taking one out. See our menu for the birthday meal details. *Please register at least a day in advance or more for your meal.*





Medicare Minutes

By Renelle Betters
 MMAP Counselor
 CAA/Menominee Sr. Center

MMAP counselors can assist you with a variety of Medicare or Medicaid issues. Some examples are:

- *Explain insurance coverage in simple terms.
- *Assist with appeals when there are issues with billing or claims.
- *Help apply for assistance for Medicaid or low-income subsidy programs.
- *Help finding patient assistance programs.

MMAP Counselors are located at most of our Senior Centers in the U.P. and lower Michigan.

Foot Clinic: July 8

The next foot clinic will be not be until July 8 by appointment only.

A licensed nail tech will be here for your foot health. Visit includes: trimming of toenails, thinning of thickening toenails and debridement (if necessary), and finishes off with a mini foot massage. Cost is \$22 and please bring your own bath towel. Appointments are necessary. Call the center to reserve your spot.

CENTER SURVEY- WE WANT YOU!!!



We are going to be handing out surveys about our center. We would love your honest feedback. We wish to know what you would want to see for special events, daily activities, and more. Since Covid, attendance has been a struggle, and we wish to know what it is you would like to see return or improve at our center. Please stop by our center to fill out our survey. You will remain anonymous. We appreciate your support.

May Trivia Question: This British actress was born May 4, 1929. She starred in many films in the 1950's. You may know her from her portrayal of Holly Golightly, or Sabrina. Name this film and fashion icon. **Answer:** Audrey Hepburn



Menominee CSFP Program

CSFP commodity distribution takes place bi-monthly in Menominee County every third Tuesday. The next distribution for Menominee Senior Center is set for **11 am-noon on Tuesday, July. 16 This will take place in the parking lot on 11th Avenue behind the Holy Spirit Church. This is a drive-up distribution.**

(For CSFP, you must be age 60 and over and within income guidelines. You will need to certify with the center in advance to qualify.)

Note: Each center has its own dates/times for CSFP distribution. Contact your local center for more details about the CSFP program. This institution is an equal opportunity provider.

Easy Caprese Skewers

These are so easy to make, and are so refreshing! My go-to for party appetizers.

- Fresh Mozzarella Balls
- Cherry Tomatoes
- Fresh Basil Leaves
- Balsamic Vinegar (optional for garnish)



Assemble the skewers with a tomato, a mozzarella ball, and a piece of fresh basil. End with another tomato. Then, drizzle the balsamic vinegar over the top (optional).

Mozzarella balls can be purchased plain, or already marinated. To marinate your own combine 2 tbsp. of olive oil, and 1 tsp. Of Italian seasoning, 1/4 tsp crushed red pepper and a pinch of salt (makes enough marinade for 8 mozzarella balls-adjust accordingly to your amount needed). They also make a pre-made balsamic glaze too-check your grocery store for availability.

CORPORATION CORNER
Gladstone Senior Citizens Non-Profit

Even though the past winter has been good to us, how wonderful it is to now have summer. It's that time of the year when we again can get outside to take our walks and rides, enjoy the fresh air, and the music in the parks. Our sit-and-be-fit exercise program will pause for the summer months and resume in the fall. We would again like to thank those of you who have joined our membership in support of your Center; and a special thank you to an anonymous donor from whom we received a \$200 donation through their Thrivent Choice Dollars program. Thrivent members may direct their annual earned Thrivent Dollars to a specific organization or can allow Thrivent to direct the money. We appreciate that this donor chose the Gladstone Senior Center to receive these monies.

Gladstone Senior Citizens NP Corp, P.O. Box 211, Gladstone, MI 49837. We currently have openings for board members that meet the second Tuesday each month at 10:00 a.m.
For more information, please call Carol at 906-553-1747, or Bonnie, 906-241-8755
Please contact Carol at 906-553-1747 or Bonnie at 906-241-8755 for more information.

TEFAP Food Distribution

Every Tuesday from 1:00 p.m. – 3:00 p.m. at the Gladstone Senior Center

You will be required to provide your name, address, household size, and how you are eligible. Participants must fall at or under 200% of the Federal poverty income guidelines Current participants of SNAP, WIC, CSFP, FPDIR, and SSI automatically qualify. All income is self declared and must be self declared at each distribution in writing or verbally.

For people 18+ years old.
You can visit once per month.
This is an equal opportunity provider



Birthday Lunch
Wednesday, June 26
Monterey Chicken
Red Smashed Potatoes
Mixed Vegetables
Applesauce
Birthday Cake
Call 428-2201 by June 21 to reserve a spot.

Fathers Day Lunch
Wednesday, June 12
BBQ Ribs
Garlic Mashed Potatoes
Key Largo Vegetable
Strawberry Delight
WW Bread
Call 428-2201 by June 7

Foot Clinic Northwood Nursing
When: June 20
Time: 1:00 - 3:00 p.m.
Cost: \$22.00
Bring your own towel Call Center at 428-2201



Find us on Facebook search Gladstone Senior center.
Or visit MDSCAA.ORG to find all the services available through Community Action Agency



Movie Day
"Nebraska"
Friday June 21st
12:00 p.m.
Popcorn and snacks will be provided



Welcome Summer!!

We will be having a special Father's Day lunch on Wednesday June 12th to celebrate all the wonderful men that come to the Center. Call Center by June 7th to reserve a spot

Birthday lunch will be on Wednesday, June 26. Call Center by June 21st to reserve a spot. 906-428-2201

BINGO

Public bingo is available Thursday afternoons at the Gladstone Senior Center to benefit center activities. It is open to all over 18.

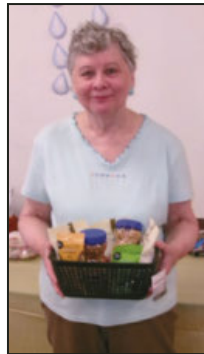
Ball tickets go on sale at 12:05 p.m. and Early Birds start at 1 p.m. All funds raised help purchase items for the center. Plan on coming and joining in on some fun and you may even win some money for yourself! **Hope to see you!**

April Birthday Lunch

Barb P



Judy F



Congrats to this lucky lady, Marlene, she won both the gift certificate and the 50/50 drawing!!



Cheryl W



Maria L



Bill B



Bob M



Trudy B



Pam T



Diane H



Evelyn A



Jim K



Nancy L





June is here and we are ready for those wonderful summer days! New things are afoot at your Rock Center—new classes to try, crafts, outside exercise to soothe your soul and of course lots of fun, food and more! And of course, the coffee is always on! Come join us soon— Becky 356-6420 is our number!

JUNE EVENTS

THURS 6/6 Cornell Group meets
 SUN 6/9 Corporation Dance!
 WED 6/12 Father's Day Meal
 TUES 6/18 Crafts after lunch!
 WED 6/26 Birthday Party! AND
 Bookmobile at 1 p.m.!!

We may also be having a monthly visit from the Delta-Menominee Mobile Public Health Clinic around the birthday party day. Keep a watch on this space for more info!

Please come join us for a dine in or drive thru any day! We are open Monday—Thursday!
 Call 356-6420 to sign up for a meal or more information!

June Craft Day!

Tuesday, June 18!
 after lunch!

Be sure to call in and reserve your spot!



Corporation Dance is June 9!
 1 to 4 p.m.

Featuring John Roman and the High Rollers!

Lois,
 Diane and
 Betty show
 off their
 pinecone
 art!



A big thank you to Lois and Pete for their amazing donation of a big screen TV and cart for the center! We will be able to offer all kinds of fun classes and shows because of this generous gift! Thank you!

Exercise Class
 every Tuesday &
 Thursday at
 9:30 a.m.

A mile walk and
 gentle Tai Chi warm
 up exercises!
 All welcome!

ESCANABA LIBRARY
 BOOKMOBILE!!
 1 p.m. on Wednesday
 June 26!



Father's Day Meal!

Wednesday, June 12!

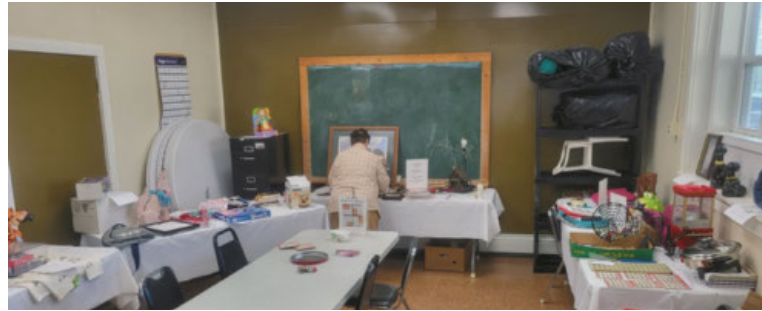
Menu: BBQ ribs, garlic, mashed potatoes,
 strawberry delight and more!

Come join us as we celebrate the men!!!

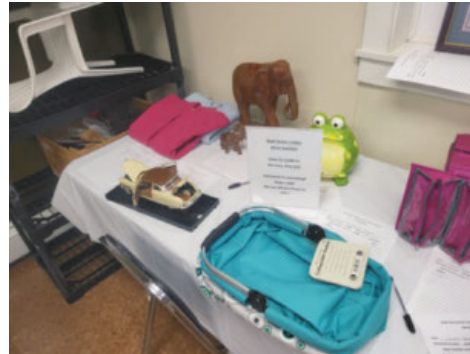
A special thank you to Larry and Carole
 & John who donated to the center in
 memory of our beloved Gladys.
 Thank you



Above: Brenda, Lucy & Bonnie help themselves to some of Michelle's pre-party snacks! You need to check out all the yummy food we have at the center!



A big wide room full of Silent Auction Items!
Thank you to all who donated & all who bid!!



Monday	Tuesday	Wednesday	Thursday	Friday
3 Salisbury Steak Mashed Potatoes w/Gravy Cooks Choice Vegetable Pears Bread	4 Pork Cutlet Au Gratin Potatoes Peas & Onions Pineapple Bread	5 Beef & Bean Enchilada Spanish Rice Mexicorn Fresh Fruit	6 Sweet N Sour Chicken Rice Oriental Vegetables Oriental Coleslaw Fruit Cup	7 Beef Tips over Noodles Brussel Sprouts Fruited Jell-O
10 Mushroom Swiss Burger w/Bun Potato Wedger Carrots Fruit Cocktail	11 Chop Suey over Rice Oriental Vegetables Oriental Coleslaw Mandarin Oranges	12 Father's Day Limit 1 per person BBQ Ribs Garlic Mashed Potatoes Key Largo Vegetables Strawberry Delight; Bread	13 Chicken Alfredo Mixed Vegetables Side Salad Warm Peaches	14 Sloppy Joe w/ Bun Hashbrowns Corn Cook's Choice Fruit Cup
17 Breaded Chicken Breast w/Bun Oven Potatoes Cook's Choice Vegetables Peaches	18 Meatloaf Mashed Potatoes Green Beans Fresh Fruit Bread	19 Boneless Pork Chop Boiled Potatoes Country Trio Vegetable Fruited Yogurt Bread	20 Swiss Steak o/Rice Far East Vegetables Applesauce	21 Chef Salad (tomatoes, HB egg, meat cubes, & cheese) Muffin Cook's Choice Fruit Cup
24 Hobo Dinner Green Beans Fruit Crisp Bread	25 Polish Sausage Sauerkraut Boiled Potatoes Corn Fruit Cocktail	26 Birthday Party Limit 1 per person Monterey Chicken Red Smashed Potatoes Mixed Vegetables Applesauce; Bread Birthday Cake	27 Spaghetti Beets Winter Blend Vegetables Breadstick Fruit Cup	28 Fish Sandwich w/Bun Oven Potatoes Cook's Choice Vegetable Fruit Cup
			<i>Menu subject to change</i>	This menu is for all our senior centers. Call your senior center with questions/comments.



For our Mother's Day Tree we had our clients and any Visitors, make an ornament for the tree and put their mother's name on it. Below you see Sandi putting white carnations on the tree which is the flower for moms. The lower left picture is Rowen with one of the gals from the Credit Union helping with crafts after their reading program at the library.

Rowen also reminded me to get out the bird houses the clients made many years ago.



John likes to share his bake goods with everyone at the Center. Here he has whoopie pies like he used to make while living in Pennsylvania.



There were quite a few April birthdays. Pictured from front to back: Helen with her husband Wil, Karen, Sue, Anne, Ruth and John.



HAPPY FATHER'S DAY

We will continue to add ornaments to our tree for Memorial Day in remembrance and then in June to honor our fathers. Come join in our crafts.

THE GYM IS STILL OPEN FOR WALKING EVEN DURING THE SUMMER, DURING NORMAL BUSINESS HOURS OR JOIN OUR WALKING GROUP WITH PATTI ON TUESDAYS AT 9 AM. FIRST DAY ON SUMMER JUNE 20TH





THE NEXT SENIOR COMMODITY FOOD BOX HAND DISTRIBUTION IS MONDAY, JUNE 17 FROM 9 AM TO 11 AM CST

IF YOU CAN NOT MAKE IT DURING THAT TIME PLEASE CALL THE OFFICE AT 906-498-7735.

TEFAP IS AVAILABLE ONCE A MONTH ON TUESDAYS 1 PM TO 3 PM CST ONE BAG PER HOUSEHOLD.



Hope everyone had a great Mothers Day! We had a large group and a lot of fun!

Join us for the Fathers Day Lunch on: WEDNESDAY, JUNE 12 AT 11:30 CST PLEASE CALL THE DAY BEFORE FOR YOUR MEAL 906-498-7735



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Senior Living

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Assisted Living Apartment Community

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The care team at Renaissance by Rennes Assisted Living in Marinette is honored to celebrate 25 years caring for local families. We invite you to stop by for a tour anytime. Enjoy an online tour by scanning the QR code below. Ask about our winter special today!

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- Medication Monitoring
- Transportation & Outings
- Weekly Housekeeping
- 24-Hour Care Team
- Engaging Daily Activities
- Beauty Salon/Barber Shop & Spa

www.rennesgroup.com



SCAN ME

YouTube, LinkedIn, Facebook icons

Transportation is available Monday through Friday from 8am - 3pm with a 24 hour advance notice required.

Need a ride to the Doctor? Dentist? Have a hair appointment? Need to go shopping?
Give us a call at 753-6986
We are here to help you.
Reasonable rates apply



June 2024 Activities
June 10- Craft class beginning at 1 pm to make favors for the Father's Day Party. Please sign up at the center if you are interested in participating.
June 12- Father's Day Party Dinner with door prizes, 50/50 raffle & bingo. All are welcome!
June 26- Monthly birthday party dinner honoring June birthdays with 50/50 raffle, door prizes & bingo.
Join us, the senior center is a great place to be!



April Birthday celebrants: Jan T, Darrell S, Maryann R & Arlene E were April birthday honorees

Smiles on Wheels
FREE dental screening
Wednesday, June 26
Mid County Senior Center



Senior Project FRESH
Market Fresh Food
Details are still being finalized at the present time regarding Senior Project Fresh 2024!

Holy Cross Headstones/Markers

Call 906-786-4685
today and see how easy and affordable getting a great headstone can be!
3026 Lake Shore Dr., Escanaba, MI 49829
Get a free design and quote. 10% off with this ad!

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When you choose our facilities for your healthcare needs, you are more than a "customer" to us... you are a member of our close knit "family"!

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906-786-0408

We accept Medicare, Medicaid and most private insurances. Long term or short term

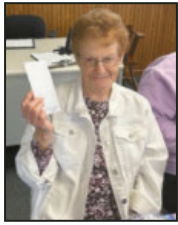
STATE WIDE REAL ESTATE OF ESCANABA

2015 1st Avenue N. Escanaba
Call Judy Owens: 906-786-1308
Bringing People & Places Together

FREE AD DESIGN
with purchase of this space

CALL 800-950-9952

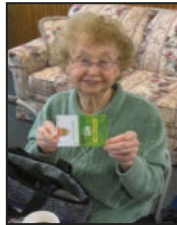
APRIL WINNERS



Shelby J.



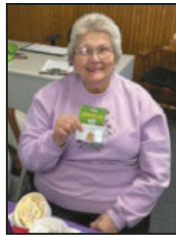
Helen R.



Elaine H.



Barb E.



Betty P.



Wayne S.



Don I, Donna B & Alice F were the lucky winners from craft items donated by Lynda Keller



Darrell S.

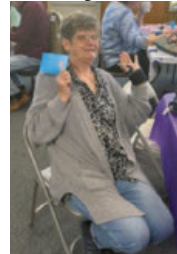


Kudos to Jamie & Rainy from Nicolet Bank in Stephenson for volunteering at the senior center during National Volunteer Week assisting with our monthly birthday party dinner. We loved having you! Nicolet Bank also sponsors our menu in the Luft's Advertiser.

Thank you Lynda Keller for donating craft items to the center which were given away as door prizes at the April birthday party dinner.

Special thanks to Harlan & Judy Anderson and Thrivent Financial for their generosity donating ten Cenex gas cards as door prizes for our center!! Our first winners were

Lynda K and Jan T



**Our craft group constructed lawn ornaments and centerpieces in April
Lynda K, Barb E, John & Jan T**



Happy June Birthday

Elaine H June 13
Harlan A June 21



Foot Clinic Dates
June 3 & June 24

BY APPOINTMENT ONLY



Cost is \$22 which includes toenail trim by Christa Rivard, certified nail tech
Call 753-6986 to schedule an appointment
Finger nail trim available for an additional \$5

JUNE EXERCISE DATES

Wednesday June 5 at 11am
Monday June 10 at 10am
Wednesday June 19 at 11am
Monday June 24 at 10am
Coffee and snack served after
All are welcome to participate in this low impact class





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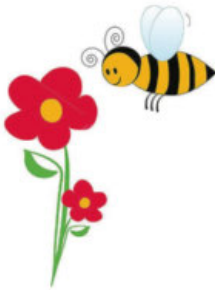
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OR CURRENT RESIDENT

**MONTHLY NEWSLETTER
 JUNE 2024 Vol. 11 No. 6**

This month's menu for all senior centers is on **PAGE 11**



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